

Doheny Happenings

Upcoming Events for the Traditional AA Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 28

April 25,

2016

LAST ISSUE

CALENDAR

Wednesday, April 27
Denim Day

Thursday, April 28
11:30 Cinco de Mayo Celebration

Tuesday, May 3
1:00 Lunch with the Dean



DENIM DAY



HOW CAN YOU PARTICIPATE?

→ Wednesday, April 27th
North Lawn
(Between Library and Mansion)
11:30am-1pm

→ Bring a pair of jeans to **donate** to the Alexandria House!

→ **Pledge** to end sexual violence!

→ Join us and stand up for an end to sexual violence by **wearing denim!**

Sponsored by: Community Engagement, Doheny Student Activities Council

Instagram: @dohenysac



CINCO DE MAYO Celebration

THURSDAY, APRIL 28th
11:30—1:30

Ahmanson commons

LIVE ENTERTAINMENT & CULTURAL FOOD

Sponsored by Commuter Services

Summer School?

If you're taking summer courses at a local community college, be sure to:

- 1) Follow the Articulation Agreement found under the 'Transfer Credit' tab on the Academic Advisement portal page.
- 2) Complete and turn in a Transfer of Credit Clearance form prior to taking the course. These forms can be found at the Academic Advisement office.
- 3) Contact Academic Advisement at (213) 477-2577 or advisement@msmu.edu with any summer school questions.



ATTENTION GRADUATING STUDENTS



Deadline to pick up Commencement tickets is Friday, April 29, 2016.

If you do not pick up tickets prior to this date, you **may not be eligible** for all 7 guest tickets.

If you reserve your tickets on Marching Order but do not pick up your tickets by Friday, April 29, 2016, you are not eligible for all 7 guest tickets.

All graduates who are cleared to participate in Commencement ceremonies will receive an email with instructions on how to reserve your tickets. You must reserve your tickets prior to picking them up. Last day to reserve tickets is Thursday, April 28, 2016.

You will receive your 8 tickets (one for you, seven for guests)

YOU MUST PRESENT A PHOTO ID TO PICK UP YOUR TICKETS!

For additional information visit www.msmu.edu/commencement

Bring your lunch and join Pam Gist on Tuesday, May 3, from 1—2 in the Ahmanson Cafeteria





Mount Saint Mary's University
Los Angeles

To apply, visit:
www.msmu.edu/apply-SGA
First review of applications
begins May 2

sga@msmu.edu

Want to serve on SGA next year?

Appointed Positions Open!

—General Senator—

Attend meetings, represent your fellow Athenians!

—Educational Programs Chair—

Help SGA host events like National Collegiate Alcohol Awareness Week. Get creative and think of other information educational programs for SGA.

—Service Chair—

Loved Charity Ball? Plan it! You'll lead a committee of senators and volunteers to help raise money for wonderful causes. You'll have a chance to give back to the Mount community by guiding SGA in other service programs.

—Election Chair(s)—

Want to shape the future of SGA next year? Help us get more people engaged in the SGA elections process next year by serving as Elections Chair.



**CLEAN OUT YOUR
LOCKER BY FRIDAY,
May 6.**

Locks will be broken
and any items left in them
will be removed.

We Can
Reduce-Reuse-Recycle

Out of respect for our St. Vincent church neighbors, we kindly ask students, faculty, and staff to park in spaces designated specifically for MSMU while parked in the Figueroa lot.

Please be aware that vehicles will be **TOWED** at the owner's expense if they are found parked in spaces not authorized by MSMU.

If your vehicle is towed, towing information can be found on the signs displayed around the Figueroa lot.

Please note: only active permit holders are permitted to park in the Figueroa lot. All others will be cited and/or immobilized.

Thank you,
Transportation & Parking

Campus Security Safety Tips- End of Semester

Congratulations to all the Graduates!

Department of Campus Security reminds you to stay safe during the summer break! Remember to have a plan before attending any social events (Graduation Parties, etc.). If you find yourself in uncomfortable situations, play it safe and leave.



*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*

Greetings from the Business Office

Good luck with finals!

Quick Study Tip: Reserve a study room at the library to study for your finals; call the Doheny library at 213.477.2570 or the Chalon library at 310.954.4370 for more information. Also, the 24-hour study room at Doheny is available to all current students.

Important Information – Summer 2016 Deadline: The deadline to pay for summer school is May 6, 2016.

We Are Open: We will be open regular hours during the summer months. Feel free to contact us for clearance or if you have any questions.



Congratulations Class of 2016!

Final Examination Schedule Spring Semester May 2nd – May 5th, 2016

Exam Periods	Monday May 2	Tuesday May 3	Wednesday May 4	Thursday May 5
8:00-10:00 AM	M-W-F 9:10a-10:10a	T - TH	M-W-F 8:00a-9:00a	T - TH 8:00a-9:30a
10:30 - 12:30 PM	M-W-F 11:30a-12:30p	T - TH 9:40a-11:10a	M-W-F 10:20a-11:20a	T-TH 11:20a-12:50p
1:00 - 3:00 PM	M-W-F 1:50p-2:50p M-W 1:20p-2:50p	T - TH	M-W-F	M-W-F 12:40p-1:40p
3:30 - 5:30 PM	M-W 3:00p-4:30p	T - TH 4:00p-5:30p	M-W-F 4:40p-6:10p	T - TH: 2:20p-3:50p
6:00 - 9:00 PM	M	T	W	TH

S:/Universal/Registrar's Office/Academic Calendars/Spring 2016 Final Exam

A PRAYER for FINALS

O GOD,
*It seems as though our lives
are one test after another,
weighing us in somebody's balance.*

*Save us from taking the coming tests
too seriously or too lightly,
but grant that we may reflect
the best of the work we've done
and the best
of the teaching we've received.
Amen.*

This week with
CAMPUS MINISTRY

EASTER COOKIES!

Monday, April 25th and May 2nd

Look for more **treats** during Finals Week!

MARY CHAPEL and MERCY CHAPEL
are OPEN

daily from 6:00am until 10:00pm

GRADUATION MASS at St. Vincent Church
Monday, May 9, at 9:30am

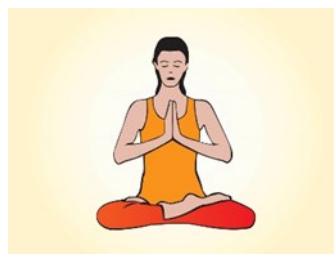
Questions? Contact Campus Ministry!

campusministry@msmu.edu

x4125 (Chalon)

x2672 (Doheny)

CPS Tip of the Week



Mind-Body Medicine

Yoga, a practice developed thousands of years ago, is a physical exercise

which has a meditative and spiritual core. Yoga combines physical poses, controlled breathing, and relaxation or meditation to help achieve peacefulness of the mind and body.

A number of studies have shown that yoga can help reduce stress and anxiety. It can also enhance your mood and overall sense of well-being.

In addition to stress reduction, yoga can:

- Improve flexibility
- Build muscle strength
- Relieve depression
- Make you happier
- Improve focus
- Increase relaxation
- Improve sleep
- Increase self-esteem
- Build self-awareness



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



at MSU.CPS



THINK CIVILITY

The Mount Civility Project

Kind Words

"Kind words can be short and easy to speak, but their echoes are truly endless."

– Mother Teresa

LAUREL AWARDS 2016

LAUREL AWARD

Recipients 2015-2016

Mount Saint Mary's University, Doheny Campus

Departmental Academic Awards

Business Administration

Alejandra Hernandez
Jacqueline Martinez
Jennifer Linares
Viviana Martinez

Early Childhood Education

Amanda Jones
Mariquita Juarez

English/Writing

Alondra Alvarado
Julia A. Arrendondo
Rina K. Ciminieri
Carisa J. Cruz
Andrea A. Gonzalez
Stephanie S. Lowrance
Yadimahara Alvarez
Heaven L. Arroyo
Andrea Grgic
Regina Lopez-Guzman
Laurn A. Connor

Health and Human Services

Emely Vargas
Brandie Diaz
Cathy Huo
Elaine Tarazon
Alexandra Guardardo

Language and Culture

Laura Nario
Ana Mata

Liberal Arts – Political Science

Andrea Grgic
Angela Lemus

Liberal Arts – Psychology

Leanette Estrada
Mireya Hernandez

Pre-Health Biology

Cynthia Amador
Alicia Ejiaga
DeAsha Moore

Pre-health Nursing

Angelica Frias

Liberal Arts

Jessica Rodriguez

Student Success Center

Amanda Gutierrez

Leadership and Service Awards

Sr. Magdalen Coughlin Award

Amy Ventura

Sr. Cecilia Louise Moore Award

Jocelyn Velasquez
Neda Bravo-Leal

Laurel Wreath

Anika Ahsan
Angelica Frias
Xenia Vidal-Marquez
Cindy Martinez
Viviana Martinez
DeAsha Moore

Laura Nario
Gwen Nicholson
Sabrina Orellana
Kelsey Squire
Jocelyn Velasquez

Laurel Circle

Julia Arredondo
Chloe Frise
Alexandra Guardado
Onjonet Williams

Community Service Award

Amanda Gutierrez



Mount Saint Mary's University
LOS ANGELES

Graduating with Honors: A cumulative GPA of 3.5 or higher

Yadimahara Alvarez
Julia Arredondo
Alanna Bayle
Diane Caraveo
Laurn Connor
Brandie Diaz
Jennifer Escamilla
Angelica Frias
Jessica Garcia

Viviana Gonzalez
Andrea Grgic
Alexandra Guardado
Alejandra Hernandez
Cienna Hernandez
Mariquita Juarez
Regina Lopez-Guzman
Jeanette Mendez
Sophie Miehl

Aimee Olvera
Lizbeth Paniagua
Marisol Sanchez
Emely Vargas

Looking Ahead

Summer Classes
May 16—June 23

Welcome Back

Fall 2016
August 22—December 8



Doheny Happenings

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Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 27

April 18, 2016

THIS WEEK

Monday, April 18
Physical Activity Day

Tuesday, April 19
1:00 Lunch with the Dean

Wednesday, April 20

Thursday, April 21
1:00 Bake Sale
5:00 Laurel Reception
6:00 Laurel Awards

Friday, April 20

Saturday, April 21
Earth Day—Plant a Tree



Mount Saint Mary's
University
LOS ANGELES
Sports & Wellness

MOUNT PHYSICAL ACTIVITY DAY

Monday April 18th

D
O
H
E
N
Y

Activity	Time	Location
Water Aerobics	9:00-10:00 AM	Pool
Hula Hoop Competition	10:00-11:00 AM	Cafe
Badminton	11:00 AM-12:00 PM	South Lawn
Rockwall	12:00-2:00 PM	Bookstore Lawn
Free Throw Competition	2:00-3:00 PM	Courts
Grass Volleyball	3:00-4:00 PM	North Lawn
Dance Class	4:00-5:00 PM	Dance Studio
Soccer	5:00-6:00 PM	North Lawn

→ Attend at least 3 activities to receive a Sports & Wellness t-shirt or water bottle.

→ Each activity you participate in gets you an entry into the raffle for more grand prizes!



We will be celebrating both the
First and Second Year Students



Join the Tradition
Celebrating You in this

End-of-the-Year Event

Laurel Awards Ceremony



Thursday, April 21, 2016

5:00 refreshments; 6:00 Program

The Rose Hills Auditorium



Honoring You
Graduating
Transferring to Chalon
Graduating with Honors
Academic Program Awards
Clubs and Activities
Community Service

Bring your family

The Laurel Awards is an evening event
to award Doheny students
outstanding in different academic fields
(Writing, Science, Political Science, etc)
and students involved in campus activities.

ALL ARE INVITED
AND WERE SENT AN INVITATION

Those who will receive an award have been notified
by email. Those being awarded are encouraged to
invite their families.



Bring your lunch and
join Pam Gist on
Tuesday, April 19, from 1—2
in the Ahmanson Cafeteria



Lunch
with the
AA Dean



Mount Saint Mary's University
Los Angeles

To apply, visit:
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First review of applications
begins May 2

sga@msmu.edu

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Appointed Positions Open!

—General Senator—

Attend meetings, represent your fellow Athenians!

—Educational Programs Chair—

Help SGA host events like National Collegiate Alcohol Awareness Week. Get creative and think of other information educational programs for SGA.

—Service Chair—

Loved Charity Ball? Plan it! You'll lead a committee of senators and volunteers to help raise money for wonderful causes. You'll have a chance to give back to the Mount community by guiding SGA in other service programs.

—Election Chair(s)—

Want to shape the future of SGA next year? Help us get more people engaged in the SGA elections process next year by serving as Elections Chair.

Summer School?

If you're taking summer courses at a local community college, be sure to:

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- 2) Complete and turn in a Transfer of Credit Clearance form prior to taking the course. These forms can be found at the Academic Advisement office.
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Doheny Summer Housing 2016!

Available to Chalon and Doheny
Traditional Undergraduate Residents

Applications now available via OrgSync

- Must currently live in on-campus housing or must have been a resident before
- Must be cleared with the Business Office at the time of applying for Summer Housing
- Must be a traditional undergraduate MSMU student at the Chalon or Doheny campus
- You must be in good standing with the Residence Life Office and the University
- You must turn in the complete Summer Housing application with a copy of the \$125 down payment that is applied towards the total amount by the deadline of Friday, April 22, 2016
- Must be registered as a full-time student (12 units) for the Fall 2016 semester
- Only female summer housing is available at Doheny in House 20
- We will have approximately 7 spaces in triples and doubles

Application deadline Friday, April 22nd

If you have any questions, contact the Residence Life Office,
Doheny (Hannon 123) at ext.2661 or Chalon (Brady 101) at ext.4325.

Campus Security Safety Tips-

Travel or Vacation Safety- Tip 2

Going out of town this summer? Here are some suggestions to safeguard your home while you are away.

- Make sure all windows and doors are locked.
- Have timed lights, radio or television that will turn on while you are away to support the illusion that someone is home.
- Ask a friend or family member to go by your home and make periodic checks. You may want to ask them to house sit, by staying in your home while you are away.
- Install an alarm system that will be monitored by an alarm company. They can monitor 24/7 and send local law enforcement to your home if the alarm is activated.
- If you plan to travel for a long period of time, get a temporary P.O. Box at the Post Office, UPS store or local mail center. That way your mail won't pile up and thieves won't find out that no one is home.
- Plan to receive all deliveries before you leave. Unattended items are a welcome sign to thieves looking to take packages or break into homes.



Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive

SGA's First Annual Most Valuable Peer (MVP) Awards 2016

Nominate your peers TODAY via Orgsync
<https://orgsync.com/54082/forms/196162>

Ceremony

Date: Thursday, April 28, 2016

Time: 6:00pm

Location: Campus Center

Business Casual Attire

Sponsored by: Student Government Association (SGA)

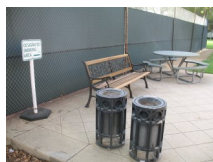
If you have any questions, email sga@msmu.edu or blanduen@msmu.edu





New Smoking Area

Located between bldg. 8 (the Mansion) and the basketball court.



Community Student Ambassador Program

Bag of Success

Bake Sale!!!!

Thursday, April 21, 2016

12:30 pm– 1:30 pm

Ahmanson Patio



Please Help us fundraise. The Bag of Success Scholarship is an Award that is given to students from K-12th grade, providing them the necessary basic supplies to be successful in their education.



Tips for Confronting Incivility– Step 1

Step 1 -Think strategically about when to approach the person.

What do you think will be most effective: Speaking up in the moment? Waiting until some time has passed so that emotional level might be diffused? Should you go alone or with someone else? Does it make sense to confront the person in front of others so that you might have some back up? Or is it better to talk alone over coffee or lunch? Is this something that has happened repeatedly in certain situations so that you could talk to the person preemptively?



THINK CIVILITY
The Mount Civility Project

APRIL 21 is EARTH DAY

WHAT'S WRONG WITH THE ACTIVITY IN THE CARTOON BELOW?



Earth Day Word Search

E	L	C	O	N	S	E	R	V	E	H
Y	C	W	S	R	S	A	E	E	P	T
E	Q	O	E	O	N	U	C	R	L	W
L	A	U	L	I	U	Y	E	A	O	
Y	S	R	M	O	D	L	C	T	N	R
E	F	A	T	E	G	L	L	A	T	G
M	L	E	R	H	W	Y	E	W	U	V
T	N	E	M	N	O	R	I	V	N	E

animal
conserve
earth
ecology
environment
growth



plant
recycle
reduce
reuse
soil
water

GRADUATION TICKETS

Graduation Tickets may now be picked up in bldg. 2 upstairs. April 11-29 for all 7 guest tickets. After that date, it's not guaranteed.



All you need to know: dates, tickets, ordering cap and gown, and more is on the msmu.edu homepage, scroll to the bottom, click on the commencement picture.

IMPORTANT DATES

...April 21 LAUREL AWARDS
May 2 Finals Week begins
Monday, May 9, 2016, Commencement



The last Doheny Happenings will go out on Monday, April 25th.

Final Examination Schedule Spring Semester May 2nd – May 5th, 2016

Exam Periods	Monday May 2	Tuesday May 3	Wednesday May 4	Thursday May 5
8:00-10:00 AM	M-W-F 9:10a-10:10a	T - TH	M-W-F 8:00a-9:00a	T - TH 8:00a-9:30a
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1:00 - 3:00 PM	M-W-F 1:50p-2:50p M-W 1:20p-2:50p	T - TH	M-W-F	M-W-F 12:40p-1:40p
3:30 - 5:30 PM	M-W 3:00p-4:30p	T - TH 4:00p-5:30p	M-W-F 4:40p-6:10p	T - TH: 2:20p-3:50p
6:00 - 9:00 PM	M	T	W	TH

S:/Universal/Registrar's Office/Academic Calendars/Spring 2016 Final Exam

Find your class time (we'll say MWF 9:10). Look at the top of the column (Monday) for the day of your final. Look at the column to the left to see the time of your final 8:00-10:00.

Plan when you'll study, work, eat, sleep.

Greetings from the Business Office

Event: Visit our Kiosk Booth! Business Office associates and a representative of the University Credit Union will be available to assist you from 10AM to 1PM on April 20 at Chalon (in front of the St. Joseph Admin. Center) and April 21 at Doheny (in front of the cafeteria). There will be raffles, free snacks, and much more.

Important Information – Summer 2016 Deadline:

The deadline to pay for summer school is May 6, 2016.

Important Information - Fall 2016 Deadlines:

Health Insurance Waiver Deadline: August 31, 2016.

Clearance Deadline for Traditional Undergraduate—Returning 2nd Wednesday in June

Congratulations Class of 2016!



MSMU Business Office 213-477-2540 or
businessoffice@msmu.edu

Doheny Happenings

Upcoming Events for the Traditional AA Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 26

April 11, 2016

THIS WEEK

Monday, April 11

1:20 Taiko AsianAm Performance

Tuesday, April 12

10:00 Grad Ring Sale

11:30 Eggstravaganza

1:00 Fashion Show

1:00 Bake Sale

1:00 Voter Registration

4:00 Immigration

Wednesday, April 13

Thursday, April 14

Celebrate Student Workers

7:00pm Visita Mexico

Friday, April 15



Ballet Folklórico de MSMU
Presents



Visita México



\$10 tickets
include
meal and
show!

Experience
Mexico
through dance
and enjoy
homemade
traditional
Mexican food!

Donohue Center, 10 Chester Place, Los
Angeles, CA 90007
Thursday April 14, 7pm
Contact msmuballetfolklorico@gmail.com for
tickets!



Career Services & Internships presents Hire Attire Fashion Show

Hosted by Dress for Success



Mount
Saint Mary's
University
LOS ANGELES
Career Services &
Internships

Tuesday, April 12th 1:00-2:00pm

@ Doheny Rose Hills Auditorium

BRING CASH
FOR THE
BAKE SALE!



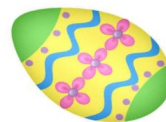
Bake sale proceeds will go to Dress for Success

ENTER TO
WIN RAFFLE
PRIZES!

Questions? Contact Angela Tilley, Assistant Director
of Career Services & Internships at atilley@msmu.edu



DRESS FOR SUCCESS®
Going Places. Going Strong.



EASTER

FUN

tuesday
April 12, 2016
11:30am-2pm
Near House 7

Celebrate with...

- A Campus Easter golden egg hunt for a \$100 Visa Gift Card
- An Easter Photo booth
- Arts & Crafts
- Free 10 minute massages
- Puppies and Kittens
- Fair Trade LA Sale
- Club Fundraisers

Sponsored by Campus Ministry, CPS, Health Services,
Student Activities Council, Sports & Wellness,
Student Success Center, PTK, LU, and SGA.

EGGSTRAVAGANZA



VOTER REGISTRATION


APRIL 4 & 12

1-2PM @ AHMANSON PATIO

Get your voter registration form in by May 23rd to vote on
June 7, 2016 for the Presidential Primary in CA

WHY VOTE ON 6/7?

Primary elections and caucuses are a key part of the process to select the next President and provide a crucial opportunity for voters to take control and influence the process by selecting their top candidate to represent a political party in the general election. Visit www.VOTE411.org for more information.




Can't attend? Get form at Women's Leadership & Student Involvement
Chalon: Leavey Commons, Ground Floor Doheny: Building 11, Room 200

For more info: Call 213-477-2664 or email leadership@msmu.edu

Summer School?

If you're taking summer courses at a local community college, be sure to:

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- 3) Contact Academic Advisement at (213) 477-2577 or advisement@msmu.edu with any summer school questions.



Join us in a panel discussion on Immigration!

Tuesday, April 12, 2016
4 p.m.

MOUNT SAINT MARY'S UNIVERSITY
DOHENY CAMPUS, ROSE HILLS AUDITORIUM
10 CHESTER PLACE, LOS ANGELES

This event is free and open to the public.

PANELISTS:

Marcos McPeck Villatoro
PROFESSOR, FLETCHER JONES
CHAIR OF WRITING

Diana Ramos '20
MSMU STUDENT AND COALITION FOR
HUMAN IMMIGRANT RIGHTS
OF LOS ANGELES REPRESENTATIVE

Dahlia Maldonado '16
MSMU STUDENT


Angel Acosta
RECIPIENT OF PRESIDENT OBAMA'S
EXECUTIVE ORDER—DEFERRED ACTION
FOR CHILDHOOD ARRIVALS

Jaice Mendoza-Macias
BENEFICIARY OF A U-VISA

Moderated by **Shani Habibi**
ASSISTANT PSYCHOLOGY PROFESSOR

HOSTED BY MSMU'S DIVERSITY TASK FORCE

WHAT does immigration mean to you? AND WHY immigration may decide the 2016 elections.



MOUNT PHYSICAL ACTIVITY DAY








Monday April 18th

Doheny Schedule

Activity	Time	Location
Water Aerobics	9:00-10:00 AM	Pool
Hula Hoop Competition	10:00-11:00 AM	Cafe
Badminton	11:00 AM-12:00 PM	South Lawn
Rockwall	12:00-2:00 PM	Bookstore Lawn
Free Throw Competition	2:00-3:00 PM	Courts
Grass Volleyball	3:00-4:00 PM	North Lawn
Dance Class	4:00-5:00 PM	Dance Studio
Soccer	5:00-6:00 PM	Lanterman Field

→ Attend at least 3 activities to receive a Sports & Wellness t-shirt or water bottle.


→ Each activity you participate in gets you an entry into the raffle for more grand prizes!

Campus Security Safety Tips- Travel and Vacation Safety- Tip 1

With the end of the semester rapidly approaching, travel and vacation plans are most likely being made or discussed. It's important to think about your safety when traveling and vacationing. Here are some suggestions you can do to keep yourself and belongings safe:

- Before you go, make sure to clean out your wallet or purse; take only essential credit cards.
- Carry your purse close to your body, or wallet in an inside front pocket. Consider wearing a money pouch under your clothes.
- Pack as lightly as possible. Lots of heavy bags will slow you down and make you more vulnerable to getting robbed.
- Expensive, designer luggage can draw unwanted attention to your belongings. Pack your things in inconspicuous bags.
- Carry-on anything you may need or of value i.e., medication, jewelry.
- Don't display expensive jewelry, cameras, bags and other valuable items.
- Stick to well-lighted, well-travelled streets at all times.
- Always lock your car, and leave valuables out of sight, preferably locked in the trunk.
- Don't leave jewelry, money or other items lying around the hotel room when you go out, even for a short while. Lock them in the room or hotel safes. Do not leave them unattended at poolside or the beach either.
- Make sure rooms are securely locked. Do not leave room keys lying out at the swimming pool.
- You should know who is knocking before you answer the door. If they say they are from the hotel, confirm with the hotel operator that they are in fact from the hotel.

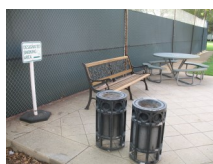


Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive



New Smoking Area

Located between bldg. 8 (the Mansion) and the basketball court.



MSMU Department of Music
Presents

Monday, April 11, 2016
1:20 to 2:50 PM
Rose Hills Auditorium
Free and open to the
campus community

Taiko
and
Performing
Asian American

Featuring composer and
performer
Shih-we Wu



CPS Tip of the Week

Stress Busting Foods

There are several ways to manage and alleviate stress, eating healthy foods being one of them. Nutritious foods can help boost serotonin and decrease levels of cortisol and adrenaline (stress producing hormones) thus, preventing and decreasing stress.

Below are some healthy food that can help you bust stress away!

- ❖ Lots of high fiber foods
- ❖ Salmon or Tuna
- ❖ Almonds
- ❖ Dark chocolate!
- ❖ Fruits, especially oranges



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



at MSMU.CPS



Interested in the help provided at

PARENTING STUDENT PROGRAM

Contact Bharpreet Sidhu bsidhu@msmu.edu
In the Student Success Center, Bldg 2.

Phi Theta Kappa Induction Ceremony 2016



Congratulations to all these ladies who will be awarded during the induction ceremony
on Thursday, April 15, at 6:00pm in Rose Hills Auditorium



Jenny Alvarez
Kelsey Acosta
Christina Barrios
Alanna Bayle
Katie Blust
Cecilia Campos
Xena Chavez

Gloria De la Cruz
Leanne Estrada
Elizabeth Galindo
Jacqueline Hernandez
Mireya Hernandez
Justine Hsiao
Grace Lee

Xenia Vidal Marquez
Laura Nario
Rachel Ocampo
Sabrina Orellana
Valeria Quiroz
Stephanie Real
Amanda Salas

Ashley Sandoval
Melanie Raymundi
Amy Ventura

Phi Theta Kappa is an honor society for two-year college programs. Students must have a 3.5 GPA to be invited and maintain at least a 3.0 GPA to continue. Congratulations to these students, to Yadimahara Alvarez, President; Alexandra Guardado, Vice President; and their advisor Dr. Elizabeth Sturgeon, English professor.

GRADUATION TICKETS

Graduation Tickets may now be picked up in bldg. 2 upstairs. April 11-29 for all 7 guest tickets. After that date, it's not guaranteed.

All you need to know: dates, tickets, ordering cap and gown, and more is on the msmu.edu homepage, scroll to the bottom, click on the commencement picture.



The Doheny Happenings will go out on Monday April 18, and April 25th will be its last issue.

IMPORTANT DATES

...April 21 LAUREL AWARDS
May 2 Finals Week begins
Monday, May 9, 2016, Commencement



The Laurel Awards is an evening event to award Doheny students outstanding in different academic fields (Writing, Science, Political Science, etc) and students involved in campus activities.

Those who will receive an award will be notified by email a week before the ceremony, but all are welcome to come. Those being awarded are encouraged to invite their families.

A formal invitation has been mailed home to all AA Doheny students.

We will be celebrating both the First and Second Year Students

Join the Tradition

Celebrating You in this

End-of-the-Year Event

Laurel Awards Ceremony

Thursday, April 21, 2016
5:00 refreshments; 6:00 Program

The Rose Hills Auditorium



Honoring You
Graduating
Transferring to Chalon
Graduating with Honors
Academic Program Awards
Clubs and Activities
Community Service

Bring your family

Final Examination Schedule Spring Semester May 2nd – May 5th, 2016

Exam Periods	Monday May 2	Tuesday May 3	Wednesday May 4	Thursday May 5
8:00-10:00 AM	M-W-F 9:10a-10:10a	T - TH	M-W-F 8:00a-9:00a	T - TH 8:00a-9:30a
10:30 - 12:30 PM	M-W-F 11:30a-12:30p	T - TH 9:40a-11:10a	M-W-F 10:20a-11:20a	T-TH 11:20a-12:50p
1:00 - 3:00 PM	M-W-F 1:50p-2:50p M-W 1:20p-2:50p	T - TH	M-W-F	M-W-F 12:40p-1:40p
3:30 - 5:30 PM	M-W 3:00p-4:30p	T - TH 4:00p-5:30p	M-W-F 4:40p-6:10p	T - TH: 2:20p-3:50p
6:00 - 9:00 PM	M	T	W	TH

S:/Universal/Registrar's Office/Academic Calendars/Spring 2016 Final Exam

Find your class time (we'll say MWF 9:10). Look at the top of the column (Monday) for the day of your final. Look at the column to the left to see the time of your final 8:00-10:00.

Plan when you'll study, work, eat, sleep.

Greetings from the Business Office!

Questions?: Have questions about your statement or about our policies and procedures? Please contact us to set up an appointment with one of our associates or stop by our office during regular office hours for assistance. Contact: 213.477.2540 / 310.954.4040 / BusinessOffice@msmu.edu.

Monthly Payment Plan: If you are enrolled in a payment plan, please make on time payments by choosing Installment Plan Payment on CASHNet or contact a Business Office Associate for assistance. Students should submit payments between the 5th and the 15th of each month that their plan is active.

Reminder: Don't forget to review your account during the summer as you may still have a payment due in June if you are enrolled in the 6 month payment plan for spring; and you may also have payments due in July and August before the semester start date if you are enrolled in the 6 month payment plan for fall.

MSMU Business Office 213-477-2540 or
businessoffice@msmu.edu

MAKE YOUR

Summer Count

CATCH UP OR JUMP START YOUR SEMESTER

Join Academic Advisement for a
Summer School Q&A Workshop!

WHEN: Tues, April 5th - 1:00 - 2:00pm

WHERE: Donohue Center

Mount Saint Mary's University



CPS Tip of the Week



"NO" means NO.

"Not Now" means NO.

"Maybe Later" means NO.

"No Thanks" means NO.

"Don't Touch Me" means NO.

"Let's Just Go To Sleep" means NO.

"You've/I've Been Drinking" means NO.

SILENCE means NO.

support empower
CPS grow

Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



LOOKING FOR AN
EXCITING JOB ON
CAMPUS?

APPLY TO BE AN
ADMISSION ASSOCIATE
FOR
2016-2017!

10 Job Openings!
Open to residents and commuters
Must be full time undergrad student
Work study not needed
Flexible Hours
Professional Development
Public Relations Experience
Leadership Skills
Great Work Environment

To request an application please send an email to
admissions.associates@msmu.edu

Applications will be available via e-mail
March 14th
All Applications due by
Friday, April 1st

Applications must be submitted by email only



Paid Internship CAMPUS CORRESPONDENT

Student Health is looking for a Campus Correspondent—someone who will produce videos, enjoy meeting new people, want to help peers, and is interested in health and wellness.

Apply at

www.studenthealth101.com/cc.html



THINK CIVILITY
The Mount Civility Project

16-20 of 20 Ways to Promoting Civility and Respect

16. Always remember to say please and thank you.
17. Recognize the contributions made by individuals throughout your organization. Show appreciation for contributions at all levels.
18. Kindness has a ripple effect that extends far beyond the initial recipient. Practice treating others with respect and consideration no matter the setting.
19. Understand your triggers or "hot buttons." Knowing what makes you angry and frustrated enables you to manage your reactions and respond in a more appropriate manner.
20. The world always looks better from behind a smile!

Campus Security Safety Tips

Violence Prevention- Tip 4

Hazing is a form of violence and is defined as any method of pre-initiation into a student organization or any pastime or amusement engaged with respect to such an organization which causes, or is likely to cause, bodily danger, physical harm, or personal degradation or disgrace resulting in physical or mental harm to any student or person. It is against University policy to conspire to engage in hazing, or commit any act that injures, degrades, or disgraces, or intends to injure, degrade, or disgrace any other student. But more importantly you can lose your life to hazing and be one of the many victims that have lost their life for the sake of their organization. Stand up and say NO to any organization that tries to pressure you with hazing. Your life is important. Remember always report incidents to Campus Security.



Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive

Career Services & Internships presents Hire Attire Fashion Show

Hosted by Dress for Success



Mount
Saint Mary's
University
LOS ANGELES
Career Services &
Internships

Tuesday, April 12th 1:00-2:00pm
@ Doheny Rose Hills Auditorium



Bake sale proceeds will go to Dress for Success

Questions? Contact Angela Tilley, Assistant Director
of Career Services & Internships at atilley@msmu.edu



DRESS FOR SUCCESS®
Going Places. Going Strong.

SATURDAY,
APRIL 9, 2016

YOU HAVE WHAT IT TAKES!
**Ready to
RUN**
CALIFORNIA

REGISTER
NOW!

Interested in running for political office, working on a campaign or getting involved in public service? Political leaders and campaign professionals will provide education, training and mentoring at Mount Saint Mary's Ready to Run® non-partisan campaign training for women!



April 9, 9—5, Doheny Campus

Questions: Heather at hschraeder@msmu.edu or
visit msmu.edu/r2r

MSMU Third Annual Symposium

International Language and Culture Festival

WED APR 6 11:30 AM - 5:00 PM CHALON CAMPUS

symposium

noun sym·po·si·um \sim-'pō-zē-əm also -zh(ē-)əm\

1. a convivial party (as after a banquet in ancient Greece) with music and conversation
2. a formal meeting at which several specialists deliver short addresses on a topic or on related topics

The annual Academic Symposium is an opportunity for the Mount community to honor the breadth of its considerable knowledge.

Once a year, we gather together for an entire afternoon to hear our scholars—students, faculty, and staff—share their expertise.

We welcome your participation in this essential celebration of intellectual engagement, meaningful learning, and academic excellence.

ADDITIONAL INFORMATION <http://www.msmu.edu/symposium>

We are happy to announce that our
MSMU Student Health 101 Campus Correspondents



Aimee Hernandez and Cindy Carrillo

have been chosen by the
Student Health 101 Magazine Production team as
CAMPUS CORRESPONDENTS OF THE MONTH!

Congratulations on this wonderful achievement as we
continue to prove that MSMU is truly
{ UNSTOPPABLE }

www.readsh101.com/msmu.html
Student Health Services 310.954.4110

Fluent in Spanish?
Ready to use it in a professional career?
Consider an

AA in Spanish Latin American Studies

This degree is for students interested in becoming interpreters, translators, teachers, librarians, or any profession focused in serving the Latino community. 60 units, 27 of which are from an array of Spanish, health, culture, business, and other related subjects. Talk to your advisor if interested.



SUMMER SCHOOL @ THE MOUNT FOR TRADITIONAL UNDERGRADS ONLY **\$85 PER UNIT**

May 16 - June 23
Monday through Thursday
Doheny Campus

In Person 8:00 am -10:00 am	POL 1 <i>American Government & Institutions</i> (GS III G) ENG 1B <i>Freshman English</i> (GS IA)
In Person 10:15 am -12:15 pm	ENG 27/127 <i>Women in Quest</i> (GS IIIB & GS-VI) RST 178 <i>Death & Afterlife</i> (GSVA.4 & GS VI)

IMPORTANT DATES

April 4 Registration for Summer School begins

May 2 Finals Week begins
Monday, May 9, 2016, Commencement



The Laurel Awards is an evening event to award Doheny students outstanding in different academic fields (Writing, Science, Political Science, etc) and students involved in campus activities.

Those who will receive an award will be notified by email a week before the ceremony, but all are welcome to come. Those being awarded are encouraged to invite their families.

A formal invitation is being mailed home this week to all AA Doheny students.

You are being honored at



Thursday, April 21, 2016
Laurel Awards Ceremony

Celebrating the Achievements of the
Associate in Arts Students of
Mount Saint Mary's University

The Rose Hills Auditorium — 6:00 PM
Refreshments served at 5:00 PM

GRADUATING ?

All you need to know: dates, tickets, ordering cap and gown, and more.

On the MSMU. Edu homepage, scroll to the bottom, click on the commencement picture.



For Fall 2016, consider registering for Bus 93, Personal Finance

Would you invest one hour each week in your financial future?

Bus 093 is a one unit class that meets for one hour each week on Tuesdays at 1:00 PM.

Here's why you should consider this class:

1. We all need to know how to budget our spending
2. We need to know how to plan for the big ticket items in our future. These include:
 - a. buying a car,
 - b. renting an apartment,
 - c. saving for a down payment on a house
 - d. setting up an emergency fund
 - e. saving for known future costs (like a child's education)
3. We also need to become knowledgeable about taxes, insurance, and managing credit

You may be dealing with some of these financial challenges right now!

Take this class and bring a friend; she will thank you and you will both be ready to make good financial decisions.



Greetings from the Business Office!

Summer School – Important Information:

- Classes: May 16 – June 23
- Registration closes: April 29
- Add/Drop deadline: May 20
- Withdraw deadline: June 10
- Must pay in full by May 6 or will be dropped from course(s) -
No refunds once classes begin

Fall Health Insurance Waiver:

- Available April 1 to August 31
- For the waiver and for more information, visit:
www.msmu.edu/insurance

Fall 2016 Statement: After registering for classes, review your new account balance on CASHNet and the two payment plan options available (4 months or 6 months) if you have a balance due.

Fall 2016 Financial Clearance Deadlines: Your student account must be financially cleared by June 8th (returning - traditional undergraduate students), July 13th (new Chalon freshmen students), or August 10th (new Doheny freshmen and Chalon transfer students).

MSMU Business Office 213-477-2540 or
businessoffice@msmu.edu

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 23

March 21, 2016

THIS WEEK

BLACK OUT WEEK

Monday, March 21
2:00 Mercy Bags

Tuesday, March 22
1:00 Lunch with the Dean

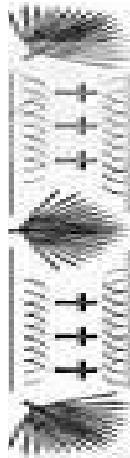
Wednesday, March 23
4:00 Lawrence Ross

Thursday, March 24

3/25—3/28 Easter holidays

Tuesday, March 29, Classes Resume

HOLY WEEK



Lunch
with the
AA Dean

Bring your lunch
And join Pam Gist

Tuesday, March 22, 1-2
Ahmanson Commons Cafeteria

Lawrence Ross, a *Los Angeles Times* and *Essence* magazine bestselling author, will share insights from his newest book *Blackballed: The Black & White Politics of Race on America's Campuses*.

Wednesday, March 23, 2016
at 4 p.m.

MOUNT SAINT MARY'S UNIVERSITY
THE ROSE HILLS AUDITORIUM
DOHENY CAMPUS

This event is free and open to the public.
COMPLIMENTARY PARKING

LAWRENCE ROSS

Ross has written a total of six books on the African American experience, with his latest, *Blackballed: The Black & White Politics of Race on America's Campuses*, explores the present and historical issues of racism on hundreds of American college campuses, and how that ties into today's #BlackLivesMatter campaign.

There will be book purchases and signing.



Mount
Saint Mary's
University
LOS ANGELES

Los Angeles Women's International Film Festival

March 24—27 at Regal Cinemas LA Live.

Featuring *Despite the Falling Snow*
CodeGirl
Posthumous

Tickets are only \$5, please visit: bit.ly/lawiffprogram

"We foster access to health care for diverse communities"

Come learn about



GUEST SPEAKERS

Stephanie Olamendi
Program Manager

Tisa Thomas
Program Manager

Kierra Washington
Program Manager

Danielle Westermann
Regional Manager

Lynette Tablada
Summer Programs Intern

MARCH 31
1:00-2:00p.m.
DOHENY
Building 4,
Rm 209

Limited space! RSVP @

<http://goo.gl/forms/C6Dwg7eTE0>

Or with Angela Tilley @ atilley@msmu.edu

Mount
Saint Mary's
University
LOS ANGELES
Career Services &
Internships

BROUGHT TO YOU BY:

FREE SNACKS

Mount Saint Mary's University
LOS ANGELES
Career Services & Internships

HIRE ATTIRE FASHION SHOW

Hosted by Career Services and Internships & Dress for Success

Strut into your next interview with catwalk confidence!

Learn how to dress to impress AND for success.

SAVE THE DATE
Tuesday, April 12th
Doheny Rose Hills Auditorium
1:00pm-2:00pm

Questions?
Contact Angela Tilley
Assistant Director of Career Services & Internships
at atilley@msmu.edu

DRESS FOR SUCCESS®
Going Places. Going Strong.

We're looking for the next MSU Student Health 101

CAMPUS CORRESPONDENT!

PAID INTERNSHIP



Think you'd like to become a Mount Saint Mary's University **Student Health 101 CAMPUS CORRESPONDENT?**


Looking to build your résumé?
Like to produce videos?
Enjoy meeting new people?
Want to help your peers?
Interested in health and wellness?

Open to all Traditional Undergraduates seeking a fun-filled Leadership opportunity! This is NOT a work study position.

Apply for the CAMPUS CORRESPONDENT Internship today!
➤➤ www.studenthealth101.com/cc.html <<<

Mount Saint Mary's University **STUDENT health101**

Student Health 101 is a health, health and wellness magazine brought to you by MSU Student Health Services. Check out this month's issue by visiting www.studenthealth101.com/msmu.html
Questions? Call Student Health Services 310.954.4110




FBI Information Session

Interested in learning about the FBI?

Come check out Career Services FBI Information Session and learn what it takes to work for the Federal Bureau of Investigation (FBI) & U.S. government!

Special Guest:
Agent Allison Powojski




Sponsored by:
Mount Saint Mary's University
LOS ANGELES
Career Services & Internships

Come and Join Us
Tuesday, March 22nd, 2016
1:00 - 2:00 PM
@ the Chalon Campus Center SW

The Mount Civility Project

at MOUNT SAINT MARY'S UNIVERSITY
LOS ANGELES

PRESENTS:



SPEAK UP!

Lunch and Learn Series

"What to do about negative remarks, casual comments and slurs?"

Tuesday, March 29th at Chalon
12:00pm-1:00pm, Hannon Parlor


Thursday, March 31st at Doheny
1:30pm-2:30pm, Donohue Center

Please RSVP, by Monday, March 28th 12 pm
<https://orgsync.com/54559/forms/186522>

If you have any questions, please contact:
Laura Crow, Dean of Student Life
LCrow@msmu.edu | 310.954.4130

11-15 of 20 Ways to Promoting Civility and Respect

11. Consider how your use of technology (e-mail, social media, etc.) helps or hinders a respectful work/organization environment. Remember that with e-mail there is no voice tone to help convey meaning.
12. Rely on facts rather than assumptions. Gather relevant facts, especially before acting on assumptions that can damage relationships.
13. Take time to learn more about a background or culture you are not familiar with to expand your own perspective and interpersonal skills.
14. Have difficult conversations in person or, at a minimum, by telephone, not electronically.
15. Adopt a positive and solution-driven approach to resolving conflicts.




THINK CIVILITY
The Mount Civility Project

CAMPUS MINISTRY
campusministry@msmu.edu | x2672 (Doheny)

HOLY WEEK
begins sundown on Saturday, March 19th. The most sacred days of the Christian year, a time marked by simplicity, quiet reflection, fasting, and prayer.

Holy Week



LENTEN #MERCYMONDAY
MERCY BAGS – NO COOKIES
Monday, March 21st, 2:00 p.m., House 7
Take a Mercy Bag for the homeless neighbors you encounter. All items are non-perishable and can be kept in the car until distributed.

Campus Security Safety Tips Week Eleven: Violence Prevention-

Tip 3

Dating violence can happen to anyone. It is important to recognize the "red flags" of an unhealthy relationship to prevent future violence. Signs of an unhealthy relationship can be displayed by the following behavior:

- Insulting you in front of others
- Controlling your money and finances
- Quickly losing his or her temper with you or someone else
- Demanding to know where you are at all times
- Getting extremely jealous of your time spent with others
- Hitting
- Pushing
- Acting out violently

If you find yourself scared of your dating partner, feeling depressed or anxious, losing interest in or giving up activities that once were important to you are also signs that this is an unhealthy relationship and you need to get out. Feeling safe in a relationship is crucial. No matter what you may have done to upset your partner, you never deserve to be treated in a degrading or violent manner. Your dating partner should never put you down or make you feel bad about yourself. Healthy dating relationships require responsibility and mutual respect. Dating should be fun! Feeling fearful or unsafe is not fun! Remember always report incidents to Campus Security.



Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive

Thursday, April 21, 2016
All AA Students
Plan to attend the Laurel Awards Ceremony.

You are being honored at



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Laurel Awards Ceremony

Celebrating the Achievements of the
Associate in Arts Students of
Mount Saint Mary's University

The Rose Hills Auditorium — 6:00 PM
Refreshments served at 5:00 PM

SATURDAY,
APRIL 9, 2016

YOU HAVE WHAT IT TAKES!
Ready to
RUN
CALIFORNIA

REGISTER
NOW!

Interested in running for political office, working on a campaign or getting involved in public service? Political leaders and campaign professionals will provide education, training and mentoring at Mount Saint Mary's Ready to Run® non-partisan campaign training for women!



April 9, 9—5, Doheny Campus
Questions: Heather at hschraeder@msmu.edu or
visit msmu.edu/r2r

CPS Tip of the Week

Steps YOU Can Take to Prevent OTHERS from Being Sexually Assaulted:

C à Create a Distraction

Interrupt any questionable situation by suggesting that everyone goes to get pizza, or goes to another location, or dances all together.

A à Ask Directly

Ask the person you are concerned about: "Who did you come here with?" or "Would you like me to stay with you?"

R à Refer to an Authority

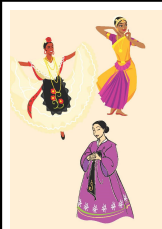
Talk to the security guard, the person in charge of the party, the bartender, or another employee about your concerns. Don't hesitate to call 911.

E à Enlist Others

Ask a friend to help you intervene, ask someone the person you're concerned about knows, intervene with a group.



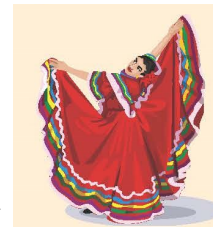
Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



3rd International Language and Culture Festival

Traditional cultural fashion show, dance and singing in a Foreign Language.

Wednesday, April 6, 12:00,
Chalon Circle



Sign up by to participate by representing your country in dress, song, or dance. vgrajeda@msmu or mstrole@msmu.edu

GRADUATING ?

All you need to know: dates, tickets, ordering cap and gown, and more.

On the MSMU. Edu homepage, scroll to the bottom, click on the commencement picture.



SUMMER SCHOOL @ THE MOUNT FOR TRADITIONAL UNDERGRADS ONLY \$85 PER UNIT

May 16 - June 23
Monday through Thursday
Doheny Campus

In Person 8:00 am - 10:00 am	POL 1 <i>American Government & Institutions</i> (GS IIIG) ENG 1B <i>Freshman English</i> (GS IA)
In Person 10:15 am - 12:15 pm	ENG 27/127 <i>Women in Quest</i> (GS IIIB & GS-VI) RST 178 <i>Death & Afterlife</i> (GSVA.4 & GS VI)

Register on WebAdvisor beginning 6:00 am **APRIL 4, 2016**

Important Information:

- Registration closes on April 29, 2016
- Add/Drop deadline: May 20, 2016
- Withdraw deadline: June 10, 2016
- No refunds once classes begin

Must pay in full by May 6th or will be dropped from course(s)

If you have any questions, please contact: Registrar's Office (x4020/2520)

The Report ON THE Status
OF Women and Girls IN CALIFORNIA™

March 30, 2016

REGISTER NOW for Mount Saint Mary's Report on the Status of Women and Girls in California event on Wednesday, March 30, from 9-12 pm.

This year, you can attend the live event at the Skirball Cultural Center or attend the live screening of the event in either Hannon Theater (Chalon) or Rose Hills Auditorium (Doheny).

-To register to attend the live Report at the Skirball, visit www.msmu.edu/statusofwomen. Shuttles will be provided to and from both campuses.

-To watch the Report via live streaming in Rose Hills or Hannon Theater, visit: www.alums.msmu.edu/rswglivestream

Breakfast provided at all three locations.

RSVP is required whether attending the event at the Skirball or live streaming on campus.

For more information, contact Heather Schraeder, Director of Special Events and Public Programs at hschraeder@msmu.edu or 213.477.2761 or visit www.msmu.edu/statusofwomen.

IMPORTANT DATES

March 21-25 **Black Out Week.**

(No registrations while waitlists are attended to.)

Mar 25 Good Friday (no classes; college closed)

Mar. 28 Easter Monday (no AA classes)

April 4 Registration for Summer School begins

May 2 Finals Week begins

Monday, May 9, 2016, Commencement



Fluent in Spanish?

Ready to use it in a professional career?

Consider an

AA in Spanish Latin American Studies

This degree is for students interested in becoming interpreters, translators, teachers, librarians, or any profession focused in serving the Latino community. 60 units, 27 of which are from an array of Spanish, health, culture, business, and other related subjects. Talk to your advisor if interested.



MARCH 2016

Classes begin
March 7th

GROUP EXERCISE

FREE exercise sessions for all skill levels! All MSMU Faculty, Staff, and Students are welcome!



CHALON

DOHENY

Mondays	Tuesdays	Wednesdays	Thursdays
Circuit Training Angela 5:30-6:20pm Tennis Court	No Sessions	Zumba Gabby 3:35pm DH309 Yoga Loren 5:15-6:05pm DH309	Cycling* Diana 5-5:50pm DH309

*Cycling spaces are limited to 12. Call the Fitness Center at (310) 954-4345 the day of the class to reserve your bike!

Mondays	Tuesdays	Wednesdays	Thursdays
No Sessions	Hip Hop Kassy 4:30-5:20pm Fitness Center	Circuit Training Brandon 4-4:50pm Fitness Center	Boxing Sal 5-6:20pm Fitness Center

Questions?

Contact Angela Faissal
AFaissal@msmu.edu

Be {UNSTOPPABLE}

Greetings from the Business Office!

Authorized Users: If you would like to complete the Business Office Family Educational Rights and Privacy Act (FERPA) to authorize a parent, sponsor, or friend to access your account, please follow these steps:

- 1) Log in to CASHNet
- 2) Under "Authorized User Pin" click on "Add New" and
- 3) Complete and save the online form.

¡Hablamos Español! If you have authorized users who only speak Spanish, encourage them to contact us if they have questions. Some of our associates are bilingual and they can answer their questions.

MSMU Business Office 213-477-2540 or
businessoffice@msmu.edu

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 22

March 14, 2016

THIS WEEK

Monday, March 14
Tuesday, March 15
 1:00 Mass Honoring Sisters
 1:30 City of Angels Café
Wednesday, March 16
 Registration for Sophomores
Thursday, March 17
 Registration for Freshmen
 1:00 Bread Blessing
 5:30 *Girl Rising*
Friday, March 18



 Mount Saint Mary's University
LOS ANGELES

Please join the Mount community as we celebrate the many contributions of the Sisters of St. Joseph of Carondelet!

2016 CSJ Appreciation Day

Wednesday, March 16, 2016
Campus Center, Chalon Campus
2:30 pm - 4:00 pm
Refreshments will be served



We especially pay tribute to our Jubilarians...

Fifty Years:

Sr. Sandra Williams
Sr. Judy Molosky

Seventy Years:

Sr. Cecile Therese Beresford
Sr. Regina Clare Salazar

Sixty Years:

Sr. Joan Henahan

Eighty-Five Years:

Sr. Mary Constance Fitzgerald

In honor of National Catholic Sisters Week and CSJ Week, an exhibit showcasing the scholarship of Sr. Mary Gerald Leahy, CSJ, will be displayed at the reception. Sr. Mary Gerald Leahy was a microbiologist whose research of mosquitos has had a direct impact on current research of the mosquitos carrying the Zika virus. The exhibit is supported by a grant from National Catholic Sisters Week and the Association of Colleges of Sisters of St. Joseph.

Sponsored by the Office of the President

City of Angels Café

≡ MARCH 15 ≡

DOHENY STUDENT QUAD



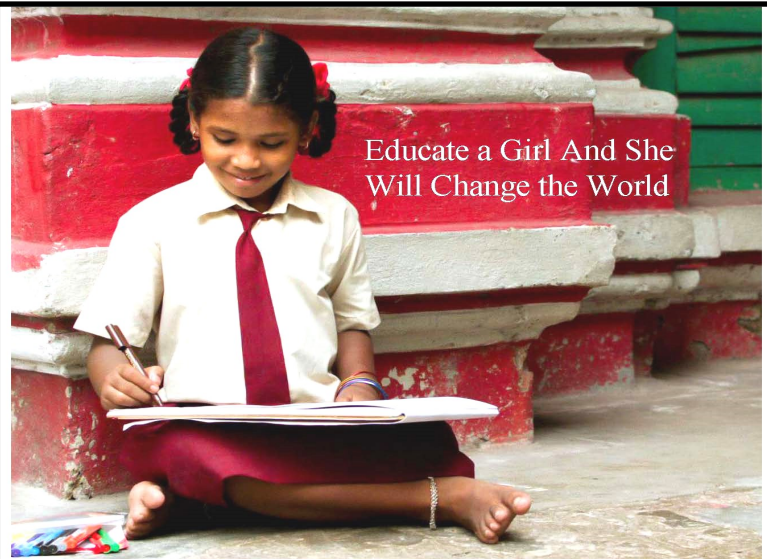
Student Affairs and the Doheny Student Activities Council invite you to join us at City of Angels Café for an afternoon of poetry and musical performances!

Want to Perform?

Call 213.477.2664 or visit Building 11, Room 200



Free churros and coffee will be provided!
Performers will receive a special gift!



Girl Rising Film Screening

A Global Campaign for Girls' Education

Please join us to celebrate Women's History Month!

When: Thursday, March 17th, 5:30 pm to 8:00 pm
Q&A with faculty and staff from 7:30 pm to 8:00 pm
Where: Rose Hills Auditorium @ Doheny
Free Popcorn!

CSJ WEEK 2016

Sunday, March 13 to Saturday, March 19

St. Joseph's Day is March 19, so we celebrate our Sisters of St. Joseph as they celebrate their patron! Join the entire Mount community in saying "thank you" to our Sisters this week, with love and gratitude for their lives and spirit!

Co-Sponsored by:

Campus Ministry | CSJ Institute | Division of Student Affairs | Office of the President

Mass Honoring the Sisters of St. Joseph

Tuesday, March 15 from 1-2pm in Mercy Chapel at Doheny

Join in celebrating this annual Mass to honor the visionary women whose order founded the Mount over 90 years ago. Refreshments follow the Mass.

CSJ Appreciation Day Reception

Wednesday, March 16 from 2:30-4pm in the Campus Center at Chalon

Honor all the Sisters of the Mount, especially those who are celebrating anniversaries (Jubilarians)!

Come for cake, sisterhood, and song!!

In honor of National Catholic Sisters Week and CSJ Week, an exhibit showcasing the scholarship of Sr. Mary Gerald Leahy, CSJ, will be displayed at the reception. Sr. Mary Gerald was a microbiologist whose research of mosquitos has had a direct impact on current research of the Zika virus. The exhibit is supported by a grant from National Catholic Sisters Week and the Association of Colleges of Sisters of St. Joseph.

St. Joseph Bread Blessing

Doheny: Thursday, March 17 from 1-1:45pm in the Quad @ St. Joseph statue

Chalon: Thursday, March 17 from 1-1:45pm on the Humanities Patio

You are invited to join in sharing bread to honor St. Joseph, who provided food for his family, and the Sisters of St. Joseph, who have always cared for the hungry. If you are able, please bring two loaves to share: one with your Mount family, and the other with the hungry of our city! Whether or not you are able to bring loaves with you, come and enjoy blessing and sharing them!

CSJ Jubilee Mass

Saturday, March 19 at 2pm at Carondelet Center 11999 Chalon Rd., Los Angeles, CA 90049

Members of the Mount community are especially invited to Carondelet Center to honor the CSJs who are celebrating special anniversaries this year! You are welcome to the Mass, and the reception afterward! You can walk down the hill from the Mount to the Center, or you can take a shuttle from the parking structure.



Mount Saint Mary's University
LOS ANGELES

Campus Security Safety Tips- Week Ten

Violence Prevention- Tip 2

Don't be a victim of Sexual Assault. When you're preparing for a date or a party, make sure to have enough money to pay for your meal and transportation home, if necessary. Have your cell phone charged and with you. Program a taxi company phone number into your directory. There are many taxi apps (Ex. Taxi Magic) you can download that would allow you to pay with a credit card on your phone. If you are going to a party, go in a group or with a friend and never leave your drink unattended. It takes only a second to slip something in your drink that would make you vulnerable. Know your limit and stop when you feel the affects of alcohol. Don't ignore sudden feelings of mistrust just because you have known someone for a long time. You can't tell if a person has the potential to rape based on past behaviors. Report all incidents to Campus Security immediately.



Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive

For Fall 2016, consider registering for Bus 93, Personal Finance

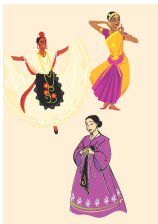
Would you invest one hour each week in your financial future? Do you know that we have a fall term Personal Finance class? Bus 093 is a one unit class that meets for one hour each week on Tuesdays at 1:00 PM.

Here's why you should consider this class:

1. We all need to know how to budget our spending
 2. We need to know how to plan for the big ticket items in our future. These include:
 - a. buying a car,
 - b. renting an apartment,
 - c. saving for a down payment on a house
 - d. setting up an emergency fund
 - e. saving for known future costs (like a child's education)
 3. We also need to become knowledgeable about taxes, insurance, and managing credit
- You may be dealing with some of these financial challenges right now! Take this class and bring a friend; she will thank you and you will both be ready to make good financial decisions.



3rd International Language and Culture Festival



Traditional cultural fashion show, dance and singing in a Foreign Language.
Wednesday, April 6, 12:00, Chalon Circle

Sign up by March 18 to participate by representing your country in dress, song, or dance. vgrajeda@msmu or mstrole@msmu.edu



CPS Tip of the Week

Tips to Help You Protect YOURSELF from Violence:

Trust Your Gut

If a situation, or a person, or anything doesn't feel right to you,
leave immediately and seek safety and people you trust. If you get a bad feeling about a location or a person, *leave*.
Trust yourself!

Stick With Friends

Attend parties with a group of friends you trust. *Look out for each other!* If you do go to an event alone, always tell someone where you are going. Always avoid walking in unlit or isolated parts of the city or on campus.

Set Clear Limits

Set very clear limits, communicate your limits with your partner, and stick to them. Healthy relationships are built on honesty, respect, trust, and communication.



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



JOIN US FOR MOUNT ST. MARY'S UNIVERSITY'S 10TH ANNUAL PRESIDENT'S INVITATION TO SERVE

OPEN TO STUDENTS, FACULTY, STAFF, ALUMS, AND FRIENDS OF THE UNIVERSITY

Join us as we honor the legacy and tradition of the Sisters of St. Joseph of Carondelet in

Serving Our "Dear Neighbor."

(Father Medaille)

Spend a day serving at sites around Los Angeles with other members of the Mount Community: Alexandria House, Downtown Women's Center, Heal The Bay, Los Angeles Regional Food Bank, Society of St. Vincent Du Paul, Lanterman High School and Stop Hunger Now
Transportation from both campuses will be provided.

*Students must submit a \$10 deposit to reserve a spot

Saturday, April 2, 2016

RSVP at <https://www.msmu.edu/invitationtoserve/>

or call the Doheny Community Engagement Office at 213-477-2662

\$10 deposits can be submitted the Doheny Community Engagement Office, Building 11, #211 or in the Chalon Student Affairs Office in Humanities Monday-Friday 12:00pm - 3:00pm

For more information visit www.msmu.edu/InvitationToServe

or contact Susan Cacique at susacaci@msmu.edu or

Kimberly Terrill, Director of Community Engagement, at kterrill@msmu.edu or 213-477-2662

Sponsored by the President's Office, the Office of Community Engagement, Alumni Relations, & Campus Ministry.

Got Work Study?

Residence Life is looking for

Community Assistants

- help with daily operations
- give customer service
- be a resource for others



Apply at Hannon 123 or email sghoubrial@msmu.edu

GRADUATING ?

All you need to know: dates, tickets, ordering cap and gown, and more.

On the MSMU. Edu homepage, scroll to the bottom, click on the commencement picture.



SUMMER SCHOOL @ THE MOUNT FOR TRADITIONAL UNDERGRADS ONLY \$85 PER UNIT

May 16 - June 23
Monday through Thursday
Doheny Campus

In Person 8:00 am - 10:00 am	POL 1 American Government & Institutions (GS III G) ENG 1B Freshman English (GS IA)
In Person 10:15 am - 12:15 pm	ENG 27/127 Women in Quest (GS III B & GS-VI) RST 178 Death & Afterlife (GSVA.4 & GS VI)

Register on WebAdvisor beginning 6:00 am **APRIL 4, 2016**

Important Information:

- Registration closes on April 29, 2016
- Add/Drop deadline: May 20, 2016
- Withdraw deadline: June 10, 2016
- No refunds once classes begin

Must pay in full by May 6th or will be dropped from course(s)

If you have any questions, please contact: Registrar's Office (x4020/2520)

The Report ON THE Status
OF Women and Girls IN CALIFORNIA™

March 30, 2016

REGISTER NOW for Mount Saint Mary's Report on the Status of Women and Girls in California event on Wednesday, March 30, from 9-12 pm.

This year, you can attend the live event at the Skirball Cultural Center or attend the live screening of the event in either Hannon Theater (Chalon) or Rose Hills Auditorium (Doheny).

-To register to attend the live Report at the Skirball, visit www.msmu.edu/statusofwomen. Shuttles will be provided to and from both campuses.

-To watch the Report via live streaming in Rose Hills or Hannon Theater, visit: www.alums.msmu.edu/rswglivestream

Breakfast provided at all three locations.

RSVP is required whether attending the event at the Skirball or live streaming on campus.

For more information, contact Heather Schraeder, Director of Special Events and Public Programs at hschraeder@msmu.edu or 213.477.2761 or visit www.msmu.edu/statusofwomen.

FROM THE REGISTRAR'S OFFICE

Fall 2016 Schedule is on Web Advisor; make a plan, see your advisor, clear your HOLDS



Tuesday, March 15—Reg for Juniors (students with 60 or more completed units).

Wednesday, March 16—Reg for Sophomores (students with 30 or more completed units)

Thursday, March 17—Reg for Freshmen

Friday, March 18—Reg for Chalon classes

March 21-25 Black Out Week.

(No registrations while waitlists are attended to.)

Mar 25 Good Friday (no classes; college closed)

Mar. 28 Easter Monday (no AA classes)

April 4 Registration for Summer School begins

Finals Week begins May 2

Fluent in Spanish?

Ready to use it in a professional career?

Consider an

AA in Spanish Latin American Studies

This degree is for students interested in becoming interpreters, translators, teachers, librarians, or any profession focused in serving the Latino community. 60 units, 27 of which are from an array of Spanish, health, culture, business, and other related subjects. Talk to your advisor if interested.



MARCH 2016

Classes begin
March 7th

Mount Saint Mary's
University
LOS ANGELES
Sports & Wellness

GROUP EXERCISE

FREE exercise sessions for all skill levels! All MSMU Faculty, Staff, and Students are welcome!



CHALON

Mondays	Tuesdays	Wednesdays	Thursdays
Circuit Training Angela 5:30-6:20pm Tennis Court	No Sessions	Zumba Gabby 3:35pm DH309 Yoga Loren 5:15-6:05pm DH309	Cycling* Diana 5-5:50pm DH309

*Cycling spaces are limited to 12. Call the Fitness Center at (310) 954-4345 the day of the class to reserve your bike!

DOHENY

Mondays	Tuesdays	Wednesdays	Thursdays
No Sessions	Hip Hop Kassy 4:30-5:20pm Fitness Center	Circuit Training Brandon 4-4:50pm Fitness Center	Boxing Sal 5-5:20pm Fitness Center

Questions?

Contact Angela Faissal
Afaissal@msmu.edu

Be {UNSTOPPABLE}

Greetings from the Business Office!

Registration and Clearance: Registration for Fall 2016 begins next week. Please contact us for clearance, so you are able to register on time. After registration, please review our clearance policies to avoid late fees during your new semester.



Avni Thakkar: Many of you met Avni at the Business Office, and we are sad to inform you she is no longer at the Business Office. The good news is that she is still working at the Mount! You may now find her at the Institutional Advancement Office in her new role as Donor Relations Manager. We miss her at the Business Office, but we wish her the best in her new position at MSMU.

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 21

March 7, 2016

THIS WEEK

Monday, March 7

10:00 Clothesline Project

Tuesday, March 8

1:00 International Women's Day

1:00 Lunch with the Dean

5:30 Take Back the Night

Wednesday, March 9

7:00pm Self-Defense Class

Thursday, March 10

1:00 Avoiding Plagiarism

5:00 The Hunting Ground

Friday, March 11


12:00 Women's Appreciation Tea

4:00 Athenian Global Cafe

5:30 The Illusionist

Sunday, March 13

10:00 Carondelet Center Invitation



TAKE BACK THE NIGHT

Join us!
March the neighborhood
Speak out supporting victims of violence

Mercy Chapel - Doheny Campus | Tues, March 8 | 5:30 pm
Regular Shuttle times from Chalon Campus: 2:00, 3:00, 4:00 & 4:30 P.M.
Return Shuttles at 6:30, 7:40, 8:35 & 9:30 P.M.
For more information: 213-477-2662 or email ktarrill@msmu.edu

MSMU LA Clothesline Project Week March 8-10, 2016

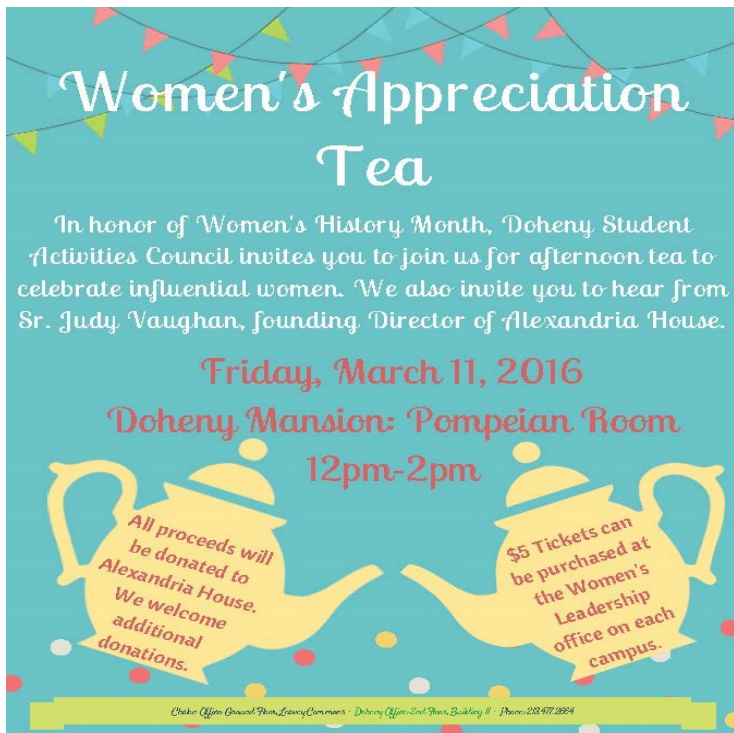
The MSMU LA Clothesline Project is designed to provide empowerment, support, education and a healing tool for survivors of all types of violence.

Upcoming Events during Clothesline Project Week:

- The Clothesline Project with Take Action tables
Donation Drive for Alexandria House
Instagram Pledge to Break the Silence & Stop the Violence
3/8-3/10 Chalon@The Circle and Doheny@Ahmanson 10am-3pm
- Take Back the Night – Wear Mount colors and/or Mount gear!
3/8-Doheny at 5:30pm starting @The Chapel
- Screening of *The Hunting Ground* followed by *pizza* and discussion!
3/9-Chalon@Hannon Theater 5pm; 3/10-Doheny@Rose Hills 5pm
- Self-Defense Class with free pepper spray!
3/9-Doheny@Fitness Ctr 7-9pm 3/10-Chalon@Campus Ctr 7-9pm

For more information about Clothesline Project Week at MSMU, please contact Dr. Christine Catipon at CPS at 310-954-4114 or 213-477-2806.

The MSMU LA Clothesline Project is presented by Counseling and Psychological Services, Community Engagement, Student Success Center, Career Services, Student Health Services, Campus Ministry, Student Programming and Commuter Services, Sports and Wellness, Women's Leadership, Residence Life, Campus Security, and the Title IX office at MSMU.

Women's Appreciation Tea

In honor of Women's History Month, Doheny Student Activities Council invites you to join us for afternoon tea to celebrate influential women. We also invite you to hear from Sr. Judy Vaughan, founding Director of Alexandria House.

Friday, March 11, 2016
Doheny Mansion: Pompeian Room
12pm-2pm

All proceeds will be donated to Alexandria House. We welcome additional donations.

\$5 Tickets can be purchased at the Women's Leadership office on each campus.

Chester Office Ground Floor, Living Commons - Doheny Office End Street Building 8 - Phone: 213-477-2804

Bring your lunch and join Pam Gist on Tuesday, March 8, from 1-2 in the Ahmanson Cafeteria




WELCOME!
Come and See—
You are invited to help us celebrate National Catholic Sisters Week

Open House
with the Sisters of St. Joseph of Carondelet

The Sisters of St. Joseph invite you to join them for Liturgy Sunday, March 13, 10:00a.m. followed by social and refreshments at **Carondelet Center**, 11999 Chalon Rd, 310-889-2100

City of Angels Café

≡ MARCH 15 ≡

DOHENY STUDENT QUAD

@ 1:30 p.m.

Student Affairs and the Doheny Student Activities Council invite you to join us at City of Angels Café for an afternoon of poetry and musical performances!

Want to Perform?

Call 213.477.2664 or visit Building 11, Room 200



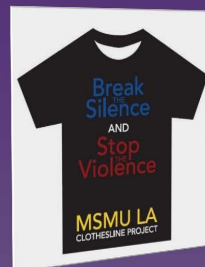
Free churros and coffee will be provided!
Performers will receive a special gift!



Interested in the help provided at

PARENTING STUDENT PROGRAM

Contact Bharpreet Sidhu bsidhu@msmu.edu
In the Student Success Center, Bldg 2.



Your body is more capable
than you think.

FREE SELF DEFENSE WORKSHOP

Wednesday, March 9th 7:00-9:00 PM

@ The Doheny Fitness Center

Thursday, March 10th 7:00-9:00 PM

@ The Chalon Campus Center

Each workshop can only take 16 participants so please RSVP to:

Lconnors@msmu.edu

Avoiding Plagiarism

Thursday, March 10, 1—2
Bldg 4, room
Presented by the Learning Resource Center



FROM THE REGISTRAR'S OFFICE

Fall 2016 Schedule is on WebAdvisor; make a plan.
Feb.—Mar. 11 Get an appointment and meet with your advisor to discuss classes and have the HOLD removed
Wednesday, March 16—Reg for Sophomores
Thursday, March 17—Reg for Freshmen
Friday, March 18—Reg for Chalon classes

Good Friday (no classes; college closed) Mar 25
Easter Monday (no AA classes) Mar. 28

ADVISEMENT PERIOD SPRING 2016

February 16th – March 11th

Please be sure to mark your calendars!

Who is my Advisor?

Check your Web Advisor, Student Profile section for your advisor assignment.

Don't forget to make an appointment with your advisor! You **must** meet with your advisor in order to register for your **Fall 2016** classes.

There will be no Drop-in hours during Advisement Period



MOUNT IN THE CITY presents

Athenian Global Café Friday, March 11,
in the cafeteria 4—5:30



The Illusionists Witness the Impossible

Friday, March 11, 5:30

RSVP at Hannon 123
Bring your MSMU student ID & a \$10 refundable deposit

Join us to celebrate
Women's History Month!

Girl Rising Film Screening

A Global Campaign for Girls' Education
Thursday, March 17, 5:30—8:30,
Rose Hills Auditorium



Campus Security Safety Tips- Week Six: Disaster Preparedness- Tip 3 Did you know?

According to U.S. Geological Survey (USGS):

- The earliest recorded evidence of an earthquake has been traced back to 1831 BC in the Shandong province of China, but there is a fairly complete record starting in 780 BC during the Zhou Dynasty in China.
- The hypocenter of an earthquake is the location beneath the earth's surface where the rupture of the fault begins. The epicenter of an earthquake is the location directly above the hypocenter on the surface of the earth.
- The percentage of a stronger quake after a large quake is 5 to 10 percent over seven days following a quake.
- Aftershocks with magnitudes ranging from 3 to 5 are expected to be relatively common over the days or even months following an earthquake.
- The San Andreas fault is NOT a single, continuous fault, but rather is actually a fault zone made up of many segments. Movement may occur along any of the many fault segments along the zone at any time. The San Andreas fault system is more than 1300 km (800 miles) long, and in some spots is as much as 16 km (10 miles) deep.



It's no secret that earthquakes are unpredictable and that is why it's so important to have emergency supplies. Visit the Campus Security portal page, for a 10% online discount code for SOS Emergency Supplies. You will also find helpful resources dedicated to providing emergency management



information.

Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive

Coming Soon:

Honor the Sisters of St. Joseph

CSJ Appreciation Day

Wednesday, March 16, 2:30

Chalon Campus Center

President's Invitation to Serve

Saturday, April 2

RSVP at msmu.edu/invitationtoserve/ or 213-477-2662

save the date
CSJ WEEK

Thursday, March 10 to Saturday, March 19

Join the entire Mount Saint Mary's University community in saying thank you to and connecting with our Sisters as we celebrate our charism and patron saint.

Co-Sponsored by:

Campus Ministry | CSJ Institute | Division of Student Affairs | Office of the President

Student Handbook Cover Contest

Submit design by March 8. Win \$100.00

<https://welcome.msmu.edu/student-life/student-programming/pages/covercontest.aspx>



Planning to make an
Inter-Program Change
to the Chalon Campus
for Fall 2016?

Due March 9

Information and form:

<https://www.msmu.edu/undergraduate-associate-programs/inter-program-transfer-procedures/>

Press application at the bottom of the page, fill in the application, and press submit to have it processed.

(Students entering or continuing in the Liberal Studies Major in the baccalaureate program must make an appointment with Sister Kieran Vaughan, Director, Liberal Studies Major, in order to have their Inter-Program Change form signed/approved. kvaughan@msmu.edu, 213-477-2628.

Celebrate International Women's Day



Join Women's Leadership and Student Involvement to Celebrate International Women's Day! With photos, fun facts, and free food!

Show us that you are following
@msmuleadership on Instagram to get a
***free slice of pizza**

When: Tuesday, March 8th

Where: Ahmanson Patio

Time: 1-2pm

**while supplies last*



CAMPUS MINISTRY

Rice Bowl collection:

bowls in the chapels, brochure racks & around campus



Lenten #MercyMondays with Cookies and Mercy Bags

Monday at 2:00pm in the CM offices

Take a cookie, take a Mercy Bag!

Contact Campus Ministry!

campusministry@msmu.edu x4125 (Chalon) x2672 (Doheny)

SUMMER SCHOOL @ THE MOUNT FOR TRADITIONAL UNDERGRADS ONLY \$85 PER UNIT

May 16 - June 23
Monday through Thursday
Doheny Campus

In Person 8:00 am - 10:00 am	POL 1 American Government & Institutions (GS IIIIG) ENG 1B Freshman English (GS IA)
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Community Assistants

- help with daily operations
- give customer service
- be a resource for others



Apply at Hannon 123 or email sghoubrial@msmu.edu

"The Hunting Ground" Movie Screening @ the Mount?

About the Film: An Oscar-nominated documentary, **THE HUNTING GROUND**, takes audiences straight to the heart of a shocking epidemic of violence and institutional cover-ups sweeping across college campuses across America, and the devastating toll they take on students and their families. The film follows two courageous activists as they unmask a nationwide cover-up. For more information visit:

<http://www.thehuntinggroundfilm.com/>

When:

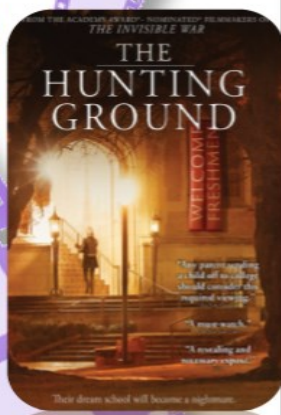
- Wednesday (Chalon) March 9th
- Thursday (Doheny) March 10th
- *5-8pm (Both days)

Where:

- Hannon Theatre, Chalon Campus
- Rose Hills Auditorium, Doheny Campus

*Following the film there will be a panel discussion accompanied by food and refreshments.

Sponsored by the Violence Prevention Committee.



The Report ON THE Status
OF Women and Girls IN CALIFORNIA™

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Breakfast provided at all three locations.

RSVP is required whether attending the event at the Skirball or live streaming on campus.

For more information, contact Heather Schraeder, Director of Special Events and Public Programs at hschraeder@msmu.edu or 213.477.2761 or visit www.msmu.edu/statusofwomen.

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Ready to use it in a professional career?

Consider an

AA in Spanish Latin American Studies

This degree is for students interested in becoming interpreters, translators, teachers, librarians, or any profession focused in serving the Latino community. 60 units, 27 of which are from an array of Spanish, health, culture, business, and other related subjects. Talk to your advisor if interested.



Greetings from the Business Office!

Registration and Holds: Registration for Fall 2016 will begin March 14, 2016 and will be open through August 21, 2016 – refer to your academic counselor for your specific registration time and date. Please note a Business Office hold will prevent registration, so be sure to clear your account in order to register for your courses on time!

Financial Clearance Deadlines: As you register for Fall 2016, keep in mind that your student account must be financially cleared for that term by: June 8th (returning students); August 10th (new Doheny students and Chalon transfer students); or by July 13th (new Chalon students).

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 20

February 22, 2016

THIS WEEK

ADVISEMENT CONTINUES
BLACK HISTORY MONTH CONTINUES

Monday, February 22

- 1:00 Legacy and Heritage
- 1:00 Using Grammarly
- 8:15 Casa Magnifica

Tuesday, February 23

- 1:00 Healthy Relationships
- 4:30 Hip Hop
- 6:30 Volleyball Glow

Wednesday, February 24

- 12:00 Circuit Training
- 5:30 Dear White People

Thursday, February 25

- 11:30 Day of Solidarity—
wear black

Friday, February 26

Spring Break
February 29—March 4
No AA Classes; University Offices Open

Monday, March 7

Classes Resume



BLACK HISTORY MONTH DOHENY CAMPUS

Tuesday, February 23, 2016

A SHARED LEGACY AND HERITAGE

with Augustus Stone, Contemporary African -American Griot
1:00 – 2:00 p.m. in Rose Hills Auditorium

Wednesday, February 24, 2016

MOVIE SCREENING OF "DEAR WHITE PEOPLE"

Q and A and Panel Discussion
5:30 p.m., Rose Hills Auditorium
(Soul Food Lunch Menu Available in Ahmanson Commons)

Thursday, February 25, 2016

DAY OF SOLIDARITY "ALL WEAR BLACK"

Performance by African Dancers
11:30 – 1:30 p.m.
Soul Food, Patio - Ahmanson Commons

COMING IN MARCH 2016

Women in Business Panel

Speaker/Author Lawrence Ross: "Black Balled: The Black and White Politics of Race"

Healthy Relationships

When in doubt, talk it out!

TUESDAY, February 23rd, 1:00pm - 2:00pm
Doheny: Building 4, Room 114

Learn to communicate
your needs!



FREE cupcakes and
strawberries dipped
in Nutella!

Co-Hosted by:

Counseling and Psychological Services: 213-477-2668
& The Student Success Center: 213-477-2832

GLOW IN THE DARK VOLLEYBALL

Doheny: Tuesday, Feb. 23rd 6:30 PM
Chalon: Wednesday, Feb. 24th 6:30 PM
@ The Fitness Center Courts

Wear a white or neon shirt!

RSVP online with a team or
just yourself!

www.surveymonkey.com/r/5N8WWRZ



Mount Saint Mary's
University
LOS ANGELES
Sports & Wellness

Roast Marshmallows and Make S'mores



Using GRAMMARLY

Monday, Feb. 22, 1—2

Bldg 4 –118

The workshop is meant to help students learn how to use Grammarly as a tool during the writing process.

February is... **National Heart Month**

**BE MINE
FOR LONGER!**

GET MOVING

EAT WELL

MAINTAIN A HEALTHY WEIGHT

STOP SMOKING

GET A CHECK UP

Schedule an appointment to "KNOW YOUR NUMBERS"
For vital signs, height, weight and body mass index in
Student Health Services

PART OF THE
**PASSPORT
SECOND CHANCE
RAFFLE!**

For more information contact Student Health Services at 310.954.4110 or 213.477.2685

IT'S NOT TOO LATE
TO PARTICIPATE

DON'T MISS THIS OPPORTUNITY TO WIN a FitBit Surge!
All previous raffle entries will be kept will be eligible for a second drawing in mid-April.

FROM THE REGISTRAR'S OFFICE

Spring Break Feb. 29—March 4

College Offices will be open during break

Fall 2016 Schedule is on WebAdvisor; make a plan.
Feb.—Mar. 11 Get an appointment and meet with your
advisor to discuss classes and have the HOLD removed
Mar. 14—18 Registration for Fall classes begins

Good Friday (no classes; college closed) Mar 25

Easter Monday (no AA classes) Mar. 28

ADVISEMENT PERIOD

SPRING 2016

February 16th – March 11th

Please be sure to mark your calendars!

Who is my Advisor?

Check your Web Advisor, Student Profile
section for your advisor assignment.

Don't forget to make an appointment with
your advisor! You **must** meet with your
advisor in order to register for
your **Fall 2016** classes.

There will be no Drop-In hours during Advisement Period



Parenting Student Program

NOTHING WILL BE IMPOSSIBLE FOR YOU

{ UNSTOPPABLE }

In collaboration with the student success center, we aim to foster a community within the parenting student population so that we may empower, support, and thrive as Athenians who are undoubtedly unstoppable.

How can we help?

Academic Success- Struggling with classes?

We are here to help brainstorm and map out a plan for success!

Balance- Trying to balance the demands of college life and parenthood?

We are here to help discuss resources available to you and your family needs.

Other Concerns- Need help interpreting information from campus offices? (Business office, Financial Aid, etc.)

We will make sure that you are connected to the right person to help you.

Please feel free to stop by whether it be alone, or with your child. We look forward to meeting you!

Student Success Center

Bldg 2, Doheny

Coordinator: Bharpreet Sidhu

Bs Sidhu@msmc.edu

Office Hours: Tuesday/Thursday 9:00 am- 2:00 pm

Possible evening or Saturday appointment times available.

Sponsored by the Student Success Center

JOB & INTERNSHIP FAIR



Save the date!

Tuesday February 23, 2016

12:00PM—3:00PM

Chalon Campus Center

Graduating? Looking for a Job?

Need an Internship?

**OPPORTUNITIES FOR ALL MAJORS
& CLASS LEVELS!**

Mount Saint Mary's
University
LOS ANGELES
Career Services &
Internships

[f MSMUHireAthenians](#) | [MSMU_CareerServices](#)

[in Mount Saint Mary's University: Students & Alumnae](#) | [MountCareerNetwork.com](#)

Chalon Campus | Humanities 401 | (310) 954-4410 | Doheny Campus | Bldg. 11, Rm 213 | (213) 477-2688

MOUNT IN THE CITY presents

**The
Illusionists
Witness the Impossible**

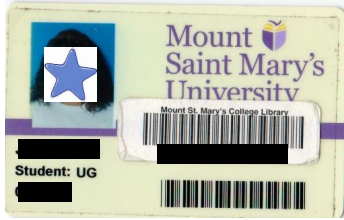
Friday, March 11, 5:30

RSVP at Hannon 123
Bring your MSMU student ID & a \$10 refundable deposit



Campus Security Safety Tips- Week Seven: Student ID Requirement

For your safety all students are required to carry their MSMU ID at all times. Students are also required to present their ID card upon request from MSMU Officials. The MSMU ID card is necessary at Food Services, Health Services, Library use, access to Fitness facilities, University sponsored events, check cashing in the Business Office, checking out items at the Residence Desk, picking up mail packages, boarding the Shuttle, and for security purposes. If you lost your MSMU ID, replacement cards may be obtained in the Food Services Office for \$12 with the same picture or \$15 with a new picture. The MSMU ID card also serves as the resident student meal card. MSMU ID cards are only valid when affixed with a sticker indicating the current semester and year. An ID may be required for any MSMU service.



Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive



Mount Saint Mary's University
LOS ANGELES

**2016-2017
STUDENT
HANDBOOK
COVER
CONTEST**

EMAIL: studentprogramming@msmu.edu
PHONE: (310) 954-4120

**APPLICATIONS
AVAILABLE
ONLINE**

<https://welcome.msmu.edu/student-life/student-programming/Pages/CoverContest.aspx>

**SUBMIT DESIGN
BY MARCH 8**

**LEAVE YOUR
LEGACY AT
THE MOUNT**

**WIN
\$100**



**Planning to make an
Inter-Program Change
to the Chalons Campus
for Fall 2016?**

Information and form:
[https://www.msmu.edu/
undergraduate-associate-programs/
inter-program-transfer-procedures/](https://www.msmu.edu/undergraduate-associate-programs/inter-program-transfer-procedures/)

Press application at the bottom of the page, fill in the application, and press submit to have it processed.

(Students entering or continuing in the Liberal Studies Major in the baccalaureate program must make an appointment with Sister Kieran Vaughan, Director, Liberal Studies Major, in order to have their Inter-Program Change form signed/approved. kvaughan@msmu.edu, 213-477-2628.

CAMPUS MINISTRY

See what Casa Magnifica residence hall is like Monday at 8:15pm for dessert and on Tuesday at 8:15pm for prayer with Sr. Margaret.

Rice Bowl collection:
bowls in the chapels, brochure racks
& around campus



This Lent, make some sacrifices for the poor! Give up something you don't need and put that money in your Rice Bowl, so that Catholic Relief Services can assist refugees from war zones, people suffering from natural disasters and poverty, all around the world, without regard for nationality or religion. <http://www.crsricebowl.org/>

Lenten #MercyMondays with Cookies and Mercy Bags

Monday at 2:00pm in the CM offices

Take a cookie, take a Mercy Bag! In addition, pick up a MYLAR THERMAL BLANKET during the month of February for the homeless you encounter. The blanket is lightweight, water resistant and compact so it fits right into the Mercy Bag!

Contact Campus Ministry!

campusministry@msmu.edu x4125 (Chalons) x2672 (Doheny)

PRAYER FOR MIDTERMS

Loving God, be with me now,
as I prepare for my exams.

Thank you for the many talents and gifts you have given me and for the opportunity of education.

Calm my nerves and anxiety, help me to remember all that I have studied, to express it clearly and to answer the questions the very best that I can.

Holy Spirit, sit with me in my exam- and always.
In Jesus' name. Amen

MSMU LA
Clothesline Project Week
March 8-10, 2016

The MSMU LA Clothesline Project is designed to provide empowerment, support, education and a healing tool for survivors of all types of violence.



Upcoming Events during Clothesline Project Week:

- **The Clothesline Project**
(3/8-3/10, Chalon and Doheny, 10:00 am-3:00 pm)
- **Donation Drive for Alexandria House**
(3/8-3/10, Chalon and Doheny, 10:00 am-3:00 pm)
- **Instagram Pledge to Break the Silence & Stop the Violence**
(3/8-3/10, Chalon and Doheny, 10:00 am-3:00 pm)
- **Take Back the Night** – Wear Mount colors and/or Mount gear!
(3/8, Doheny, starting at 5:30 pm)
- Screening of **The Hunting Ground** followed by pizza and discussion!
(3/9 at Chalon; 3/10 at Doheny; both days starting at 5:00 pm)
- **Self-Defense Class** with free pepper spray!
(3/9 at Doheny; 3/10 at Chalon)
- **Bystander training, food, and much more!**

The MSMU LA Clothesline Project is presented by Counseling and Psychological Services, Student Success Center, Career Services, Student Health Services, Campus Ministry, Student Programming and Commuter Services, Sports and Wellness, Women's Leadership, Residence Life, Campus Security, and the Title IX office at MSMU.

For more information about The Clothesline Project, please visit
<http://www.clotheslineproject.org/>

For more information about Clothesline Project Week at MSMU, please contact
 Dr. Christine Catipon at CPS at 310-954-4114 or 213-477-2806.

Week Five: 20 Ways to Promote Civility and Respect -

6. Conflict can be healthy if expressed appropriately. Make sure it's a discussion about the ideas or the behaviors, not about the person... You can say "I don't support or like (description of the behavior)" so the comment is not about the individual.
7. Remember that you are not always right- and others are not always wrong.
8. Whatever view you feel strongly about, another may feel just as strongly against... and that's okay. Although high emotion is not necessarily the mark of incivility, remember that it may cause a conversation to escalate in unproductive ways.
9. Tone of voice matters.
10. Work collaboratively with your class. Colleagues and friends to define and apply respectful behaviors.



THINK CIVILITY
 The Mount Civility Project

Chalon Student Activities Council Presents

Mount Community Night

Hannon Theater | FEB 25, 2016 | 6:30 PM

Poetry	Dance	Song	Talent
--------	-------	------	--------

Follow us on Instagram @ChalonSAC



GRADUATING?

All you need to know : dates, tickets, ordering cap and gown, and more

MSMU.edu homepage, scroll to the bottom, click on the commencement picture.



FEBRUARY 2016

Classes begin February 8th

Mount Saint Mary's University
 LOS ANGELES
 Sports & Wellness

GROUP EXERCISE

FREE 50-minute exercise sessions for all skill levels! All MSMU Faculty, Staff, and Students are welcome!

DOHENY

Mondays	Tuesdays	Wednesdays	Thursdays
No Sessions	Hip Hop Kassy 4:30-5:20pm Fitness Center	Circuit Training Brandon 12-12:50pm Fitness Center	No Sessions

Be {UNSTOPPABLE}

Questions?
 Contact Angela Faissal
 afaissal@msmu.edu
 (310) 954-4452

THE FACES OF THE MOUNT

The Athenian Print

Read more on theathenianprint.wordpress.com

Greetings from the Business Office!

Good luck with midterms and have a safe and fun spring break! The Business Office will be open regular office hours during the break, feel free to contact us with your questions.

Did you know the Business Office is on Facebook? Our Facebook page is a great way to keep current for students, alums, and parents. Keep up with current deadlines, events, and the latest policies. Like us on Facebook to get reminders about upcoming deadlines and events:

www.facebook.com/MSMUBusinessOffice.

Businessoffice@msmu.edu

213-477-2540

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 19

February 16, 2016

THIS WEEK

Tuesday, Feb. 16

12:30 Sacrament of Penance

1:00 Lunch with the Dean

Wednesday, Feb. 17

1:00 Developing a Thesis

Thursday, Feb. 18

10:30 Frankie Lennon's Battles

12:15 Town Hall

Friday, Feb. 19

Come Join the Crowd!

You're invited to Celebrate and
Launch

Frankie Lennon's New Book...

Battles-

More Stories from Mee Street

A Black History Month Event

Thursday, February 18th 10:30-

noon

Thomas McCarthy Library

MSMU-Doheny Campus

Books Available for Purchase with Author's Signature

Battles:
More Stories from Mee Street



Frankie Lennon

come meet MSMU alums!



GUEST SPEAKERS

ESTRELLA RAMIREZ '10, '12
Child Therapist at Hollygrove
Baccalaureate: Psychology
Minor: Child Development
Master: Counseling Psychology

CHRISTINA MELLINI '08
Teacher at Disney Studios
Baccalaureate: Child Development

ANGELA STERN, '81, '13
Principal/ Enterprise Leader at Mercer
Baccalaureate: Business
Master: Business Administration (MBA)

SYLVIA GUTIERREZ '04
Associate Director at Team One
Baccalaureate: Art, Business Administration

ROXANNE ROMUROS '09
Nurse at Kaiser Permanente
Associate: Pre-Health
Baccalaureate: Nursing
Master: Nursing-Leadership and Administration (In-Progress)

feb. 16

1 p.m. to 2 p.m.
Rose Hills
Auditorium

free food
panda express

Sponsored by
The Student Success Center,
Alumnae Relations, Community
Engagement, and Career Services



Lunch
with the
AA Dean

Lunch with the AA Dean, Pam Gist

Tuesday, February 16, 1—2
Ahmanson Cafeteria, Doheny Campus

Bring your lunch, your questions, your
concerns, etc.

Doheny Shuttle Stop

TOWN HALL



February 18 12:15– 1pm

Donohue Center
(Doheny Campus)

Dear Athenians,

The Doheny Shuttle Stop was recently re-located to the AAA parking lot. Many students have voiced their concerns and SGA is currently working to find a solution to this issue. We want to hear from you! Please join us for our Town Hall to voice your concerns and get answers. You can also fill out the survey at:

<https://orgsync.com/54082/forms/184345>

Healthy Relationships

When in doubt, talk it out!

TUESDAY, February 23rd, 1:00pm - 2:00pm
Doheny: Building 4, Room 114

**Learn to communicate
your needs!**



**FREE cupcakes and
strawberries dipped
in Nutella!**



Co-Hosted by:
Counseling and Psychological Services: 213-477-2668
& The Student Success Center: 213-477-2832

FROM THE REGISTRAR'S OFFICE

Fall 2016 Schedule is on WebAdvisor; make a plan.
Feb.—Mar. 11 Get an appointment and meet with
your advisor to discuss classes and have the HOLD removed
Mar. 14—18 Registration for Fall classes begins

Developing a Thesis

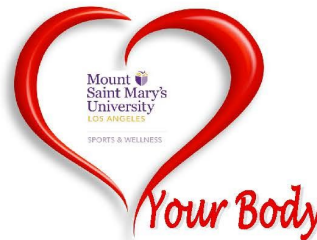
A workshop by
Lula Livanis and Eric Dinsmore
Come and learn the easy way to
write your essay

Wednesday, Feb. 17,

1:00, 4-118



Love Your Body Campaign



February 8th - 11th

Chalon: Circle & Fitness Center

Doheny: Café & Fitness Center

Come out and tell us what you love about you!

**Keep calm
and
love your
Body!**

JOB & INTERNSHIP FAIR



Save the date!

Tuesday February 23, 2016
12:00PM—3:00PM
Chalon Campus Center

Graduating? Looking for a Job?
Need an Internship?
OPPORTUNITIES FOR ALL MAJORS
& CLASS LEVELS!

Mount Saint Mary's University
LOS ANGELES
Career Services & Internships
f MSMUHireAthenians | MSMU_CareerServices
in Mount Saint Mary's University: Students & Alumnae | MountCareerNetwork.com

Chalon Campus | Humanities 401 | (310) 954-4410 | Doheny Campus | Bldg. 11, Rm 213 | (213) 477-2688

ADVISEMENT PERIOD SPRING 2016

February 16th – March 11th

Please be sure to mark your calendars!

Who is my Advisor?

**Check your Web Advisor, Student Profile
section for your advisor assignment.**

Don't forget to make an appointment with
your advisor! You **must** meet with your
advisor in order to register for
your **Fall 2016** classes.

There will be no Drop-In hours during Advisement Period

MOUNT IN THE CITY presents

**The
Illusionists**
Witness the Impossible
Friday, March 11, 5:30

RSVP at Hannon 123
Bring your MSMU student ID & a \$10 refundable deposit



What's in your emergency disaster kit?

Being prepared for a disaster can not be stressed enough. Having a plan and emergency disaster supplies are extremely important to your safety. The supplies you have should be able to get you through at least 3-5 days. Remember in the event of a major disaster like an earthquake you may need to stay in the same location for a few days until emergency services arrive.

Ready.gov recommends the following items to have in your emergency disaster kit:

- **Food, at least a three-day supply of non-perishable food**
- **Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both**
- **Flashlight and extra batteries**
- **First aid kit**
- **Whistle to signal for help**
- **Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- **Moist towelettes, garbage bags and plastic ties for personal sanitation wrench or pliers to turn off utilities**
- **Manual can opener for food**
- **Local maps**
- **Cell phone with chargers, inverter or solar charger**

For more information on safety visit Campus Security Portal page. There you will find helpful resources dedicated to providing emergency management information. You can also find a 10% online coupon code for SOS emergency products.

Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive



Planning to make an Inter-Program Change to the Chalon Campus for Fall 2016?

Information and form:
<https://www.msmu.edu/undergraduate-associate-programs/inter-program-transfer-procedures/>

Press application at the bottom of the page, fill in the application, and press submit to have it processed.

CAMPUS MINISTRY

Rice Bowl collection:
 bowls in the chapels, brochure racks & around campus



This Lent, make some sacrifices for the poor! Give up something you don't need and put that money in your Rice Bowl, so that Catholic Relief Services can assist refugees from war zones, people suffering from natural disasters and poverty, all around the world, without regard for nationality or religion. <http://www.csricebowl.org/>



Sacrament of Reconciliation on the Grass at Doheny: Tuesday, February 16, from 12:30 – 2pm

This Lent, let God bring peace and joy to your heart in the Sacrament of Reconciliation. At the services, listen to God speaking to you in the scriptures and pray with other students. You can also take the opportunity to go to confession with a priest.

Lenten #MercyTuesdays with Cookies and Mercy Bags

Tuesday (because of the holiday) at 2:00pm in the CM offices

Take a cookie, take a Mercy Bag! In addition, pick up a MYLAR THERMAL BLANKET during the month of February for the homeless you encounter. The blanket is lightweight, water resistant and compact so it fits right into the Mercy Bag!

The Chapels

Our Lady of Mercy and Mary Chapels are quiet spaces open daily from 6am - 10pm.

Write a prayer, meditate in front of the tabernacle, or sit enjoying the quiet.

"Questions?"

Contact Campus Ministry!
campusministry@msmu.edu
 x4125 (Chalon) x2672 (Doheny)

February is... National Heart Month

BE MINE FOR LONGER!

GET MOVING

EAT WELL

MAINTAIN A HEALTHY WEIGHT

STOP SMOKING

GET A CHECK UP

Schedule an appointment to "KNOW YOUR NUMBERS" For vital signs, height, weight and body mass index in Student Health Services

PART OF THE
PASSPORT
 SECOND CHANCE
 RAFFLE!

For more information contact Student Health Services at 310.954.4110 or

IT'S NOT TOO LATE TO PARTICIPATE

DON'T MISS THIS OPPORTUNITY TO WIN a FitBit Surge!
 All previous raffle entries will be kept will be eligible for a second drawing in mid-April.



CPS Tip of the Week



Love in the air this month and Counseling & Psychological Services wants you to fall in love.....with YOUR-SELF!

To increase your self-love, pick up a copy of the complete "February Self-Love Challenge" in front of the CPS office. One of this week's Self-Love Challenges was:

Day 16: Write a note to yourself that explains why you are fabulous!



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



STUDENT health101™ VIDEOCONTEST

Enter the Student Health 101's #ShareTheHealth video contest! They're looking for outgoing, enthusiastic students or student groups that are interested in filming entertaining and informative videos for Student Health 101.

FOR CONTEST RULES AND MORE VISIT:

www.studenthealth101.com/videocontest.html

THE DEADLINE TO SUBMIT YOUR VIDEO IS
FEBRUARY 20, 2016

For more information contact Student Health Services
310.954.4110 or 213.477.2685

PRIZES



1st Place: \$500

2nd Place: \$300

3rd Place: \$100

Week Four "20 Ways to Promoting Civility and Respect" (1-5)

1. Model the behavior you would like to see from others. Do unto others as you would have them do unto you.
2. Do not let you silence condone disrespectful behavior, yet consider carefully when and where to speak up,
3. Without giving up your own convictions, accept that disagreement will exist.
4. Don't take your stress out on those around you. Use the counseling resources for students and employees.
5. Be a respectful listener.



THINK CIVILITY
The Mount Civility Project

YOU ARE THE FUTURE OF SGA!



Want to make a difference on campus?



Want to represent your fellow Athenians?



Want to increase your leadership skills?



**Applications to run for SGA
2016-17 now open!**

Questions? E-mail
leadership@msmu.edu



@SGA_MSMU

#futureofSGA

We are looking for....

Community Assistants



- Help with daily operations at the Residence Desk or Residence Life Office.
- Provide excellent customer service for residents who need to check out items.
- Be a resource to students, staff, faculty, and guests who are touring the residence halls.

For more information and to apply simply visit the Residence Life Office (Hannon 123) or email sghoubrial@msmu.edu



Greetings from the Business Office!

Statement of Account:

Remember to review your monthly statement on CASHNet. Students receive an updated copy on the 5th of each month, and it is advisable to review it for any updates or for transactions recently posted to your account.

Authorized Users: If you would like to complete the Business Office Family Educational Rights and Privacy Act (FERPA) to authorize a parent, sponsor, or friend to access your account, please follow these steps: 1) Log in to CASHNet 2) Under "Authorized User Pin" click on "Add New" and 3) Complete and save the online form.

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 18

February 8, 2016

THIS WEEK

Monday, February 8

11:00 Women's Leadership

11:30 Lunar New Year

Tuesday, February 9

11:30 Mardi Gras

12:00 Disaster Preparedness

1:00 Interprogram Change
Workshop

Wednesday, Feb. 10

10:30 Study Abroad

1:00 Reading to Learn

4:30 Ash Wednesday Mass

7:30 Ash Wednesday Prayer

Thursday, Feb. 11

1:00 Sweet Sale

1:00 Valentine Event

Friday, Feb. 12

Saturday, Feb. 13

4:00 Global Café

7:00 Movie Night

Monday, February 15
Presidents' Day Holiday
College is closed.



Tuesday, Feb. 16

Classes Resume



Planning to make an Inter-Program Change to the Chalon Campus for Fall 2016?

Attend info session:
Tuesday, February 9, 1:00
Donohue Center

- ◇ Learn about the requirements to inter-program change to the Chalon Baccalaureate program
- ◇ Gather information about the Learning Assistance Program at Chalon
- ◇ Be informed about faculty guided tours at Chalon
- ◇ Have questions answered

CAMPUS MINISTRY

MERCY MONDAY COOKIES & CARE PACKS

February 8th, 2:00pm, House 7

Enjoy freshly-baked cookies with your friends!
Then, take a care package with you to share with anyone in need whom you encounter.

MARDI GRAS

Tuesday, Feb. 9th, 11:30

Ahmanson Commons

Celebrate Mardi Gras with
your friends and Campus
Ministers. Treats, crafts, and more!



ASH WEDNESDAY

Wednesday, February 10th,

Mercy Chapel

4:30 p.m., Mass

7:30 p.m., Prayer Service



"Questions?

Contact Campus Ministry!

campusministry@msmu.edu

x4125 (Chalon) x2672 (Doheny)

READING TO LEARN WORKSHOP WEDNESDAY, Feb. 10, 1—2 Bldg 4, Rm. 202



Many college students discover that there is significantly more to read in college than there was in high school. Students frequently remark that they don't have enough time to read through all of their assignments during the week. This workshop is designed to show you how to read and re-read the text until you understand the concept of what exactly is going on.

Given by Brandon Roberson, Director of LRC
213-477-2690

At Chalon

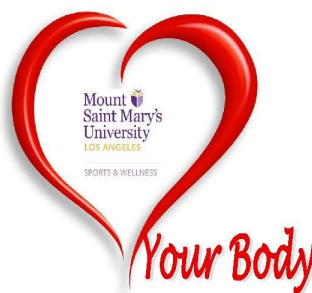
You're invited to the Job Fair Prep & Resume Workshop

Feb. 16th from 1 - 2
Humanities Room 403

Healthy Relationships

Feb. 17th from 5:30—6:30
Humanities, Room 302

Love Your Body Campaign



February 8th - 11th

Chalon: Circle & Fitness Center

Doheny: Café & Fitness Center

Come out and tell us what you love about you!

Keep calm
and
love your
Body!

MSMU STUDY AWAY INFO SESSIONS

WEDNESDAY

Feb. 10 Doheny Bldg. 4, 206

10:30-11:30am

THURSDAY

Feb. 11 Chalon H402

1-2pm



Gabby Ybiernas

MSMU Study Away Ambassador
Costa Rica, CEA

Light lunch and
Student Panel
featuring:



Kim Johnson

AIFS Alumni Ambassador
Granada, Spain AIFS



Vanessa Alvarado

Newcastle, Australia ISA



Celia Martinez

Barcelona, Spain AIFS



Rebeka Garcia

Granada, Spain AIFS

Questions? Email studyabroad@msmuedu and
follow us @msmu_studyaway



Valentine's Day Event!

Come enjoy the festivities and share some
fun with your loved ones!

When: Thursday

February 11, 2016

Time: 1:00-2:00pm

Where: Ahmanson Driveway

Sponsored by your Doheny
Student Activities Council



Save the Date!!!

Attention !

Doheny Annual
Alum Panel

Tuesday, February 16, 2016

From 1pm to 2pm

Rose Hills Auditorium

Join us for a

LUNAR NEW YEAR celebration

新年快乐

RING IN THE YEAR OF THE MONKEY WITH A TASTE OF AUTHENTIC CHINESE DISHES MADE WITH FRESH, QUALITY INGREDIENTS.


Monday, February 8
11:30 a.m. - 2:00 p.m.
Chalon and Doheny Cafe

www.cafebonappetit.com

BON APPETIT

Come Join the Crowd!
You're invited to Celebrate and Launch
Frankie Lennon's New Book...
Battles-
More Stories from Mee Street

A Black History Month Event
Thursday, February 18th 10:30-noon
Thomas McCarthy Library
MSMU-Doheny Campus
Books Available for Purchase with Author's Signature
Sponsored by MSMU English Dept., Library, Student Affairs, & Sanko



DISASTER PREPAREDNESS



How prepared are you for a disaster? Test your safety knowledge with "Dare to Prepare: Disaster Jeopardy" and play for a chance to enter to win your own survival backpack! Spin the Wheel of Survival Supplies too!

Chalon Tuesday, Feb. 2nd The Circle	12pm-2pm	Doheny Tuesday, Feb. 9th Ahmanson Driveway
--	-----------------	---

Hosted by the Department of Campus Security


Happy Valentine's Day

Sweet Sale

Cupcakes, Candy, Chocolate for \$1.
Swing by to treat your sweet tooth and support the Doheny Business Club.

When: February 11th, 2016
Time: 1:00pm - 2:00pm
Where: In front of Ahmanson Commons

Enter for a chance to win FREE Sweets
Text SWEETS to (443) 818-9315



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BE MINE FOR LONGER!

GET MOVING

EAT WELL

MAINTAIN A HEALTHY WEIGHT

STOP SMOKING

GET A CHECK UP



Schedule an appointment to "KNOW YOUR NUMBERS" For vital signs, height, weight and body mass index in Student Health Services

PART OF THE PASSPORT SECOND CHANCE RAFFLE!

For more information contact Student Health Services at 310.954.4110 or

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DON'T MISS THIS OPPORTUNITY TO WIN a FitBit Surge!
All previous raffle entries will be kept will be eligible for a second drawing in mid-April.

WOMEN'S LEADERSHIP AND STUDENT INVOLVEMENT RESOURCE LIBRARY INFO TABLE

Check out our table to learn more about our resource library and get free treats.

Monday, February 8, 11:00am—12pm
Ahmanson Commons Patio

Raffle opportunities and book mark giveaway!

CPS Tip of the Week



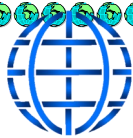
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To increase your self-love, pick up a copy of the complete "February Self-Love Challenge" in front of the CPS office. One of this week's Self-Love Challenges was:

Day 7: Write about what makes you truly happy.



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



Saturday, February 13

and

Movie Night
Hannon 1st Floor

Athenian
Global Café
In Cafeteria 4-

Please bring your MSMU ID when attending events.

"What does it mean to take the Civility Pledge?"

- ♦ Be kind
- ♦ Listen
- ♦ Be inclusive
- ♦ Be respectful
- ♦ Say: "Please" and "Thank You"
- ♦ Be encouraging
- ♦ Respect the privacy of others
- ♦ Be considerate
- ♦ Pay attention



THINK CIVILITY

The Mount Civility Project

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Want to represent your fellow Athenians?



Want to increase your leadership skills?



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Community Assistants

- Help with daily operations at the Residence Desk or Residence Life Office.
- Provide excellent customer service for residents who need to check out items.
- Be a resource to students, staff, faculty, and guests who are touring the residence halls.

For more information and to apply simply visit the Residence Life Office (Hannon 123) or email sghoubrial@msmu.edu



Greetings from the

Business Office!

Work-Study: Our office is hiring! Chalon and Doheny students are both welcome to apply. Send a cover letter and a copy of your resume to MSMU's Bursar, Deborah Lowe, at KLowe@msmu.edu.

CASHNet Payment Plan: If you are enrolled in a Monthly Payment Plan on CASHNet, make on time payments by choosing "Installment Plan Payment" online, or with one of our Associates at the Business Office before the 15th of each month your payment plan is active.

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 17

February 1, 2016

THIS WEEK

Monday, Feb. 1
4:30 Nursing Panel

Tuesday, Feb. 2
12:30 Major/Minor Fair
1:00 Lunch with Dean
2:30 How Do You Lead

Wednesday, Feb. 3
11:00 How Do You Lead



Nursing Panels Spring 2016

Discover what you need to be a successful candidate and learn what the following hospitals have to offer! There will be a panel discussion at each campus, followed by Q&A, and an opportunity to connect individually with the following:

DOHENY:

- Army Nurse Program
- Navy Nursing
- Pacific Alliance Medical Center
- Providence Consortium**
- St. Francis Medical Center PrepStep-RN
- USC University Hospital

DOHENY CAMPUS

February 1, 2016

4:30—6:30 PM

Donohue Center



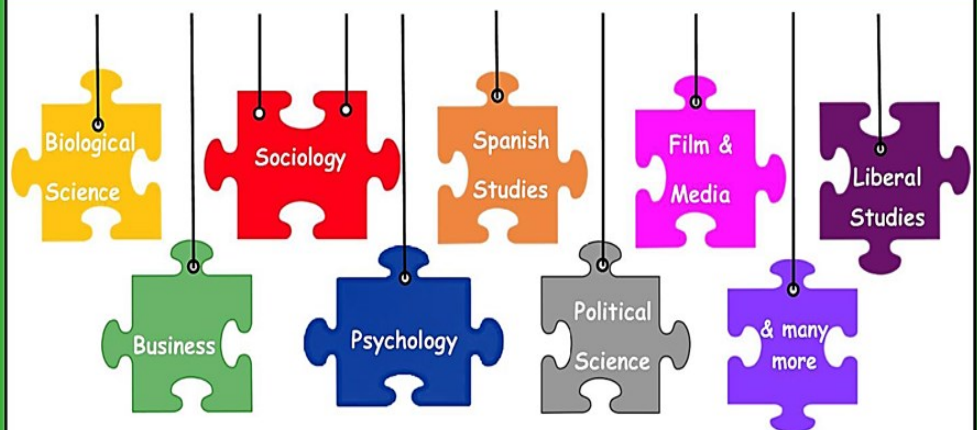
You're Invited!



Lunch with the AA Dean

February 2 and 16
March 8 and 22
April 5 and 19
May 3

Alternate Tuesdays, 1-2pm
Ahmanson Cafeteria
Doheny Campus



Major and Minor Fair

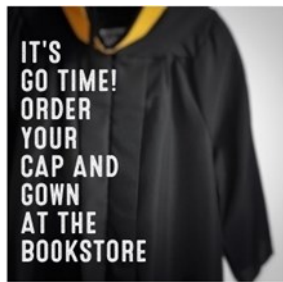
Talk to Major & Minor Representatives • Pick up Program Change Forms • Learn about adding a Major or Minor

Doheny Campus - North Lawn (Next to the Mansion)
Tuesday, February 2nd 12:30pm—2:00pm

explore the possibilities...

Mount Saint Mary's University
LOS ANGELES

GRADUATING?



Commencement will be
Monday, May 9, at 3:00
at the Shrine Auditorium

Order your gown, hat, hood
and tassel at the bookstore.

Questions? See Sr. Carol,

bldg. 2 upstairs

**If you weren't able
to pick up your**

**DEAN'S LIST or HONOR ROLL
CERTIFICATE**
At the reception,

**Please pick it up at Sr. Car-
ol's office,
Bldg 2 upstairs.**



Campus Security Safety Tips- Week Four: Disaster Preparedness- Tip 1

**How prepared are you in the event of a
major emergency on campus?**

**Emergencies are unexpected and are with-
out warning. They are also not all the same.
Being prepared for all emergencies is im-
portant to your safety. How prepared you
are can make all the difference when it's
2am and the ground starts to shake or a
smoke alarm goes off. In those events you
have seconds to know what you will do to
keep yourself safe. Having a plan and items
such as an emergency kit are steps to ensure
your safety. Learn the evacuation location
and procedures for each campus. Every
classroom has Emergency Procedures
posted. Read them, know them and be
ready. You can also visit the Campus
Security page on the Portal for emergency
procedures.**



*Safety Tips are brought to you by the Dept. of Campus
Security. Stay Informed, Stay Alive*

Applying for a Cal Grant? Need your GPA Verified?

Cal Grant GPA Verification forms are available Online at www.calgrants.org.
Forms are **DUE** in the REGISTRAR'S OFFICE NO LATER than **FRIDAY, FEBRUARY 5, 2016**. Forms submitted after this date run the risk of not being processed in a timely manner (by the Cal Grant Deadline of March 2nd) and will have to be picked up and mailed by the student. **Please help us be of better service to you by meeting our February 5th deadline!**

**FAFSA + VERIFIED GPA = A CAL GRANT
APPLICATION.**

***PLEASE NOTE: If you have NOT COMPLETED a minimum of 24 COLLEGE CREDIT units, Mount Saint Mary's University CANNOT verify your GPA.**

Your Cal Grant GPA Verification Form will have to be completed by your High School or Prior College of attendance. ONLY undergraduate students who have not received a baccalaureate degree are eligible to apply. Please plan accordingly.



STUDENT GOVERNMENT ASSOCIATION

Represent student interests next year.

Run for student government!

**Applications to run and candidate
packets coming next Monday!**



Questions?

E-mail leadership@msmu.edu

Greetings from the Business Office!

Credit Balance: Refunds are processed within 10 business days
after the loan disbursement dates and the add/drop deadline.

Enroll in eRefund today on CASHNet to receive your funds as di-
rect deposit. You can also complete the Refund Authorization
Form and roll your credit over to next semester!

1098-T Copies: Tax season is just around the corner! The 1098-T
tax form may be needed for your annual tax filing purposes. The
1098-T form is now available on CASHNet!

Health Insurance Waiver: Do not miss the

January 31 st deadline! Visit msmu.edu/insurance for more
information.

Commuter Mentor Program

Motivate | Share | Inspire | Guide



Help students become unstoppable!

It is simple and fun to become a mentor and get involved!

Requirements:

- A cumulative GPA of 2.5 or higher.
- Must be willing to commit to the position for the entire academic school year.
- Enrolled as a full-time student.

Benefits:

- Connect with other commuter students.
- Meet new people.
- Get involved on campus.
- Learn lessons in citizenship through work with the community.

Monday, February 1st

12:30pm-1:30pm

Hannon Parlor

INFORMATION SESSIONS

Tuesday, February 2nd

1:00pm-2:00pm

Hannon Theater



Student Programming & Computer Services, (310) 954-4120, Studentprogramming@msmu.edu

Looking for a carpool partner?

Zimride provides a private network for MSMU to connect drivers and passengers heading the same way

Sign up for the zimride at:

Zimride.com/MSMULA or

go through your MSMU portal



Planning to make an Inter-Program Change to the Chalton Campus for Fall 2016?

Attend info session:

Tuesday, February 9, 1:00
Donohue Center

- ◇ Hear about the requirements to inter-program change
- ◇ Gather information about the Learning Assistance Program at Chalton
- ◇ Explore faculty guided tours at Chalton
- ◇ Have questions answered

Articles for DOHENY HAPPENINGS are due by noon on Wednesday of the week before the issue. Send to DohenyHappenings@msmu.edu.

Come Join the Crowd!

You're invited to Celebrate and Launch

Frankie Lennon's New Book...

Battles- More Stories from Mee Street

A Black History Month Event
Thursday, February 18th 10:30-noon

Thomas McCarthy Library

MSMU-Doheny Campus

Books Available for Purchase with Author's Signature

Sponsored by MSMU English Dept., Library, Student Affairs, & Sanko



CAMPUS MINISTRY

MERCY MONDAY COOKIES & CARE PACKS January 31, 2:00pm, House 7

Doheny Neighborhood Mass—St. Vincent Church Sundays 7:30am 9am, 10:30am, 12pm, 1:30pm, 5pm

"Questions?

Contact Campus Ministry!

campusministry@msmu.edu

x4125 (Chalon) x2672 (Doheny)

Tweet of the Week
In today's society, in which forgiveness is *so rare*, mercy is ever more important
- Pope Francis

February is... National Heart Month

**BE MINE
FOR LONGER!**

GET MOVING

EAT WELL

MAINTAIN A HEALTHY WEIGHT

STOP SMOKING

GET A CHECK UP

Schedule an appointment to "KNOW YOUR NUMBERS"
For vital signs, height, weight and body mass index in
Student Health Services

PART OF THE
PASSPORT
SECOND CHANCE
RAFFLE!

For more information contact Student Health Services at 310.954.4110 or

IT'S NOT TOO LATE
TO PARTICIPATE

DON'T MISS THIS OPPORTUNITY TO WIN a FitBit Surge!
All previous raffle entries will be kept will be eligible for a second drawing in mid-April.



CPS Tip of the Week

FORGIVE
YOURSELF
FOR NOT
KNOWING
WHAT YOU
DIDN'T KNOW
BEFORE YOU
LEARNED IT.

Love in the air this month and Counseling & Psychological Services wants you to fall in love.....with YOURSELF!

To increase your self-love, pick up a copy of the complete "February Self-Love Challenge" in front of the CPS office. One of this week's Self-Love Challenges was:

Day 4: Write down one thing that you need to forgive yourself for- and then forgive yourself.

Doheny Office: (213) 477-2668
Counseling and Psychological Services
McIntyre, first floor

Week One: What does Civility look like?

Interpersonal: Neglecting to say "Thank You" when someone does something for you (like opening the door).

Cyber Incivility: Uncivil behavior exhibited in computer interaction and other social media (including sending blunt or tense e-mails, etc.)

Victimless: Rude behavior that does not immediately impact another person (not refilling coffee/printer, littering, not asking to borrow something, not cleaning after yourself, etc.)



THINK CIVILITY

The Mount Civility Project

#howdoyoulead Social Media Contest

Women's Leadership and Student Involvement is celebrating 40 years of developing confident and conscientious leaders

Don't have Instagram? Stop by our tables tell us #howdoyoulead in a photo and we will take care of the rest

February 2nd from 2:30-3pm

@Doheny: Ahmanson Patio
@Chalon: Location TBD

February 3rd from 11-11:30am

@Doheny: Ahmanson Patio
@Chalon: Location TBD

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 16

January 25, 2016

THIS WEEK

Monday, Jan. 26

1:30 LEAD Program

4:00 Soccer Club

Tuesday, Jan. 27

1:00 Honor Roll/Dean's
List Reception



Attention:

COMMUTERS

**Come to bldg. 7 for your
2016 SPRING STICKER**

(You're not an official student until
you have the sticker.)



On the Honor Roll or Dean's List?



A Reception
in your honor on
Tuesday, January 26, at 1:00
In the Donohue Center.

See your name on the bulletin board
outside of room 111, bldg. 4
(if your name isn't there and you think it should
be, see Sr. Carol in Bldg 2 upstairs.)

Receive your certificate
A speaker shares her honors
Refreshments

Please plan to come, and
be recognized as scholars!

LEAD Program Information Session

January 26

1:30-2pm

Building 10 Conference Rm. 2



Come learn more about this amazing program and hear from current students.

Women's Leadership & Student Involvement . leadership@msmu.edu . 213.477.2664



Biological Science Sociology Spanish Studies Film & Media Liberal Studies
Business Psychology Political Science & many more

Major and Minor Fair

Talk to Major & Minor Representatives • Pick up Program Change Forms • Learn about adding a Major or Minor

Doheny Campus - North Lawn (next to the Mansion)
Tuesday, February 2nd 12:30pm—2:00pm

explore the possibilities...

Mount Saint Mary's University
LOS ANGELES

SOCCER CLUB

Autumn Johnson, Director of Sports & Wellness, announces that the Soccer Club is recruiting players. Tryouts will be held Tuesday, Jan. 26, 4-5pm at Lanterman School.



Questions? Contact Coach Jessica Gerski
jgerski@msmu.edu

Mount Saint Mary's University

Career Services & Internships



CHALON CAMPUS

January 25, 2016

6:00—8:00 PM

Campus Center

DOHENY CAMPUS

February 1, 2016

4:30—6:30 PM

Donohue Center

Nursing Panels

Spring 2016

Discover what you need to be a successful candidate and learn what the following hospitals have to offer! There will be a panel discussion at each campus, followed by Q&A, and an opportunity to connect individually with the following:

CHALON:

- Army Nurse Program
- City of Hope
- COPE Health Solutions*
- Kaiser Permanente
- Navy Nursing
- Providence Consortium**
- UCLA Health System
- USC University Hospital
- Valley Presbyterian

DOHENY:

- Army Nurse Program
- Navy Nursing
- Pacific Alliance Medical Center
- Providence Consortium**
- St. Francis Medical Center PrepStep-RN
- USC University Hospital

*COPE Health Solutions includes:

Glendale Adventist, Simi Valley, White Memorial

**Providence Consortium includes:

Tarzana, Holy Cross, Saint Joseph's, Saint John's, Little Company of Mary

- ◇ Bring 5-10 copies of your resume and dress professionally
- ◇ For more information, visit the Career Services & Internships' Portal Page

Campus Security Safety Tips-

Week Three: Driving Safety Awareness— Tip 2

According to California DMV as of January 1, 2009 a law against driving while reading, writing or sending a text message went into effect. This applies to all forms of text-based communication, including e-mail and instant messaging. The law pertains to all drivers, regardless of age or state of residence. If caught, you will be charged \$20 for the first offense and \$50 for each subsequent offense. Be aware that after penalty assessments are weighted in, fines could actually more than triple. According to the Uniform Bail and Penalty Schedule, with the addition of penalty assessments, a first offense is \$76 and a second offense is \$190. According to the Insurance Institute for Highway Safety, texting while driving kills 11 teens each day. It is everyone's responsibility to adhere to the laws of the road. Safe driving is smart driving and will increase your chances of getting to your destination on safely. If you witness unsafe driving report it. If you want to remain anonymous visit Campus Security on the portal page and click on If You See Something, Say Something. You could just be saving a life.



Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive



Lunch with the Dean

Pam Gist, the Dean of Associate Programs, invites all of the students to join her for lunch.

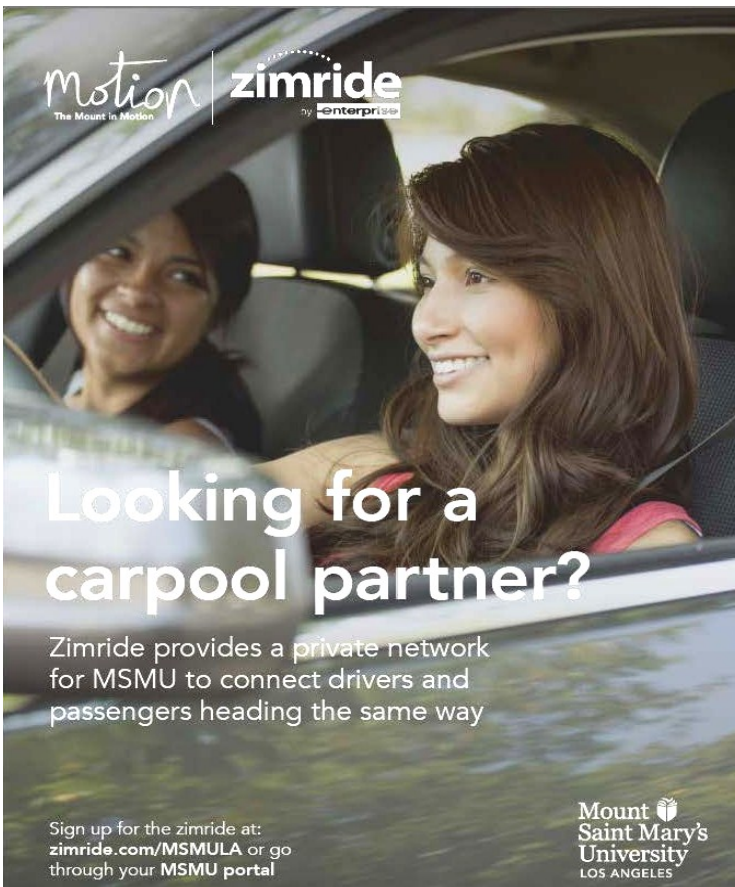
Tuesdays, Feb 2, and Feb. 16
1—2

Ahmanson Commons,
first room to right.

Bring your lunch and come to chat, to listen, to share, to ask, ...



motion | **zimride**
The Mount in Motion | by enterprise



Looking for a carpool partner?


Zimride provides a private network for MSMU to connect drivers and passengers heading the same way

Sign up for the zimride at: zimride.com/MSMULA or go through your MSMU portal

Mount Saint Mary's University
LOS ANGELES

Apply to be a Resident Assistant for 2016-17

80% of your room and board
Must have 2.75 or higher GPA
Deadline to apply Jan. 26
Apply on Residence Life Portal Page




Planning to make an Inter-Program Change to the Chalon Campus for Fall 2016?

Tuesday, February 9, 1:00
Donohue Center

- ◇ Hear about the requirements to inter-program change
- ◇ Gather information about the Learning Assistance Program at Chalon
- ◇ Explore faculty guided tours at Chalon

Articles for DOHENY HAPPENINGS are due by noon on Wednesday of the week before the issue. Send to DohenyHappenings@msmu.edu.



HOW DO YOU LEAD?

How to enter contest?
Step 1: Tell us how you lead in a creative way.
Step 2: Post on Instagram using #howdoyoulead.
Step 3: Follow MSMULeadership on IG.





Celebrating 40 years of Developing Confident Leaders

Enter to WIN! Winners will be announced on 1/29

Women's Leadership & Student Involvement

CAMPUS MINISTRY



vessels of mercy

a prayer for the Year of Mercy

God of Mercy,
 As you have forgiven us
 So you send us forth
 To bear your message of mercy to all.

Give us willing feet and gentle hands.
 Bless us with listening ears
 and searching eyes.
 Endow us with understanding minds.
 Ordain us with compassionate hearts

In our acts and in our words
 Make us vessels of your mercy
 To reach out to the broken
 On behalf of the father who wipes
 away our debts
 As lovingly as he wipes away our tears
 And calls his children home.

Help us lift your people in body and spirit.
 And so make every year a year of mercy.

amen



MERCY MONDAY COOKIES & CARE PACKS

January 25, 2:00pm, House 7

Doheny Neighborhood Mass—St. Vincent Church

Sundays 7:30am 9am, 10:30am, 12pm, 1:30pm, 5pm

"Questions? Contact Campus Ministry!
campusministry@msmu.edu
 x4125 (Chalon) x2672 (Doheny)

CPS Tip of the Week



How to make SMART resolutions

S à Specific

Narrow it down to reflect exactly what you want to achieve.
Not specific: "Get healthier" or "Exercise more."
Specific: "To decrease stress and improve health by walking."

M à Measurable

Decide how you will keep track of your progress while you work towards achieving your goal. Ask yourself, "how often?"
Not Measurable: "I will walk often."
Measurable: "I will walk for at least 30 minutes, 5 times a week."

A à Attainable

Make sure your goal is reasonable. You want it to challenge you while not being too extreme.
Not Attainable: "I will walk 6 miles in 30 minutes."
Attainable: "I will walk at least 1.5 miles in 30 minutes."

R à Relevant

It should reflect what is important and worthwhile to you, and be applicable to where you are in your life currently.
Not Relevant: "I really don't think walking will help me."
Relevant: "I value exercise and there are walking trails nearby."

T à Time-bound

Make a timeline that includes when you will start, how much time you may need, and if there is a deadline.
Not Time-bound: "I might start next month if I feel like it."
Time-bound: "I will start tomorrow and end in one month."



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



TANGERINE TREES

Help yourself to the tangerines on the trees in front of the Rose Hills Auditorium. Thank the grounds people for providing these fruits for you when you're hungry.



The **tangerine** (*Citrus tangerina*) is an orange-colored citrus fruit that is closely related to, or possibly a type of, mandarin orange (*Citrus reticulata*).

IT'S NOT TOO LATE TO PARTICIPATE

We are offering a SECOND CHANCE TO WIN A FitBit Surge!

Come into Student Health Services throughout the Spring Semester for services featured in the

PASSPORT

to receive an entry! **GOOD LUCK!**

.....

All current entries will be kept and will be eligible for a second drawing in mid-April.

90 DAY PASSPORT TO HEALTH VIA STUDENT HEALTH SERVICES

310.954.4110
213.477.2685



THINK CIVILITY

The Mount Civility Project

Week One: What is Civility?

"Incivility" is typically defined in behavioral terms, referring to commonplace actions and interactions that are perceived as rude, inconsiderate, or disruptive. Accordingly, "civility" indicates the sort

of respectful, polite behavior deemed essential to the orderly functioning of modern society. (adapted from UC Davis)

Civility is about more than just politeness, although politeness is a necessary first step. It is about disagreeing without disrespect, seeking common ground as a starting point for dialogue about differences, listening past one's preconceptions, and teaching others to do the same. Civility is the hard work of staying present even with those with whom we have deep-rooted and fierce disagreements. It is political in the sense that it is a necessary prerequisite for civic action. But it is political, too, in the sense that it is about negotiating interpersonal power such that everyone's voice is heard, and nobody's is ignored. And civility begins with us. (from Institute for Civility in the Government)

*Think Civility Tips are brought to you by
The Mount Civility Project.*

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 15

January 19, 2016

THIS WEEK

Tuesday, Jan. 19

Last Day to Add a Class
Last Day to Drop a Class
without a fee or a W

Saturday, Jan. 23

9:00am Today's Catholic Sisters



TANGERINE TREES

Help yourself to the tangerines on the trees in front of the Rose Hills Auditorium. Thank the grounds people for providing these fruits for you when you're hungry.

The **tangerine** (*Citrus tangerina*) is an orange-colored citrus fruit that is closely related to, or possibly a type of, mandarin orange (*Citrus reticulata*).



On the Honor Roll or Dean's List?

A Reception
in your honor on
Tuesday, January 26, at 1:00
In the Donohue Center.
Please plan to come, and
be recognized as scholars!



Attention:

COMMUTERS

**Come to bldg. 7 for your
2016 SPRING STICKER**

(You're not an official student until
you have the sticker.)



WILL YOU TAKE THE LEAD?

Women's Leadership and Student
Involvement Invites you to join

The LEAD Program

Leaders Emerging At Doheny

- *Attend Leadership Workshops
- *Make Connections and enhance your resume
- *On-Campus and off-campus Involvement
- *Receive Individual Leadership Coaching
- *Understand your Leadership Style

APPLY ONLINE TODAY!

<https://orgsync.com/54089/forms/157609>

For more info visit the Women's Leadership and Student Involvement Office
Building 11, 2nd Floor P. 213.477.2664 leadership@msmu.edu



Today's Catholic Sisters

Interested in what the
sisters are doing? How
they're ministering and
serving the church?

Join us on

Jan. 23rd
9:00 a.m. - Noon
Mount Saint Mary's University
Rose Hills Auditorium



**Become an
Orientation
Leader
Apply today
At**

**[www.msmu.edu/
DOHENY-OL](http://www.msmu.edu/DOHENY-OL)**



Honor Roll 3.0 to 3.499 for Fall 2015 grades

Kristen Abella	Alexandra Dorion	Mariquita Juarez	Stacy Pozuelos
Emilly Almazan	Ira Kirsten Dugang	Linda Juarez	Georgette Quinonez
Lauren Ashley Alvar	Emily Espinoza	Leah Lara	Ashley Ramirez
Alondra Alvarado	Nicole Fichera	Alyssa Lemus	Ashley Reveles
Jaqueline Amaya	Samantha Figueroa	Stephanie Lowrance	Gladys Reyes
Cynthia Andres-Francisco	Sharon Figueroa	Kimberly Lucas	Diana Rincon
Jessica Arce	Olivia Fike	Mariela Luna	Michelle Rodriguez
Julia Arias	Natalia Fischbach	Brianna Mangas	Lucero Rosas
Julia Arredondo	Marleny Flores Guerrero	Cindy Martinez	Cindy Rossal
Priscilla Arreygue	Melanie Frankera	Helena Mazas	Betsy Sanchez
Heaven Arroyo	Kia Frazier-Humphrey	Yoseline Mejia	Beatriz Sanchez
Michelle August	Melissa Fuentes	Diane Mejia	Karla Santana
Leisli Baez Contreras	Gina Gallegos	Laura Mejia	Abigail Santiago
Irma Bernal	Jessica Garcia	Melissa Mena	Tania Santiago
Yadira Betancourt	Alexis Garcia	Azucena Mendez	Rosa Serrano
Neda Bravo-Leal	Stephanie Garcia	Alexis Menendez	Lizeth Sican
Flor Carpio	Yarely Garcia	Yesenia Montano	Isabel Soto
Deserie Cazier	Tiffany Giron	Sabrina Montes	Jaslyn Talia
Andraya Cervantes	Andrea Gonzalez	Carel Morales	Neftali Tamayo
Rina Ciminieri	Daniela Gonzalez	Samantha Nevarez	Ivet Trinidad
Lauryn Connor	Jessica Guerrero	Raelene Newton	Nicolle Trujillo
Alissa Coreas	Emely Guzman	Gwendolyn Nicholson	Vanessa Valenzuela
Carisa Cruz	Lucero Hernandez	Kimberly Nuval	Emely Vargas
Angelica Cruz	Cienna Hernandez	Aimee Olvera	Angela Vasquez
Elizabeth Cruz-Sanchez	Jazmin Hernandez	Miranda Ortiz	Jocelyn Velasquez
Kylie De Perio	Andrea Hernandez	Sara Paredes	Marielle Villacastin
Kennedy Delgadillo	Rosa Javier Gutierrez	Alejandra Paz	Miaoxin Xiong
Ericka Diaz	Amanda Jones	Danielle Penado	
Jennifer Dorado	Celeste Juarez	Salma Perez	

Campus Security Safety Tips- Week Two: Driving Safety Awareness– Tip 1

California law states that all drivers must use hands-free equipment while talking on their cell phone. California DMV states you can stay in compliance by using a Bluetooth, other earpiece or speaker device. But both ears cannot be covered. If caught, you will be charged \$20 for the first offense and \$50 for each subsequent offense. Be aware that after penalty assessments are weighted in, fines could actually triple. The conviction will appear on your driving record, but points will not be added. Also keep in mind the law still applies if you are visiting the state of California and get caught talking on your phone while operating a vehicle. According to Distraction.gov, drivers 15-19 years old involved in fatal crashes, 21 percent of the distracted drivers were distracted by the use of cell phones (NHTSA). It is everyone's responsibility to adhere to the laws of the road. Safe driving is smart driving and will increase your chances of getting to your destination safely. If you witness unsafe driving, report it to local law enforcement or if you witness unsafe driving on Campus, report all incidents to Campus Security. If you want to remain anonymous, visit Campus Security on the portal page and click on [If You See Something, Say Something](#). You could just be saving a life.



Safety Tips are brought to you by the Dept. of Campus Security. Stay Informed, Stay Alive



DOHENY
Athenian Global Cafe
\$
Movie Nights
Spring 2016

Athenian Cafe
Cafeteria
4:00pm - 5:30pm

Movie Nights
Hannon 1st Lounge
7:00pm-9:00pm

Sunday, February 7 Saturday, February 13
Friday, March 11
Sunday, April 23 Saturday, February 27
Sunday, May 1

Please bring your MSMU ID upon attending events

iLead **iMotivate**

We want YOU to apply to be a Resident Assistant for 2016 - 2017!

80% of your room and board
Must have 2.75 or higher GPA
Deadline to apply Jan. 26
Apply on Residence Life Portal Page

iSupport **iCare**

Mount Saint Mary's University
Residence Life

Are You Ready To Hoop?!

Grab your sneakers and come tryout for the Mount Saint Mary's University Women's Club Basketball team!

Tryouts will be held
Tuesday, January 19th from 6pm-8pm
and Wednesday, January 20th from 7pm-9pm.
Both tryouts will be at the
MSMU Chalon Fitness Center.

All students are welcome!
For more information or any questions, contact
Coach Brittany White
at bwhite@msmu.edu
or 313.443.9523.



IT'S NOT TOO LATE TO PARTICIPATE

We are offering a **SECOND CHANCE TO WIN A FitBit Surge!**

Come into Student Health Services throughout the Spring Semester for services featured in the

PASSPORT

to receive an entry! **GOOD LUCK!**

All current entries will be kept and will be eligible for a second drawing in mid-April.

90 DAY PASSPORT TO HEALTH
STUDENT HEALTH SERVICES

310.954.4110
213.477.2685



Planning to make an Inter-Program Change to the Chalon Campus for Fall 2016?

Tuesday, February 9, 1:00
Donohue Center

- ◇ Hear about the requirements to inter-program change
- ◇ Gather information about the Learning Assistance Program at Chalon
- ◇ Explore faculty guided tours at Chalon

CAMPUS MINISTRY

"We must use time creatively, in the knowledge that the time is always ripe to do right."
– Letter from a Birmingham Jail, MLK

MERCY TUESDAY
COOKIES & COLORING
Tuesday, January 18th, 2:00 P.M.
House 7

Enjoy freshly-baked cookies while enjoying some time to relax and color. Then, take a Homeless bag with you to share with anyone in need whom you encounter.

Questions? Contact Campus Ministry!
campusministry@msmu.edu
x4125 (Chalon) x2672 (Doheny)

CPS Tip of the Week

This year, make **SMART** New Year's Resolutions. Let's focus in on **Specific**.

S à Specific

Narrow it down to reflect exactly what you want to achieve.

What is your goal? Can you break it down to be more specific?

How will you achieve this goal? Where? With someone or alone?

For example: If you want to work towards decreasing stress, perhaps a general (and common) resolution would be to improve health through exercise

Not specific: "Get healthier" or "Exercise more"

Specific: "To decrease stress and improve health by walking."

Next week we will continue to develop our **SMART** resolution by making it **Measurable** and **Attainable**.



Counseling and Psychological Services
Chalon Office, 310.954.4004, Humanities 1st floor
Doheny Office, 213.477.2668, McIntyre 1st floor



Mount
Saint Mary's
University
LOS ANGELES

SAVE THE DATE:
Saturday,
February 13, 2016



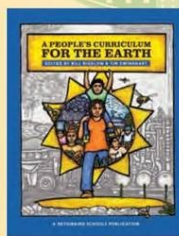
Bringing educators and students together to share innovative Social Justice Curricula

Environmental Education and Social Justice

Saturday, February 13, 2016

Registration fee (includes workshops, morning coffee/pastries and lunch)
\$30 online by Feb 5, 2016; \$40 at the door (\$10 for MSMU students)

- Educators and community activists share lesson ideas and resources for teaching about the environment and its intersection with social justice issues. (K-12 and higher ed)
- Inspiring sessions on climate change; ecopedagogy; environmental sustainability; the LA River; and more!



Keynote Speaker
Tim Swinehart

*A People's Curriculum for the Earth:
Climate Change and the Environmental Crisis*

Tim Swinehart teaches social studies at Lincoln High School and teacher education classes at Lewis and Clark. He is co-editor, with Bill Bigelow, of *A People's Curriculum for the Earth: Teaching Climate Change and the Environmental Crisis*, a collection of articles, role plays, simulations, stories, poems, and graphics to help breathe life into teaching about the environmental crisis (published by Rethinking Schools). He was recently honored as the 2015 Oregon Social Studies Educator of the year.

Mount Saint Mary's University, Doheny Campus,
10 Chester Place, Los Angeles CA 90007

More info at: www.msmu.edu/criticalteaching

SORORITY RECRUITMENT 2016

Recruitment Registration Deadline:

January 15 at 3:30 pm

Sign up at: <https://orgsync.com/54559/forms/172514>

Information Session

Tuesday, Jan 19, 1—2 and 5—6pm

Hannon Theater, Chalon Campus

Eligibility: Full-Time Undergraduate Student

2.5 Cumulative GPA or higher

(Changing to Chalon Campus for Fall)

Questions: Building 11, 2nd floor
213-477-2983



Looking for Work Study?

Residence Life is hiring community assistants and programmers

For more information and to apply, simply visit the Residence Life Office (Hannon 123) or email sghoubrial@msmu.edu

Cokie Roberts, the award-winning political commentator and *The New York Times* bestselling author, will share stories and insights from her life.

Wednesday, January 27, 2016

MOUNT SAINT MARY'S UNIVERSITY
12001 CHALON ROAD, LOS ANGELES

This event is free and open to the public.

COMPLIMENTARY PARKING

RSVP REQUIRED TO SUSAN LEE AT
SLEE@MSMU.EDU OR 213.477.2962



cokie roberts

10:00 A.M.
REGISTRATION AND LIGHT BREAKFAST

10:45 A.M.
PROGRAM

11:30 A.M.
BOOK SALE AND SIGNING
CAPITAL DAMES: THE CIVIL WAR AND THE WOMEN
OF WASHINGTON, 1848-1868

Mount
Saint Mary's
University
LOS ANGELES

Doheny Happenings

Upcoming Events for the Traditional AA. Student
Mount St. Mary's University, Doheny Campus

Volume 45, Issue 14

January 11, 2016

THIS WEEK

Monday, January 11
First day of classes

Monday, January 18
Martin Luther King Holiday
College closed



Tuesday, January 19

Last Day to Add/Drop a class

Last Day to Apply for Graduation (Dec. 2015)
(without a fee)



**Considering a change of major?
Interested in exploring teaching?
Elementary? Secondary?
Have room for one more unit
in your
Spring Semester schedule?**

**Add EDU 100
for one unit of upper
division credit.
Course meets once
each week:
Friday mornings,
8:00 a.m. to 9:00 a.m.**



**Questions? Call Sr. Kieran Vaughan
213-477-2628 x 2628**

MSMU SPRING FORMAL SORORITY RECRUITMENT 2016

SAVE THE DATE!

Recruitment Registration Deadline: **January 15 at 3:30 pm**
To sign up online visit: <https://orgsync.com/54559/forms/172514>

Meet the Greeks Information Sessions:

Tuesday, January 19

1:00 - 2:00PM and 5:00 - 6:00PM

Both held in Hannon Theater

*This is your chance to meet members from
Theta Alpha Sigma and Kappa Delta Chi.*

ELIGIBILITY:

Full-Time Undergraduate Student

2.5 Cumulative GPA or higher

*Doheny students must transfer to the Chalon campus for the
Fall 2016 semester

All interested students must sign up online and
attend an information session.

FOR MORE INFORMATION CONTACT

WOMEN'S LEADERSHIP AND STUDENT INVOLVEMENT :

Chalon:
Leavey Commons, Ground Floor
(310) 954-4350

Doheny:
Building 11, 2nd floor
(213) 477-2983

leadership@msmu.edu

Are You Ready To Hoop?!

Grab your sneakers and come tryout for the
Mount Saint Mary's University
Women's Club Basketball team!

Tryouts will be held Tuesday, January 19th from
6pm-8pm and Wednesday, January 20th from 7pm-
9pm. Both tryouts will be at the
MSMU Chalon Fitness Center.

All students are welcome!

For more information or any questions, contact
Coach Brittany White at bwhite@msmu.edu or
313.443.9523.





Dean's List

3.5 and higher for Fall 2015 grades

Kelsey Acosta	Karen Estrada	Jennifer Linares	Valeria Quiroz
Jenny Alvarez	Erika Ferrer	Regina Lopez-Guzman	Crystal Ramirez
Yadimahara Alvarez	Karla Flores	Jacqueline Martinez	Melanie Raymundi
Cynthia Amador	Angelica Frias	Maricruz Martinez	Stephanie Real
Mireya Barraza-Hernandez	Elba Fuentes	Ana Mata	Nancy Regis
Christina Barrios	Elizabeth Galindo	Evelyn Mejia	Jessica Rodriguez
Alanna Bayle	Viviana Gonzalez	Jeanette Mendez	Ashley Rodriguez
Katie Blust	Courteney Gonzalez	Sophie Miehler	Amanda Salas
Diva Caero	Andrea Grgic	Jocelyne Miguel	Jessica Sample
Cecilia Campos	Alexandra Guardado	Yvette Molina	Marisol Sanchez
Diane Caraveo	Jasmine Gutierrez '19	Jacqueline Montes-Cerna	Ashley Sandoval
Jennifer Carrillo	Jasmine Gutierrez '18	Deasha Moore	Cindy Tejada
Xena Chavez	Mireya Hernandez	Stephanie Moreno	Amaris Toruno
Maricela Cordova	Alejandra Hernandez	Edi Joanna Moreno	Amy Ventura
Gloria De la Cruz	Jacqueline Hernandez	Irene Munoz	Xenia Vidal- Marquez
Rosy Del Toro	Brittany Hester	Ilene Munoz	Asya Williams
Brandie Diaz	Brandie Holguin	Laura Nario	
Vanessa Diaz	Justine Hsiao	Rachel Ocampo	
Gabrielle Dixon	Cathy Huo	Sabrina Orellana	
Alicia Ejiaga	Grace Lee	Lizbeth Paniagua	
Jennifer Escamilla	Haley Lemmons	Roxana Ponce	
Leanette Estrada	Angela Lemus	Jocelyn Precencion	

Campus Security Safety Tips- Week One: Crime Prevention

As the spring semester is getting started, the Department of Campus Security wants to take this time to remind the Mount Community to be aware of your surroundings and take the necessary precautions to avoid loss of belongings. Laptops, purses, iPads, cell phones, textbooks, and other devices are listed as items most often reported missing. Never leave valuables visible in your vehicle or residence. When leaving your residence hall, make sure you close and lock the door. Do not prop open any doors. Always report suspicious activity to Campus Security. You can also visit Campus Security on the portal for Mountwatch—Crime Reporting Anonymous tips. See Something, Say Something. Have a safe semester!



*Safety Tips are brought to you by the Dept. of
Campus Security. Stay Informed, Stay Alive*



Greetings from the Business Office!

Welcome back and Happy New Year!

If you have work study and are enrolled in a payment plan, you are now able to complete the **"Agreement for Earnings Deferment"** form, and use your paycheck to help pay your monthly installment. Please contact us for more information.

Parking permits are available: Register online at permitsales.net/msmc, then come to our office with your vehicle registration and insurance card to pick up your permit.

1098-T Copies: Tax season is just around the corner! The 1098-T tax form may be needed for your annual tax filing purposes. Enroll on CASHNet to get your 1098-T online – it's fast and easy!

Business Office

Bldg 745

213-477-2540



Planning to make an Inter-Program Change to the Chalons Campus for Fall 2016?

Coming soon! Look for information on the Inter-Program Transfer Workshop.

- ◇ Hear about the requirements to inter-program transfer
- ◇ Gather information about the Learning Assistance Program at Chalons
- ◇ Explore faculty guided tours at Chalons

4 Steps to

Making New Year's Resolutions Work

Be realistic in your goals. Choose one goal, then break it down into smaller, more manageable bits. For example, if you want to save \$500, think about it in terms of saving \$20 per pay check. This makes your goal less intimidating. Every time you save some money, praise yourself! Rewarding yourself for every positive step will help you have the confidence you need to hang in there.



Start with a plan and stick to it. Studies show that people who make impulsive resolutions are less likely to stick to them. Think about what is most important to you and create strategies to deal with the problems and setbacks that will come up as you work towards your goal.

Team up with a friend or loved one. Make a list of your goals and share them with a friend or loved one. You are now accountable to two people: yourself and the other person. An informal pact can help when you feel discouraged.

Think of resolutions as opportunities to try new things. Resolutions are a time of the year not only to try and "fix" the problems in your life, but also to try out a new way of being. Think of January first as a chance to adopt a healthier lifestyle!



Doheny Office: (213) 477-2668
Counseling and Psychological Services
McIntyre, first floor



Mount Saint Mary's University
LOS ANGELES



APPLY TODAY!

TO BE AN
ORIENTATION LEADER
TODAY!

RESPONSIBILITIES OF AN ORIENTATION LEADER

- Serve as a leader and active participant at all scheduled sessions.
- Lead small group discussions involving 10+ incoming freshmen.
- Learn and teach MSMU traditions and student services information.
- Attend and participate in all training sessions.
- Enroll in and successfully complete LWS 1C, Orientation Leader Training, during the spring semester.
- Serve as a role model for all students.



Application online: www.msmu.edu/DOHENY-OL



Articles for DOHENY HAPPENINGS are due by noon on Wednesday of the week before the issue . Send to
DohenyHappenings@msmu.edu.



WILL YOU TAKE THE LEAD?



Women's Leadership and Student Involvement Invites **you** to join

The LEAD Program

Leaders Emerging At Doheny

- *Attend Leadership Workshops
- *Make Connections and enhance your resume
- *On-Campus and off-campus Involvement
- *Receive Individual Leadership Coaching
- *Understand your Leadership Style

APPLY ONLINE TODAY!

<https://orgsync.com/54089/forms/157609>

For more info visit the Women's Leadership and Student Involvement Office
Building 11, 2nd Floor P 213.477.2664 leadership@msmu.edu



WE STILL HAVE OPENINGS IN OUR PED CLASSES!

DON'T MISS OUT!

Doheny Campus

Self Defense	MW	7:00-8:00 PM
Yoga	MW	8:00-9:00 AM
Court Sports	TTH	5:30-6:30 PM
Pilates	TTH	7:30-8:30 PM

PED CLASSES

1 hour credit/no credit class
For beginners, no experience necessary

Register in WebAdvisor by Jan. 10 or with an Add/Drop Form until Jan. 19.



Mount Saint Mary's University
LOS ANGELES
Sports & Wellness

CAMPUS MINISTRY

WELCOME BACK COOKIES
Monday, January 11th, 2:00 P.M.
Ahmanson Commons



HUMAN TRAFFICKING AWARENESS DAY

THE FACTS



1 in 7 "runaway" children are believed to be sex trafficking victims



142 million people are trapped in forced labor industries including agriculture, construction, domestic work and manufacturing.

January 11th is human trafficking awareness day. If you want to learn more about human trafficking, visit the Campus Ministry Office in House 7.

Whether you have been back for a week, or are just getting back in the next few days, Campus Ministry welcomes you and wishes you a blessed Spring semester!

Questions? Contact Campus Ministry!
campusministry@msmu.edu

Announcing FREE Leadership Development!

We have an extensive library
students, staff and faculty
could check out or browse!

Stop by Women's Leadership & Student Involvement
Office Location: Building 11, 2nd Floor, Room 200

Interesting Topics!



**TWO WEEK and
LAST ISSUE**

Doheny Happenings

Upcoming Events for the Traditional A.A. Student

Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 13

November 23, 2015

CALENDAR OF EVENTS

Monday, Nov. 23

**7:00pm Thanksgiving
Dinner & Prayer**

Tuesday, Nov. 24

**12:40 Thanksgiving Pie
Sale**

Thursday and Friday, Nov. 26-27

**Thanksgiving Holidays
College Offices closed
Through Sunday**

Monday, Nov. 30

Tuesday, Dec. 1

11:00 De-Stress Day

Wednesday, Dec. 2

Thursday, Dec. 3

**1:00 Santa Comes to
Commuter Lounge**

Friday, Dec. 4

Last day of classes

Sunday, Dec. 6

**2:00 Christmas Magic
At the Mansion
Come with your Family**

Monday through Thursday, Dec. 7-10

Final Exams



Christmas Holidays
Dec. 11—Jan. 10

Pam Gist, Dean, Jeanette Stone, Assistant Dean, and Sr. Carol, Admin Assistant, wish all our students and their families grace and peace in this holy season.

College Offices Closed
Dec. 24—Jan 4

Spring 2016 Classes Begin
Monday, January 12



President Ann McElaney-Johnson
invites you and your family
to join the Mount Community
to celebrate

Christmas Magic at the Mansion

CHRISTMAS OPEN HOUSE
SUNDAY, DECEMBER 6, 2015
2:00-4:00 P.M.

Mount Saint Mary's University
Doheny Mansion • 10 Chester Place, Los Angeles

*Carolers in turn-of-the-century costumes
Mansion lectures by Don Sloper, author of "Chester Place"
Sweet and savory treats*

RSVP to Susan Lee at slee@msmu.edu or 213.477.2962



Please join our efforts to share the joy of Christmas by bringing a new unwrapped toy to this event. The gifts will be donated to CSJ-sponsored ministries.

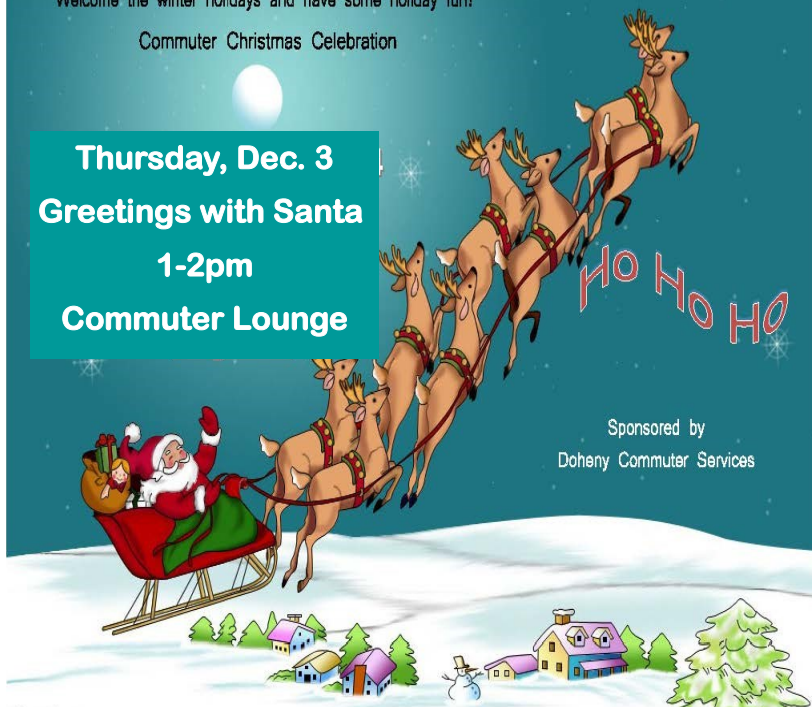
Santa Comes to Town

Welcome the winter holidays and have some holiday fun!

Commuter Christmas Celebration

**Thursday, Dec. 3
Greetings with Santa
1-2pm
Commuter Lounge**

Sponsored by
Doheny Commuter Services



HAPPY THANKSGIVING

Pie Sale

Enjoy some delicious Pie and support the Business Club in our Annual Pie Sale!!

When: November 24th 2015

12:40 pm - 4:00 pm

Where: In front of Ahmanson Commons

Enter for a chance to win a FREE slice of Pie!!!!
Text PIE to (443)818-9315



COME JOIN
US FOR



THANKSGIVING DINNER AND PRAYER

23^{NOVEMBER} 2015 | 7 O'CLOCK
IN THE
EVENING



DOHENY MANSION
RSVP NOW
IN THE RESIDENCE LIFE
OFFICE
ONLY 25 SEATS
AVAILABLE



Sponsored by your Community Programmers!

De-Stress Day

Build Some Relaxation Into Your Holidays!

TUESDAY, December 1st 2015, 11am - 2pm

Donohue Center



Gingerbread Building &
Other Holiday Crafts!

Snacks!

Free Massages!



Paint
Your
Own
Nails!

Massages are first come, first served!

All Events are **FREE** and sponsored by:

Counseling and Psychological Services: 213-477-2668

Student Health Services: 213-477-2685

CPS Tip of the Week

Walk the Stress Away



Did you know that walking produces endorphins which can help you reduce stress hormones and put you in a better mood? In fact, walking can be one of the easiest ways to destress; all you need is yourself, ten minutes, and the outdoors! Easy, right?! You might ask, how can something so easy be so good? Well, here are some reasons why walking is a great way to destress:

Connecting to nature can help you forget about the stressful things you have going on in life

You can do it with a friend, family, or your pet

Promotes healthy breathing

Helps you think more clearly

Helps with flexibility

Keeps your heart healthy

Wards off anxiety



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



Like us on Facebook at MSMU.CPS



WELLNESS...
THE MOUNT WAY!

Campus Security Safety Tips

Week Fourteen: Holiday Safety– Tip 1

With the Holiday's rapidly approaching it's important to remember safety when you are out shopping for family and friends. Take a few precautions before hitting those sales. Carry only items that you will need. Don't take all your credit cards and only carry the amount of cash you will need. Avoid taking a purse if possible and carry your wallet in your front pocket. If you need to use an ATM, use one in a very well-lit public place or inside the shopping mall. Try to park close to your destination and stay away from parking by bushes or anywhere someone can surprise you when you come back to your vehicle. If you feel you are being followed back to Campus, inform Campus Security immediately.

Week Fifteen: Holiday Safety– Tip 2

If you plan to participate in this year's Black Friday, make sure you are with friends or family. Never go alone as you will have to wait all night into the morning for those stores to open and that is when thieves can strike. Even though you are rushing and thinking of a thousand things, stay alert to your surroundings. Before you leave your house, empty your trunk and should you need to visit various shopping malls or centers put all purchases in your trunk. Covering them in your back seat with a blanket is not effective. Thieves know of this trick, and it will not stop them from getting to your items. Have your keys out and ready to enter your car. If you don't feel safe walking to your vehicle, ask mall or store security for an escort before leaving your shopping location.



*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



*Thank you,
Women's Leadership,
for providing the door decorations,
the tree lighting and Christmas
goodies to help us enter into this
wonderful time of the year.*

Coming soon ...

ZIMRIDE

January 2016

Brought to you by the Transportation and Parking Department

FREE GIFT FOR ALL PARTICIPANTS

Ditch the Lighter, Trash Your Pack
GREAT AMERICAN SMOKEOUT
Thursday, November 19, 2015

TAKE THE PLEDGE
IN STUDENT HEALTH SERVICES

TO QUIT or NEVER START SMOKING!

PASSPORT << PARTICIPATION BONUS EVENT >>

For an appointment, call Student Health Services
Chalon 310.954.4110 and Dohony 213.477.2685

BY APPOINTMENT ONLY

IT'S TIME FOR YOUR FLU SHOT!

For more flu myths and facts, visit www.cdc.gov/flu

- MYTH** THE FLU SHOT CAN GIVE ME THE FLU
- FACT** FLU VIRUSES USED IN FLU SHOTS ARE INACTIVATED, SO THEY CANNOT CAUSE INFECTION
- FACT** GETTING THE FLU SHOT PROVIDES BENEFITS SUCH AS THE POTENTIAL TO REDUCE ILLNESS AND PREVENT TIME LOST FROM WORK
- MYTH** VACCINES ARE NOT PROVEN TO PREVENT THE FLU
- FACT** IF YOU GET THE FLU VACCINE, YOU ARE ABOUT 60% LESS LIKELY TO NEED TREATMENT FOR THE FLU
- MYTH** IT IS BETTER TO GET THE FLU THAN TO GET A FLU VACCINE
- MYTH** I SHOULD WAIT TO GET VACCINATED SO THAT I'M COVERED THROUGH THE END OF THE SEASON
- FACT** PEOPLE SHOULD GET A FLU SHOT AS SOON AS THEY ARE AVAILABLE BECAUSE IT TAKES ABOUT TWO WEEKS FOR ANTIBODIES TO DEVELOP

PASSPORT << PARTICIPATION BONUS EVENT >>

For an appointment, call Student Health Services
Chalon 310.954.4110 and Dohony 213.477.2685

PRAYER for Finals

O GOD,

It seems as though our lives
are one test after another,
weighing us in somebody's balance.
Save us from taking the coming tests
too seriously or too lightly,
but grant that we may reflect
the best of the work we've done
and the best of the teaching we've received.

Amen.

Thanksgiving Holidays: November 26 and 27, 2015

Final Exams Dec. 7—10, 2015

College Offices Closed

Dec. 24—through Jan. 3, 2016

Spring Classes begin Monday, January 11, 2016



Final Examination Schedule Fall Semester December 7th – 10th, 2015

Exam Periods	Monday Dec. 7	Tuesday Dec. 8	Wednesday Dec. 9	Thursday Dec. 10
8:00-10:00 AM	M-W-F 9:10 a-10:10a	T - TH	M-W-F 8:00a-9:00a	T - TH 8:00a-9:30a
10:30 - 12:30 PM	M-W-F 11:30a-12:30p	T - TH 9:40a-11:10a	M-W-F 10:20a-11:20a	T-TH 11:20a-12:50p
1:00 - 3:00 PM	M-W-F 1:50 p-2:50 p M-W 1:20p-2:50p	T - TH	M-W-F	M-W-F 12:40 p-1:40 p
3:30 - 5:30 PM	M-W 3:00p-4:30p	T - TH 4:00p-5:30p	M-W-F 4:40p-6:10p	T - TH: 2:20p-3:50p
6:00 - 9:00 PM	M	T	W	TH

Find your class time (we'll say MWF 9:10). Look at the top of the column (Monday) for the day of your final. Look at the column to the left to see the time of your final 8:00-10:00.

Plan when you'll study, work, eat, sleep.

Message from the Business Office

Greetings Students!

Spring 2016 Financial Clearance Deadline: For traditional undergraduates, your student account must be financially cleared by December 9th (returning students).

Spring 2016 Health Insurance Waiver: The waiver is available online, and the deadline to complete the waiver is January 31, 2016.

Office Hours during the

Holidays: The university will be closed December 24, 2015, to January 3, 2016.



Like us on Facebook: www.facebook.com/MSMUBusinessOffice

Call us or email us: 213.477.2540 / 310.954.4040 / BusinessOffice@msmu.edu

New MAJOR for AA Students

**Spanish/Latin American Studies
Associate Degree**

Students with an Associate Degree in Spanish/Latin American Studies will have a solid foundation in Spanish language and culture skills to be able to use them in their professional careers. This degree is for students interested in becoming interpreters, translators, teachers, librarians, or any profession focused in serving the Latino community. Students may be able to transfer to the B.A., and the classes will count for the B.A. in Spanish/Latin American Studies.



Requirements:

General Studies for AA degree and 27 units from

SPA 3 and 4

SPA 8 Oral Comprehension and Conversation

SPA 9 Intermediate Spanish Readings

SPA 25 Spanish for Health Professionals

SPA 44 Latin American Civilizations and Cultures

SPA 49 Spanish for the Business World

SPA 51 Spanish/Latin American Theater in Los Angeles (1u)

SPA 52 Spanish Latin Dance in Los Angeles (1u)

SPA 94 Study/Travel

SPA 95 Latin America in Los Angeles (1u)

Questions: Dr. Montserrat Reguant
mreguant@msmu.edu

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 12

November 16, 2015

CALENDAR OF EVENTS

Tuesday, Nov. 17

12—2 **Anti Bullying Campaign**

Wednesday, Nov. 18

12:00 **Ati Bullying**

3:30 **Doheny Christmas**

6:00 **Eitquette Dinner**

Thursday, Nov. 19

11:30 **Vote for a Saint**

12:30 **Appreciation Hearts**

1:00 **Why Study Workshop**

6:00 **Hunger Banquet**



**JOIN US AND SEE HUNGER
IN A WHOLE NEW WAY ON**

**THURSDAY,
NOVEMBER 19TH**

AT 6PM

**IN THE
DONOHUE CENTER**

Join us for food, discussion
and an interactive simulation
that explores poverty and
hunger.

\$250 Fair Trade Items GIVEAWAY!

SPONSORED BY CAMPUS MINISTRY SOCIAL JUSTICE TEAM



THINK CIVILITY

think **kindness**

**Take the
Kindness Week
Challenge!**



Day 1	Monday November 16, 2015 (Instagram, Facebook, etc.)	#MountCivility Show Your Kindness by posting a picture, short video, and other examples on social media showing acts of kindness and using the hashtag #MountCivility
Day 2	Tuesday November 17, 2015 Ahmanson Drive Way 12:00pm—2:00pm	Attend the Anti-Bullying Campaign and take the pledge to end bullying.
Day 3	Wednesday November 18, 2015 Mansion Lawn 3:30pm-5:30pm	Join the Mount Civility Project at the Doheny Christmas celebration to create a Tree of Kindness.
Day 4	Thursday November 19, 2015 Ahmanson Drive Way 12:30pm—2:00pm	Create and decorate felt hearts to give to others as a sign of appreciation and thanks.
Day 5	Friday November 20, 2015	Winner of the Kindness Challenge will be announce via Email and Portal Announcement!

A Doheny Christmas

Wednesday, November 18

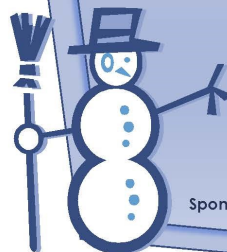
Where: Doheny Mansion Lawn

Time: 3:30pm - 5:30pm

Please join us! You will not want to miss:

- Hot Chocolate and Coffee with a topping bar
- Yummy Holiday treats and pastries
- Decorate your own Santa hat and stocking
- Capture fun memories at the Christmas themed photo booth

Sponsored by Doheny Student Activities Council





THANKSGIVING DINNER AND PRAYER

23 NOVEMBER 2015 | 7 O'CLOCK IN THE EVENING



DOHENY MANSION
RSVP NOW
IN THE RESIDENCE LIFE
OFFICE
ONLY 25 SEATS
AVAILABLE



Sponsored by your Community Programmers!

Message from the Business Office

Greetings Students!

Spring 2016 Financial Clearance Deadline: For traditional undergraduates, your student account must be financially cleared by December 9th (returning students) or December 23rd (new students).

Spring 2016 Health Insurance Waiver: The new waiver will be available soon at www.msmu.edu/insurance – expect an email reminder. The deadline to complete the waiver is January 31, 2016.

Looking for Work-Study: Our office at Doheny is hiring, Chalon and Doheny students are all welcome to apply. Send a cover letter and a copy of your resume to MSMU's Bursar, Deborah Lowe at klowe@msmu.edu.

Like us on Facebook: www.facebook.com/MSMUBusinessOffice
Call us or email us: 213.477.2540 / 310.954.4040 / BusinessOffice@msmu.edu

President Ann McElaney-Johnson
invites you and your family
to join the Mount Community
to celebrate

Christmas Magic at the Mansion

CHRISTMAS OPEN HOUSE
SUNDAY, DECEMBER 6, 2015
2:00-4:00 P.M.

Mount Saint Mary's University
Doheny Mansion • 10 Chester Place, Los Angeles

Carolers in turn-of-the-century costumes
Mansion lectures by Don Sloper, author of "Chester Place"
Sweet and savory treats

RSVP to Susan Lee at slee@msmu.edu or 213.477.2962



Please join our efforts to share the joy of Christmas by bringing a new unwrapped toy to this event. The gifts will be donated to CSJ-sponsored ministries.

CPS Tip of the Week

Walk the Stress Away

Did you know that walking produces endorphins which can help you reduce stress hormones and put you in a better mood? In fact, walking can be one of the easiest ways to destress; all you need is yourself, ten minutes, and the outdoors! Easy, right?!

You might ask, how can something so easy be so good? Well, here are some reasons why walking is a great way to destress:



Connecting to nature can help you forget about the stressful things you have going on in life

You can do it with a friend, family, or your pet

Promotes healthy breathing
Helps you think more clearly
Helps with flexibility
Keeps your heart healthy
Wards off anxiety
Increases your energy levels
Helps digest food

Now what are you waiting for? Get out there and walk!



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor

Like us on Facebook at [MSMU.CPS](https://www.facebook.com/MSMU.CPS)



WELLNESS...
THE MOUNT WAY!

SAINT MOVIE NIGHT

November 20 at 7 P.M., Magnificat House (Chalon)
November 10 at 8:15 P.M., Casa Magnifica (Doheny)

VOTE FOR YOUR FAVORITE SAINT!

Thursday, November 19 11:30-2 P.M., The Circle (Chalon)
Ahmanson Commons (Doheny)

Who is your favorite Saint? Come vote in exchange for Campus Ministry's fresh cookies. The winner of the #SainlyChallenge and voting will be announced on Friday!

FUNCTIONAL FITNESS

WEDNESDAYS 10:00 - 11:00 AM

@

THE DOHENY FITNESS CENTER

Sessions begin Wednesday, November 4th

Only 10 per class so come early!

Open to Student, Staff, Faculty & Alumnea



Don't
forget!

Are you enrolling in a

**PHYSICAL
EDUCATION
CLASS** for
SPRING 2016?



LET US KNOW WHEN YOU BRING IN YOUR

PASSP(ORT)



<< PARTICIPATION BONUS EVENT >>

For More Information call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685

Coming soon ...

ZIMRIDE

January 2016

Brought to you by the Transportation and Parking Department

**FREE
GIFT FOR ALL
PARTICIPANTS**

Ditch the Lighter, Trash Your Pack

GREAT AMERICAN SMOKEOUT

Thursday, November 19, 2015



QUIT TO RACE
Bismarck

TAKE THE PLEDGE
IN STUDENT HEALTH SERVICES

**TO QUIT or NEVER START
SMOKING!**

PASSP(ORT) << PARTICIPATION BONUS EVENT >>

For an appointment, call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685

**BY
APPOINTMENT
ONLY**

**IT'S TIME FOR YOUR
FLU SHOT!**



PASSP(ORT) << PARTICIPATION BONUS EVENT >>

For an appointment, call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685

FREE YOGA



Wednesdays 7-8 AM

Starting Oct. 28th

Open to Students, Staff, Faculty & Alumnea
Only 20 per class so come early!

@ The Doheny Fitness Center

Thanksgiving Holidays:

November 26 and 27, 2015

Final Exams Dec. 7—10, 2015

College Offices Closed

Dec. 24—through Jan. 3, 2016

Spring Classes begin Monday, January 11, 2016



Final Examination Schedule Fall Semester December 7th – 10th, 2015

Exam Periods	Monday Dec. 7	Tuesday Dec. 8	Wednesday Dec. 9	Thursday Dec. 10
8:00-10:00 AM	M-W-F 9:10 a-10:10a	T - TH	M-W-F 8:00a-9:00a	T - TH 8:00a-9:30a
10:30 - 12:30 PM	M-W-F 11:30a-12:30p	T - TH 9:40a-11:10a	M-W-F 10:20a-11:20a	T-TH 11:20a-12:50p
1:00 - 3:00 PM	M-W-F 1:50 p-2:50 p M-W 1:20p-2:50p	T - TH	M-W-F	M-W-F 12:40 p-1:40 p
3:30 - 5:30 PM	M-W 3:00p-4:30p	T - TH 4:00p-5:30p	M-W-F 4:40p-6:10p	T - TH: 2:20p-3:50p
6:00 - 9:00 PM	M	T	W	TH

Find your class time (we'll say MWF 9:10). Look at the top of the column (Monday) for the day of your final. Look at the column to the left to see the time of your final 8:00-10:00.
Plan when you'll study, work, eat, sleep.

You are cordially invited to Career Service's 20th Annual Etiquette Dinner

November 18th, 2015

6:00-8:30 P.M.

Doheny Mansion

Pompeian Room

Register
only if you
have never
attended
before!

You can register on the portal or
through the email hyperlink.

WHY? STUDY? WORKSHOP

Presented by the Learning Resource Center & Student Success Center

Building 4, Room 114
1:00 pm - 2:00 pm

November 12th, 2015

November 19th, 2015

PART ONE:

What does it mean to study?
Strategies for Success in Sciences
Finding out what works for you

PART TWO:

Reading to learn
Smart note taking
Finding out what matters

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 10

November 2, 2015

CALENDAR OF EVENTS

Monday, Nov. 2, All Souls Day
11:10 Blessing Altars

Tuesday, Nov. 3
Registration for Juniors

Wednesday, Nov. 4
Registration for Sophomores
7:00am Yoga

Thursday, Nov. 5
Registration for Freshmen
6:30pm Charity Ball—Chalon

Friday, Nov. 6
Registration for Chalon Classes



Registration for Spring 2016

Will be Tuesday, Nov. 3, for Juniors (those with 60 or more units completed)

Wednesday, Nov. 4, for Sophomores (those with 30 or more units completed)

Thursday, Nov. 5, for Freshmen

Friday, Nov. 6, for Chalon courses

Read your emails for YOUR TIME to register.

Black out week: Nov. 9—13 —No registering!

Clear all your HOLDS before time.

Questions? Ask your Advisor



ALL SAINTS' MASS November 1 at 7 P.M., Mary Chapel (Chalon)

#SAINTLYCHALLENGE November 1 to November 18

Are you Saint-like? We'll be posting information about exemplary saints all over campus and social media. Use #SaintlyChallenge - let us know how your actions are inspired by saints and enter a raffle!

SAINT TRIVIA November 5 and 12 at 11 A.M., House 7 (Doheny)
How well do you know your saints? Test your knowledge with Campus Ministry

SAINT MOVIE NIGHT

November 20 at 7 P.M., Magnificat House (Chalon)

November 10 at 8:15 P.M., Casa Magnifica (Doheny)

VOTE FOR YOUR FAVORITE SAINT!

Thursday, November 19 11:30-2 P.M., The Circle (Chalon)

Ahmanson Commons (Doheny)

Who is your favorite Saint? Come vote in exchange for Campus Ministry's fresh cookies. The winner of the #SaintlyChallenge and voting will be announced on Friday!



ALL SOULS' DAY November 2nd

Begins a month of heartfelt remembrance of our very own beloved dead. Many cultures have special traditions for this day.

BLESSING OF EL DIA DE LOS MUERTOS ALTAR

November 2 at 11:10 A.M., Mercy Chapel (Doheny)

November 2 at 12 P.M., Mary Chapel (Chalon)

You are invited to place a photo or a name-card or flowers on these altars in honor of your own loved ones who have died.

MASS OF REMEMBRANCE

November 8 at 7 P.M., Mary Chapel (Chalon)

November 10 at 4 P.M., Mercy Chapel (Doheny)

Come and pray with the community as we remember loved ones who have died. Send the name of someone who died between November 2014 and October 2015 to campus ministry by Nov. 2. These names will be posted in the chapels.



Spring Break **Discover China**
Feb. 26 to March 6, 2016

Questions: Contact
kwhitman@msmu.edu
Open to MSMU students, faculty, family
and friends

2015 Spring Schedule
If you need a science class
for general studies, consider these.

BIO 10 3 units
An introductory course designed to provide the student with a basic understanding of the functioning of the human body as it relates to health problems. Included are such topics as nutrition, infectious disease, cancer cardiovascular disease, reproduction, and the effects of alcohol, drugs, and tobacco. Offered every semester. Lecture 3 hrs. GS-IIID

BIO 6 4 units
This is an introductory course designed to prepare major students for biology core courses. Topics include cell structure and function metabolism and energy flow, inheritance and genetics, and structure and function of different living forms. A particular emphasis is placed on developing scientific reading and writing skills. The laboratory allows students to learn scientific methods, investigate lecture topics and gain hands-on experiences. Offered every Spring semester. Lecture 3 hrs. Laboratory 3 hrs. GS-IIID

(BIO 5 is only offered in Fall.)

science

Message from the Business Office
Greetings Students!

Registration and Holds: Registration will begin November 2, 2015 and will be open through November 6, 2015. Please refer to your emails for your specific registration time and date.
Also, please note a Business Office hold will prevent registration, so please clear your account to be able to register on time to your anticipated courses.

Financial Clearance Deadlines: As you register for Spring 2016, keep in mind that your student account must be financially cleared for that term by December 9th (returning students) or December 23rd (new students).

¡FELIZ DÍA DE LOS MUERTOS!

Like us on Facebook: www.facebook.com/MSMUBusinessOffice
Call us or email us: 213.477.2540 / 310.954.4040 / BusinessOffice@msmu.edu

CPS Tip of the Week

Benefits of Deep Breathing
Taking a few moments to take in some deep breaths in has many physical and mental benefits. Deep breathing increases the level of oxygen your body is getting, in turn allowing your body feel more relaxed and your muscles to release tension. Moreover, deep breathing releases pleasure inducing chemicals to the brain, which can help elevate your mood!

Deep breathing involves taking slow, long, concentrated breaths.

- ♦ Start by taking a slow breath in through the nose for approximately five seconds and hold for five seconds.
- ♦ Next, exhale slowly through the mouth, for about five seconds.
- ♦ Wait for a few seconds, then repeat for about 6-8 breath cycles.

Go ahead, try it!

CPS

Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doherty Office 213.477.2668, McIntyre, 1st Floor

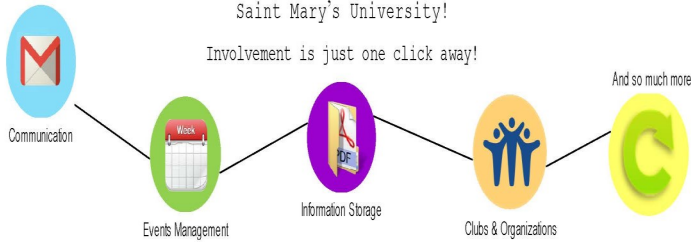
Like us on Facebook at MSMU.CPS

WELLNESS...
THE MOUNT WAY!

Connect with OrgSync

Get **Synced** with Student life and leadership development at Mount Saint Mary's University!

Involvement is just one click away!



REGISTER YOUR ACCOUNT TODAY AND JOIN CLUBS/ORGANIZATIONS ONLINE BY FOLLOWING THESE SIMPLE INSTRUCTIONS

Login to Your Account

1. Go to OrgSync.com
2. Select "Mount Saint Mary's University"
3. Use your MSMU username and password to access your account
4. Complete Profile Information

Join Clubs/Organizations

1. Login to OrgSync.com
2. Select "Browse Organizations"
3. Browse Organizations to Join
4. Request to Join* (clubs/organizations you would like to be part of or in which you hold a leadership position)

*Please note that some organizations require approval or an application.

Women's Leadership & Student Involvement | leadership@msmu.edu | 213-477-2664 | Building 11, 2nd floor

SALE

25% OFF

discount taken at register

**Bookstore SALE now
until old items are gone.**

PLEN Women in STEM Policy Washington, DC

Application Deadline: November 11, 2015
<https://orgsync.com/54559/forms/148413>

Launch your STEM policy career today!

*A Commitment to Civility
I will commit myself to the
pursuit of knowledge with
personal integrity and
academic honesty.*

Are you enrolling in a
**PHYSICAL
EDUCATION
CLASS** for
SPRING 2016?

LET US KNOW WHEN YOU BRING IN YOUR

**PASSP(90 DAY
TO HEALTH)RT**



<< PARTICIPATION BONUS EVENT >>

For More Information call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685

Campus Security Safety Tips- Week Ten: Campus Fire Safety Awareness Month- Tip 4

To survive a fire:

- If there is smoke in the room, keep low to the floor.
- Try to exit the room. Feel the doorknob, if it is hot, do not open the door.
- If the doorknob is not hot, brace yourself against the door and crack it open. If there is heat or heavy smoke, close the door and stay in the room.
- Don't panic, call 911 and Campus Security immediately.

Seal up the cracks under the door with sheets, or towels. If there is smoke in the room, crack the windows at the bottom and at the top, if possible to allow for ventilation



*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*

FREE YOGA



Wednesdays 7-8 AM

Starting Oct. 28th

Open to Students, Staff, Faculty & Alumnea
Only 20 per class so come early!

@ The Doheny Fitness Center



WOMEN'S LEADERSHIP & STUDENT INVOLVEMENT IS HIRING STUDENT WORKERS!

Apply on the Mount Career Network

For more information about our office assistant work-study position stop by the Women's Leadership office or email Brittney Plascencia-Saldana at bsaldana@msmu.edu

Mount Career Network website: www.msmu-csm.symplicity.com

Apply by Friday, November 6, 2015



Are you looking for a great way to get involved?

Do you want to build new skills?

Were you awarded Work-study?

Apply to be an Office Assistant for Women's Leadership TODAY!

WOMEN'S LEADERSHIP & STUDENT INVOLVEMENT

Doheny Campus
Building 11, 2nd floor
P: 213-477-2664



You are cordially invited to Career Service's 20th Annual Etiquette Dinner

November 18th, 2015

6:00-8:30 P.M.

Doheny Mansion

Pompeian Room



You can register on the portal or through the email hyperlink.



PASSPORT



<< PARTICIPATION BONUS EVENTS >>



Auditory Screening

{Do you hear me now?}

-and-



Vision Screening

{I've only got eyes for you}

Appointments available

in Student Health Services

For More Information call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 9

October 26, 2015

CALENDAR OF EVENTS

Monday, October 26

6:30 Busy Person Prayer



Wednesday, October 28

11:00 Career Services Open House

Thursday, October 29

12:00 Halloween Spirit



Friday, October 30

**Last Day to Drop/Withdraw
from a class**

Saturday, October 31

6:00—8:00pm

Halloween Campus

Come with ghosts and goblins

To enjoy our decorated houses



**Career Services & Internships,
Community Engagement, and
Women's Leadership & Student Involvement**
present

Haunted Open House

Wednesday, October 28th 11:00a.m.-3p.m.
Doheny BLDG 11 upstairs
Rooms 200, 211, 213

Stop by if you dare for some tricks or treats!
We'll have a **FRIGHTFULLY** good time

Our Annual Halloween Haunted Campus at Doheny is just around the corner.
Every single year, MSJMU opens up the Doheny campus to thousands and thousands of neighborhood kids and their families as a safe and better alternative for trick-or-treating. Help us reach our goal by donating candy.
Drop your candy into Halloween decorated boxes around campus.

Location of Boxes

CHALON

- Campus Ministry (1st Floor Humanities)
- Health Services (1st Floor Humanities)
- Learning Center (2nd Floor Humanities)
- Student Programming (2nd Floor Humanities)
- Student Affairs (2nd Floor Humanities)
- Career Services (4th Floor Humanities)
- Student Lounge (Ground Floor McCarthy Complex)
- Women's Leadership (Ground Floor McCarthy Complex)
- Residence Life (1st Floor Brady)
- Fitness Education (near the pool)

DOHENY

- Building 7
- Fitness Center
- Mallroom
- Health Services (Building 3)
- DPT (Building 5 - 1st Floor)
- Nursing (Building 1 - 3rd Floor)
- Building 10
- Learning Resource Center (Building 3)
- Weekend College (Building 2 - 1st Floor)
- Library
- Mansion
- Building 745 (Admissions, Business Office, Student Financing)
- Child Development Center
- Women's Leadership (Building 11 - 2nd Floor)
- St. Vincent's Church

25,000 pounds?
Not impossible.
WE CAN DO IT!

For additional information, please contact Maria Lyons
in Building or at (213) 477-2670.
Sponsored by Commuter Services, Doheny Campus

Come get in the Halloween spirit with your Student Activities Council!

When? Thursday, October 29th
Where? North Lawn
(Lawn between Library & Mansion)
Time? 12pm-2pm
Feat: DIY crafts, pumpkin pie, contests, polaroid pics & MORE!!!
SEE YOU THERE @

DROPPING (withdrawing) from a CLASS

Signatures needed:
Instructor of class
Advisor
Financial Aid
Business Office (and pay \$14.00)
Your signature

And turn in to Registrar's Office by 4:00pm

The last day to withdraw from a class is

CPS Tip of the Week

Some Tips For Coping With Depression:

- * Break big tasks into smaller ones.
- * Be kind to yourself. *Say nice things to and about yourself.*
- * Eat balanced meals and go for walks outside with your friends.
- * Spend time with people you love. Pet some animals.
- * Speak to a counselor or therapist.
- * Time can be a cure – especially if you use it to take care of yourself.
- * **Be gentle with yourself and give yourself time to heal.**



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



Like us on Facebook at MSMU.CPS



WELLNESS...
THE MOUNT WAY!



Registration for Spring 2016

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(those with 30 or more units completed)

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2015 Spring Schedule If you need a science class for general studies, consider these.

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(BIO 5 is only offered in Fall.)



DISCOVER CHINA SPRING BREAK FEBRUARY 26 TO MARCH 6, 2016

MAKE NEW FRIENDS
STUDY AT A CHINESE UNIVERSITY
SEE BEIJING, CLIMB THE GREAT WALL,
EXPERIENCE SHANGHAI



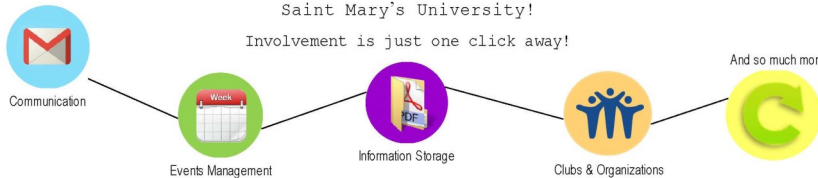
CONTACT: KWHITMAN@MSMU.EDU
OPEN TO ALL MSMU STUDENTS, FACULTY,
FAMILY AND FRIENDS

Connect with OrgSync

Get **Synched** with Student life and leadership development at Mount Saint Mary's University!

Involvement is just one click away!

And so much more!



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2. Select "Mount Saint Mary's University"
3. Use your MSMU username and password to access your account
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Join Clubs/Organizations

1. Login to OrgSync.com
2. Select "Browse Organizations"
3. Browse Organizations to Join
4. Request to Join* (clubs/organizations you would like to be part of or in which you hold a leadership position)

*Please note that some organizations require approval or an application.

Women's Leadership & Student Involvement | leadership@msmu.edu | 213-477-2664 | Building 11, 2nd floor



2. **Don't compare.** Abuse is abuse, even if you were assaulted but not physically injured, even if you hit back in self-defense, or even if it happened when there was alcohol involved. Abuse is not defined by the severity of injuries or by the number of police reports made. Avoid comparing your experience to that of other people, and instead ask: do you feel safe in your relationship?

LAND THE JOB

October 2015

THIS IS WHAT IT MEANS TO WRITE A COVER LETTER

More often than not, people assume the cover letter is just a formality—so they just throw something together and hit send. But the thing is, your cover letter is part of a whole package and it should feel that way. Writing a cover letter for your resume requires a bit of extra care, but the result is a stronger, more impactful job application, and ultimately worth the time. The extra attention won't go unnoticed!

YOU'RE HIRED!

Four Tweaks to Get You on Track:

1. **Connect the Dots**—Ask yourself "Why did I Choose to write about these experiences?" and include it in your cover letter.
2. **Give Context to Your Resume**—Your cover letter is where you can tell the whole story, or paint a picture, so that the hiring manager can visualize what you are doing and place you in the position.
3. **Answer the Obvious Questions**—When a resume raises questions, the best place to answer these questions is in the cover letter.
4. **Present a Visually Cohesive Package**—Make it pretty. Make your resume and cover letter look like they belong together, which means using the same header for both documents and being consistent about font and size.

Source: <https://www.themuse.com/>
This is What It Means to Write a Cover Letter for Your Resume by Lily Zhang

CONNECT WITH CAREER SERVICES & INTERNSHIPS:

Chalon Campus
Humanities 401
M-F 8:30am-4:30pm
(310) 954-4410
Marlene Simon, Director
msimon@msmu.edu

Doheny Campus
Building 11, Room 213
M-F 8:00am-4:30pm
(213) 477-2852
Angela Tilley, Assistant Director
atilley@msmu.edu



Mount Saint Mary's University: Students & Alumnae



MSMUHireAthenians



@MSMU_CareerServices



MountCareerNetwork.com

Thank you!

The Business Office and the Office of Student Financing would like to say **THANK YOU** to all the students who attended our Financial Literacy Workshops! We hope you learned something new and that you will share this new knowledge with your peers. Don't worry if you were not able to attend one of the two workshops offered this semester - we will have more workshops in the Spring!

Campus Security Safety Tips-

Week Nine: Campus Fire Safety Awareness Month—Tip 3

We can all prevent fires, by making sure all fire safety equipment (smoke detectors, fire extinguishers, exit signs, etc.) are up to date and in proper working condition. Never overload an electrical outlet or power strip. Only use extension cords on a temporary basis and never have an open flame in resident's halls or areas that are a high fire zone. Always contact Campus Security if you see a fire.



Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive

ADVISEMENT PERIOD for Spring 2016 Semester

October 12th - October 30th

Registration for the Spring 2016 semester begins **November 2nd**. Please contact your advisor today to schedule your appointment! If you do not meet with an advisor, a hold will remain on your account and you will be unable to register for Spring 2016 classes.

*****There will be no Drop-In Hours during Advisement Period*****

Academic Advisement

Student Services Building 2nd Floor, Room 211

Office Hours

Monday 8:00am-6:30pm *Tuesday-Thursday* 8:00am-5:00pm *Friday* 7:30-4:00pm

Phone: 213.477.2577 advisement@msmu.edu

OCTOBER is... Breast Cancer Awareness Month

**Want to learn how to do a
BREAST Exam**

OR

TESTICULAR Exam?

NO DISROBING NECESSARY!



Appointments available in Student Health Services during the month of OCTOBER for all eligible students.

<< 90 DAY PASSPORT TO HEALTH PARTICIPATION BONUS EVENT >>



PASSP(ORT)

For More Information call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685



**Halloween Costume?
Costume Cupboard?
Children's Dress Up?**

Sr. Carol is cleaning out the academic garb closet and selling off some very old baccalaureate gowns. She is asking a donation of \$3 for a gown. See her in Bldg 2 upstairs.

PLEN The Public Leadership Education Network
Preparing Women to Lead

Mount Saint Mary's
University
LOS ANGELES

Women in STEM Policy Washington, DC

Open to sophomores and above

Seminar Dates
January 4-6, 2016

Application Deadline
November 11, 2015

Apply today on OrgSync:
<https://orgsync.com/54559/forms/148413>



Launch your STEM policy career today!

Learn how to launch your career from women who have broken the glass ceiling in STEM Policy.

Explore careers in science, health, and technology within public, non-profit, and private sectors.

Develop professional skills by perfecting your resume and putting these skills to task upon networking opportunities with Science leaders.

**Partial and Full Scholarships Available
through Women's Leadership &
Student Involvement**



For more information visit Women's Leadership & Student Involvement office: C - Leavey Commons/D - Bldg. 11 2nd Floor
Visit the PLEN website to learn more about seminars and view past schedules at www.plen.org



PASSP(ORT)



<< PARTICIPATION BONUS EVENTS >>



Auditory Screening
{Do you hear me now?}

-and-



Vision Screening
{I've only got eyes for you}

**Appointments available
in Student Health Services**

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Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 8

October 12, 2015

Two Week
Edition

CALENDAR OF EVENTS

Monday, Oct. 12

6:30pm Busy Person Prayer



Tuesday, Oct. 13

12:00 Mood Screening

1:00 Student Financing Workshop

Wednesday, Oct. 14

October 15 and 16
Mid-Semester Break
No traditional AA classes.



Monday, Oct. 19

6:30pm Busy Person Prayer

Tuesday, Oct. 20

7:00 Margaret Farley Lecture



Friday, Oct. 23

5:00pm Justice on Trial

What's
your
mood?



Presented by
Counseling and
Psychological
Services

National Depression
Screening Day

Wednesday,
October 13, 2015

12:00pm - 3:00pm

Doheny Campus,
Ahmanson Driveway



If you are feeling
angry, sad, anxious or
any other emotion,
come to this event to
TEST YOUR MOOD!
It's FREE and
anonymous!



Giveaways and
helpful resources
will be provided!
Please call
213-477-2668
for more info.



Celebrating Mount Saint Mary's 90th Year



The University
welcomes guests and
alums
on Saturday, Oct. 10th,
at the Chalon (original)
Campus.

The evening's festivities include a Founders Day Mass, President's Reception entertainment, food and dancing. Plus, a special program will honor the legacy of the Sisters of St. Joseph of Carondelet.

13TH ANNUAL

Pat Reif Memorial Lecture

"Proposing a Framework for a Sexual Ethic"



by Dr. Margaret A. Farley, RSM

Dr. Margaret Farley, RSM, is the Gilbert L. Stark Professor Emerita of Christian Ethics at Yale University Divinity School. She is the author or co-editor of seven books, including *Personal Commitments: Beginning, Keeping, Changing; Compassionate Respect*; and most recently, *Just Love: A Framework for Christian Sexual Ethics*. She is the recipient of eleven honorary degrees and a variety of fellowships and awards, including the 1992 John Courtney Murray Award for Excellence in Theology.

7:00 - 9:00 pm, Tuesday, October 20, 2015

Mount St. Mary's University

Doheny Campus, Downtown, Los Angeles, CA

Rose Hills Auditorium

This event is Free & Open to the Public

Contact: lfarley@msmu.edu for more information

This annual lecture is in honor of Dr. Patricia A. Reif, IHM, scholar, educator, social justice activist, and the founder of the M.A. in Feminist Spirituality program at Immaculate Heart College Center. We thank the sponsoring organizations: Immaculate Heart Community & College Alumnae, CGU Department of Religion, CST, and MSMU Department of Religious Studies for their ongoing support of this lectureship series.

RSVP: BUSINESSOFFICE@MSMU.EDU

Super!

FINANCIAL LITERACY WORKSHOP

FREE PIZZA!!!



Chalon	Doheny
WHEN: Oct. 20, 2015	WHEN: Oct. 13, 2015
TIME: 1pm - 2pm	TIME: 1pm - 2pm
WHERE: Hannon Theater	WHERE: Rose Hill Auditorium

The Business & Financial Aid Offices are teaming up!

#1

- ✓ Find out how to manage your CASHNet account!
- ✓ Learn how to read your financial statement!
- ✓ FAFSA: What does it all mean?
- ✓ Health Insurance, Loans, Refunds, oh my!
- ✓ Learn why your account is on hold & how to prevent it!

2015 Spring Schedule If you need a science class for general studies, consider these.

BIO 10 3 units

An introductory course designed to provide the student with a basic understanding of the functioning of the human body as it relates to health problems. Included are such topics as nutrition, infectious disease, cancer cardiovascular disease, reproduction, and the effects of alcohol, drugs, and tobacco. Offered every semester. Lecture 3 hrs. GS-IIID



BIO 6 4 units

This is an introductory course designed to prepare major students for biology core courses. Topics include cell structure and function metabolism and energy flow, inheritance and genetics, and structure and function of different living forms. A particular emphasis is placed on developing scientific reading and writing skills. The laboratory allows students to learn scientific methods, investigate lecture topics and gain hands-on experiences. Offered every Spring semester. Lecture 3 hrs. Laboratory 3 hrs. GS-IIID
kill
(BIO 5 is only offered in Fall.)

What is Depression?

Here are some signs to look for:

- * Lack of enjoyment in most activities.
- * Weight loss or weight gain.
- * Changes in sleeping patterns.
- * Feeling restless.
- * Feeling low energy and regularly tired.
- * Feeling worthless and guilty.
- * Having difficulty concentrating.
- * Thoughts of death, self-harm, or suicide.



Get help.



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor

 Like us on Facebook at [MSMU.CPS](https://www.facebook.com/MSMU.CPS)



WELLNESS...
THE MOUNT WAY!

Spring Break **Discover China**
Feb. 26 to March 6, 2016

Info session: Tues., Oct. 6, 1:00 at Chalon Humanities 500
Questions: Contact kwhitman@msmu.edu
Open to MSMU students, faculty, family and friends



DROPPING (withdrawing) from a CLASS

Students dropping a class:

- on an add/drop form, get the signature of the instructor whose class you are dropping
- ask your advisor to sign the form (you can find the name of your advisor in WebAdvisor)
- go to the Business Office and Student Financing Office and ask for their signatures. You will be charged \$14.00 at the Business Office.
- sign the form and turn it in to the Registrar's Office. You will have a W (withdrawn) on your transcript, but it does not go against your GPA (grade point average).

The last day to withdraw from a class is October 30.

All these people who sign it have words of wisdom for you. They want you to know the consequences—some good, some not so good—with this action.



1. Knowledge is power. When it comes to preventing domestic abuse, learning to recognize the distinct patterns and behaviors associated with intimate partner violence can be lifesaving. Most abusive partners choose, test, and prime their future victims before they ever lay a hand on them. Learn their tactics, watch for red flags, and always follow your instinct—it serves to protect and guide you in potentially dangerous situations.

THIRD ANNUAL

JUSTICE on TRIAL

Film Festival

REGISTRATION REQUIRED
FREE TO MOUNT SAINT MARY'S
FACULTY, STAFF & STUDENTS
WITH ID

Mount Saint Mary's University, Los Angeles

Doheny Campus, Rose Hills Auditorium

Friday, October 23 5-9 pm

Saturday, October 24 2-6 pm

Sunday, October 25 9-11 am

FEATURED FILMS



FRIDAY—Say Her Name Session
SATURDAY—Free Mo Forum
SUNDAY—Justice Breakfast

FEATURED SPEAKERS



- Kimberlé Creusshaw—UCLA Law Professor
- Paul Butler—Georgetown Law Professor
- Maya Schenwar—Editor-in-Chief, Truthout
- Azadeh Zohrabi—Attorney, Elia Baker Center

ORGANIZERS & ALLIES

A New Way of Life Re-Entry Project
Anti-Recidivism Coalition
Californians for Safety and Justice
Children's Defense Fund—California
LA Progressive • Michelle Alexander
Mount Saint Mary's University
The Race, Gender and Human Rights Fund of the
Women's Foundation of California

Tickets & Info: justiceontrialfilmfestival.org
323.563.3575



Week Eight

Campus Fire Safety Awareness

Month—Tip 2

Know the basic operation of an extinguisher: P A S S

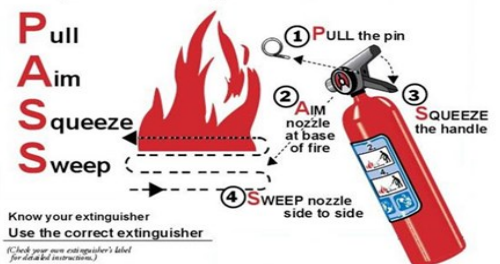
Pull the pin

Aim the nozzle at the base of the fire

Squeeze the handle

Sweep nozzle side to side

To operate an extinguisher:



ADVISEMENT PERIOD for Spring 2016 Semester

October 12th - October 30th

Registration for the Spring 2016 semester begins **November 2nd**. Please contact your advisor today to schedule your appointment! If you do not meet with an advisor, a hold will remain on your account and you will be unable to register for Spring 2016 classes.

There will be no Drop-In Hours during Advisement Period



Academic Advisement

Student Services Building 2nd Floor, Room 211

Office Hours

Monday 8:00am-6:30pm Tuesday-Thursday 8:00am-5:00pm Friday 7:30-4:00pm

Phone: 213.477.2577 advisement@msmu.edu

OCTOBER is... Breast Cancer Awareness Month

Want to learn how to do a
BREAST Exam

OR

TESTICULAR Exam?

NO DISROBING NECESSARY!



Appointments available in Student Health Services during the month of OCTOBER for all eligible students.

<< 90 DAY PASSPORT TO HEALTH PARTICIPATION BONUS EVENT >>

FREE GIFT
to all participants!



For More Information call Student Health Services
Chalon 310.954.4110 and Doheny 213.477.2685



**Halloween Costume?
Costume Cupboard?
Children's Dress Up?**

Sr. Carol is cleaning out the academic garb closet and selling off some very old baccalaureate gowns. She is asking a donation of \$3 for a gown. See her in Bldg 2 upstairs.

Our Annual Halloween Haunted Campus at Doheny is just around the corner- Every single year, MSMU opens up the Doheny campus to thousands and thousands of neighborhood kids and their families as a safe and better alternative for trick-or-treating. Help us reach our goal by donating candy- Drop your candy into Halloween decorated boxes around campus-

Location of Boxes

CHALON

Campus Ministry (1st Floor Humanities)
Health Services (1st Floor Humanities)
Learning Center (2nd Floor Humanities)
Student Programming (2nd Floor Humanities)
Student Affairs (2nd Floor Humanities)
Career Services (4th Floor Humanities)
Student Lounge (Ground Floor McCarthy Complex)
Women's Leadership (Ground Floor McCarthy Complex)
Residence Life (1st Floor Brady)
Fitness Education (near the pool)

DOHENY

Building 7
Fitness Center
Mailroom
Health Services (Building 3)
DPT (Building 5 - 1st Floor)
Nursing (Building 1 - 3rd Floor)
Building 10
Learning Resource Center (Building 3)
Weekend College (Building 2 - 1st Floor)
Library
Mansion
Building 745 (Admissions, Business Office, Student Financing)
Child Development Center
Women's Leadership (Building 11 - 2nd Floor)
St. Vincent's Church



**25,000 pounds?
Not impossible.
WE CAN DO IT!**

For additional information, please contact Maria Lyons
in Building or at (213) 477-2670.

Sponsored by Commuter Services, Doheny Campus

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 7

October 5, 2015

CALENDAR OF EVENTS

Monday, Oct. 5
6:30 Busy Person's
Prayer



Wednesday, Oct. 7
6:00pm Grad School Tips

Thursday, Oct. 8
1:00 Psych Majors Pizza Party

The Struggle for Women's Equality In an Era of a Popular Pope

Speaker: Jamie Manson

Come and learn about Pope Francis and the people's voices crying out for reform. Jamie Manson will examine the roots of Pope Francis' notion of traditional gender roles for men and women. She will also explore the ways in which the struggle for women's equality in the church is so essential to alleviating global poverty and suffering.

Thursday, Oct. 8, 7:30
Rose Hills Auditorium

Students \$5.00; non-students \$10.00

Sponsored by Call to Action Southern California



Get into the Halloween Spirit of **TREATING**
thousands of neighborhood children
all dressed up to impress you.

Bring on the little kids for
the Haunted Halloween Campus

Saturday, October 31, 6:00pm—8:00pm

Don't let us run out of candy
DONATE TODAY!

Wrapped candies, please.

Bring Candy to boxes on campus or bldg. 7.



*** CPS Tip of the Week ***



- 1 in 3 college students experience depression.
- Depression is NOT a weakness or a failing.
- Depression is treatable.

**Seeking help for depression is
a sign of strength.**



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



Like us on Facebook at MSMU.CPS



WELLNESS...
THE MOUNT WAY!

Greetings from the Business Office!

Free pizza! Yes, free pizza for attending the Financial Literacy Workshop presented by the Business Office and the Office of Student Financing. Plus, useful information regarding financial matters for every Mount student. You may RSVP to attend the Chalon or Doheny workshop by sending a simple email to Business Office@msmu.edu.

Chalon: October 20, 1PM-2PM at Hannon Theater.

Doheny: October 13, 1PM-2PM at Rose Hills Auditorium.

Useful Links:

Financial Clearance Deadlines:

<http://www.msmu.edu/about-msmu/business-office/forms-financial-documents/financial-clearance-deadlines.aspx>

Refund Tables:

<http://www.msmu.edu/about-msmu/business-office/forms-financial-documents/refund-tables.aspx>

MSMU is now using Office 365 for all email communication. Learn about important dates and policies by reviewing your Mount email regularly, as this is the primary form of communication used by our office.

Like us on Facebook: www.facebook.com/MSMUBusinessOffice

Call us or email us: 213.477.2540 / 310.954.4040 /

BusinessOffice@msmu.edu

PLEN The Public Leadership Education Network
Preparing Women to Lead



Women in STEM Policy Washington, DC

Open to sophomores and above

Seminar Dates

January 4-6, 2016

Application Deadline

November 11, 2015

Apply today on OrgSync:
<https://orgsync.com/54559/forms/148413>



Launch your STEM policy career today!

Learn how to launch your career from women who have broken the glass ceiling in STEM Policy.

Explore careers in science, health, and technology within public, non-profit, and private sectors.

Develop professional skills by perfecting your resume and putting these skills to task upon networking opportunities with Science leaders.

Partial and Full Scholarships Available
through Women's Leadership &
Student Involvement

For more information visit Women's Leadership & Student Involvement office in Ahmanson Commons 2nd floor
Visit the PLEN website to learn more about seminars and view past schedules at www.plen.org

DISCOVER CHINA

SPRING BREAK
FEBRUARY 26 TO MARCH 6, 2016

MAKE NEW FRIENDS

STUDY AT A CHINESE UNIVERSITY

SEE BEIJING, CLIMB THE GREAT WALL,
EXPERIENCE SHANGHAI



CONTACT: KWHITMAN@MSMU.EDU

OPEN TO ALL MSMU STUDENTS, FACULTY,
FAMILY AND FRIENDS

There will be an information session for the Wonders of China Spring Break 2016 trip on **Tuesday, October 6th, from 1:00 PM – 2:00 PM at Chalon Humanities 500.**

DROPPING (withdrawing) from a CLASS



Students dropping a class:

- on an add/drop form, get the signature of the instructor whose class you are dropping
- ask your advisor to sign the form (you can find the name of your advisor in WebAdvisor)
- go to the Business Office and Student Financing Office and ask for their signatures. You will be charged \$14.00 at the Business Office.
- sign the form and turn it in to the Registrar's Office. You will have a W (withdrawn) on your transcript, but it does not go against your GPA (grade point average).

The last day to withdraw from a class is October 30

All these people who sign it have words of wisdom for you.

They want you to know the consequences—some good, some not so good—with this action.

Reality Check: Grad School Edition



USC University of
Southern California



FREE NACHOS!!

Brought to you by your Community
Programmers!

Date: 10/07/15
Time: 6:00pm-8:30pm
Hannon Lounge (First Floor)

Get **MSW** grad school tips
from current students at
USC! Current grad school
students will cover:

- Applying
- What to expect
- Things to know
- Secrets/Tips
- Costs

Be an ORIENTATION LEADER!

Applications are still being taken for Orientation
Leaders for Fall 2016. Due Oct. 9.

Find application and more at
www.msmu.edu/DOHENY-OL

What's
your
mood?



Presented by
Counseling and
Psychological
Services

National Depression
Screening Day

Wednesday,
October 13, 2015

12:00pm - 3:00pm

Doheny Campus,
Ahmanson Driveway



If you are feeling
angry, sad, anxious or
any other emotion,
come to this event to
TEST YOUR MOOD!
It's **FREE** and
anonymous!

Giveaways and
helpful resources
will be provided!

Please call
213-477-2668
for more info.



WHEN?

OCTOBER 24, 2015

8:00AM - 12:00PM

WE WANT YOU!

Students, Faculty, Staff and Alumnae can all participate.
There can be up to two men per team, but they must be
MSMU affiliated. Teams must have a minimum of 6
players and a maximum of 8 players.

WHO?

SIGN UP!

\$5 per person. Total payment for the team is due when
registration form is turned in.

Registration forms, with payment, can be turned in to the
Chalon Fitness Center.

DEADLINE: October 6, 2015

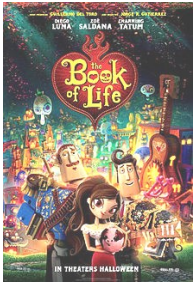
REGISTER TODAY!

Mount Saint Mary's University
LOS ANGELES
Sports & Wellness

Questions?
Call the Fitness Center:
(310) 954-4345

Attention ISAE Students

Fall Fling- Book of Life:



ISAE students, join us on Friday, October 9th, at 5:30PM at the Doheny Pool as we watch the *Book of Life* under the stars. There will be delicious food and raffle prizes. We will be sitting on the grass so be sure to bring a blanket or a towel to sit on. Stop by the ISAE Office with your \$20 *refundable* deposit to reserve your spot! Don't miss out on this great opportunity! Sign-up NOW.

Campus Security Safety Tips-

Week Seven: Campus Fire Safety Month— Tip 1

When a smoke alarm or fire alarm sounds, get out of the building quickly and do not reenter the building until fire authorities say it is safe to do so. Learn your building's evacuation plan and practice all drills as if they were the real thing. Learn where all the fire extinguishers are on Campus.



*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*

ADVISEMENT PERIOD for Spring 2016 Semester

October 12th - October 30th

Registration for the Spring 2016 semester begins **November 2nd**. Please contact your advisor today to schedule your appointment! If you do not meet with an advisor, a hold will remain on your account and you will be unable to register for Spring 2016 classes.

There will be no Drop-In Hours during Advisement Period

Academic Advisement

Student Services Building 2nd Floor, Room 211

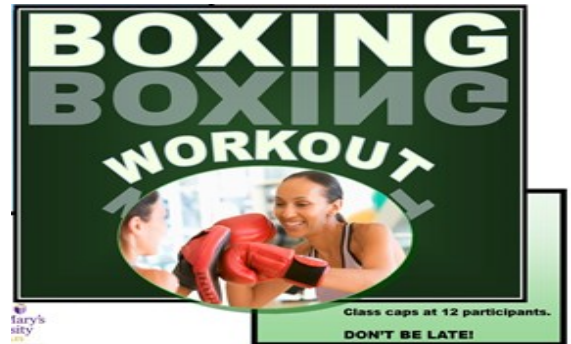
Office Hours

Monday 8:00am-6:30pm Tuesday-Thursday 8:00am-5:00pm Friday 7:30-4:00pm

Phone: 213.477.2577 advisement@msmu.edu

FREE.....BOXING WORKOUT

Tuesdays, 5—6:30pm
Doheny Fitness Center



Halloween Costume? Costume Cupboard? Children's Dress Up?



Sr. Carol is cleaning out the academic garb closet and selling off some very old baccalaureate gowns. She is asking a donation of \$3 for a gown. See her in Bldg 2 upstairs.

Busy Persons' Retreat



All are invited to
Join us for prayer on
Monday evenings at 6:30pm
Mercy Chapel
Followed by eats and social
with friends and CSJ sisters.

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 6

September 28, 2015

CALENDAR OF EVENTS

Tuesday, Sept. 29
12:00 Community Engagement Fair

Wednesday, Sept. 30
6:30pm Hula on Over

Thursday, Oct. 1
1:00 Scholarship Workshop



HEY ATHENIANS, HULA ON OVER!

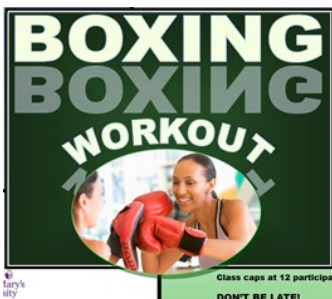


Join Doheny SAC for a screening of Lilo & Stitch
Featuring: contests, games, snow cones, polaroids
& MORE!



Bring your own towel/blanket to sit on!
Don't forget your bathing suit for the Cannon Ball Contest!
Mark your calendars: Wednesday, September 30th 2015!
6:30pm @ Doheny Pool Area

FREE.....BOXING WORKOUT Tuesdays, 5—6:30pmll



Busy Person's Retreat Mondays during October



Did you make a
retreat in high school
and love the experience?

Would you like to see what a retreat is like?

During October, you'll still attend classes and do all the work that makes you a busy person, but you'll have the opportunity to meet with a Sister of St. Joseph once a week and talk about your prayer experiences, learn a few other ways to pray, and learn more about how God is working in your life.

The group on the retreat will meet on Monday evenings at 6:30 for common prayer. You can invite your friends to this prayer time also.

Registration forms with Sr. Carol, bldg. 2
or Campus Ministry, bldg. 7
Due now.

Give God a chance; listen to what God is saying to you!



Meet over 30 Community
Non-Profits from all over
Los Angeles and learn how you can
"Make A Difference!"



DATE: TUESDAY, SEPTEMBER 29

TIME: 12:00 noon—2:00 p.m.

PLACE: Doheny Campus—
North Lawn

DON'T FORGET THE COMMUNITY ENGAGEMENT FAIR

CPS Tip of the Week

What to expect when you seek support at CPS:

Your First Visit: During your first visit, you will be asked to spend about 20-30 minutes completing a demographic questionnaire and an electronic assessment of overall mental health. Once completed your counselor will review these materials with you, and spend approximately 45 minutes with you to discuss your presenting concerns. Your counselor will listen to you to hear the issues that have brought you in, and make recommendations for the types of services (either on- or off-campus) that might be appropriate to help.

Follow-Up Visits: The length and frequency of follow-up visits to CPS will be determined in consultation with your counselor. Meetings typically last for about 45 minutes and occur on a weekly basis until your presenting concern is resolved. Some students find relief by coming for 2-3 sessions to talk about something very specific, while others are unsure about how frequently or for how long they would like to attend sessions. Your counselor will work with you to determine the best plan for your specific needs.



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



Like us on Facebook at MSMU.CPS



WELLNESS...
THE MOUNT WAY!

THE STRUGGLE FOR WOMEN'S EQUALITY IN AN ERA OF A POPULAR POPE

Pope Francis has captivated the world with his humility, passion for the poor, and desire to be among the people. In his exhortations against capitalism and his support of environmental justice, he has taken up the mantle of the prophet. But his traditional understandings of the role of women cry out for reform through the prophetic voice of the laity. In this presentation, Jamie Manson will examine the roots of Pope Francis' notion of traditional gender roles for men and women. She will also explore the ways in which the struggle for women's equality in the church is so essential to alleviating global poverty and suffering.

OCTOBER

8

SPEAKER:
JAMIE MANSON

Jamie is a nationally sought-after speaker, retreat leader, and media commentator on issues related to women and LGBT Catholics, young adult Catholics, and the future of the church. She is columnist and editor at the National Catholic Reporter.

Doheny Campus
Mount Saint Mary's University,
Los Angeles
The Rose Hills Auditorium
7:30 pm



Suggested Donation: Students: \$5.00, Non Students: \$10.00

Sponsored by Call to Action Southern California

PLEN The Public Leadership Education Network
Preparing Women to Lead

Mount
Saint Mary's
University
LOS ANGELES

Women in STEM Policy Washington, DC

Open to sophomores and above
Seminar Dates
January 4-6, 2016

Application Deadline
November 11, 2015

Apply today on OrgSync:
<https://orgsync.com/54559/forms/148413>



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Learn how to launch your career from women who have broken the glass ceiling in STEM Policy.

Explore careers in science, health, and technology within public, non-profit, and private sectors.

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through Women's Leadership & Student Involvement

For more information visit Women's Leadership & Student Involvement office in Ahmanson Commons 2nd floor
Visit the PLEN website to learn more about seminars and view past schedules at www.plen.org



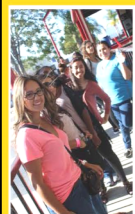
ARE YOU READY TO TAKE THE LEAD?

Women's Leadership and Student
Involvement Office Presents

The LEAD Program

- *Attend Leadership Workshops
- *Make Connections
- *On-Campus Involvement
- *Receive Individual Leadership Coaching
- * Understand your Leadership Style

APPLICATIONS ARE DUE FRIDAY, OCTOBER 2
<https://orgsync.com/54089/forms/157609>



Women's Leadership & Student Involvement Office
Building 11, 2nd Floor
P 213.477.2664
leadership@msmu.edu

Major and Minor Fair

Talk to Major & Minor Representatives • Pick up Program Change Forms • Learn about adding a Major or Minor

Chalon @ The Circle
Campus September 24th 12- 2:00pm

explore the possibilities...

Mount Saint Mary's University
LOS ANGELES

Spring 2016 Study Away

Deadlines for Study Away

Application to Study Away —Thursday, October 1

Application for the MSMU Travel Award—Monday, October 5

Visit Study Away on the portal, in Humanities 401, call (310) 954-4070, or email studyabroad@msmu.edu

DROPPING (withdrawing) from a CLASS



Students dropping a class:

- on an add/drop form, get the signature of the instructor whose class you are dropping
- ask your advisor to sign the form (you can find the name of your advisor in WebAdvisor)
- go to the Business Office and Student Financing Office and ask for their signatures. You will be charged \$14.00 at the Business Office.
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They want you to know the consequences—some good, some not so good—with this action.



Mount Saint Mary's University
LOS ANGELES

APPLY!

DEADLINE: OCTOBER 9

APPLY TODAY!

**TO BE AN
ORIENTATION LEADER
TODAY!**

RESPONSIBILITIES OF AN ORIENTATION LEADER

- Serve as a leader and active participant at all scheduled sessions.
- Lead small group discussions involving 10+ incoming freshmen.
- Learn and teach MSMU traditions and student services information.
- Attend and participate in all training sessions.
- Enroll in and successfully complete LWS 1C, Orientation Leader Training, during the spring semester.
- Serve as a role model for all students.



www.msmu.edu/DOHENY-OL

OCT
1



SCHOLARSHIP APPLICATION

Student

anta Name:

*Address:

Home:

SCHOLARSHIP WORKSHOP

**Room 114
1-2pm**

Attention students! Do you want to learn about how to look for scholarships? Join us for a workshop about how to find resources to pay for school!

SBERRY@MSMU.EDU

back to the
90's

Athenian Day 1990-2015
25th Annual

WHEN?

OCTOBER 24, 2015

8:00AM - 12:00PM

WE WANT YOU!

Students, Faculty, Staff and Alumnae can all participate. There can be up to two men per team, but they must be MSMU affiliated. Teams must have a minimum of 6 players and a maximum of 8 players.

WHO?

SIGN UP!

\$5 per person. Total payment for the team is due when registration form is turned in.

Registration forms, with payment, can be turned in to the Chalon Fitness Center.

DEADLINE: October 6, 2015

REGISTER TODAY!

Mount Saint Mary's University
LOS ANGELES
Sports & Wellness

Questions?

Call the Fitness Center:
(310) 954-4345

Campus Security Safety Tips-

Week Six: Earthquake Procedures and Preparedness

In the event of an earthquake follow these steps.

- Stay calm.
- Before you start moving around, think of what you will do. Many earthquakes are slight in magnitude. The following instructions are for moderate, major or great earthquakes.
- Inside: Inside any building get to a hallway corner, under a table, desk or bench. Stay away from windows, overhead lights, glass doors, outside walls, or anything made of brick or stone. If you can't walk because of the shaking, then crawl on your hands and knees. Watch for falling objects, such as ceilings, light fixtures, etc.
- Do not try to leave the building during the earthquake. Stay put until the building stops shaking. When safe, proceed to the evacuation site
- ♦ Chalon: Circle
- ♦ Doheny: North Lawn area between the Doheny Mansion and the J. Thomas McCarthy Library (this area is open and away from buildings).
- If in class or office, take your belongings (backpack, books, purses, etc) with you. (Do not use elevators.)
- Outside: If you are outside, remain there. When safe, proceed to the evacuation site. Watch for falling debris, trees, etc.
- In the elevator, do not panic. The elevators are equipped with automatic braking systems in case of a power failure. Stay calm - help will arrive.
- Stay in the evacuation site until you receive directions to go back inside. Once you are back in a building, remember that there are usually several aftershocks and, although the intensity of these is less than the original quake, damage may still occur. Watch for falling objects and broken glass.

Earthquakes usually have no warning and it's important to be prepared. In the event of a big earthquake staying on campus may be the safer option. And having items such as an emergency kit can make all the difference. Emergency kits can be purchased in many stores and will include items such as water, flashlight, blanket, food, first aid kit, etc. But tailoring a kit to your specific needs is key. So if you have an emergency kit make sure you include items that will make you comfortable during an emergency. For a complete list of recommended items for your emergency kit, please visit the Dept. of Campus Security Portal page and click on the ready.gov link.

*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



From resume reviews to mock interviews, visit the Career Services & Internships office at Doheny to take the steps towards achieving your dreams today. We provide services including one-on-one help with cover letters and resumes, career guidance, and resources for networking. Our goal at Career Services and Internships is to enable students to integrate academic and life experiences in order to facilitate life-long career exploration and fulfillment. As Athenians, we understand that being **UNSTOPPABLE** requires collaboration from the whole community, and Career Services & Internships can help you get your foot in the door.

Treats available during office hours along with all the info you need on your career and/or internship search! Drop in!

We are located in Ahmanson Commons, 2nd floor, room 213.

Email Angela Tilley, Assistant Director of Career Services & Internships at atilley@msmu.edu to schedule an appointment at the Doheny office



Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 5

September 21, 2015

CALENDAR OF EVENTS



Tuesday, Sept. 22

11:30 Halloween Box

1:00 Bible Study

Wednesday, Sept. 23

11:30 Halloween Box Decorating

Thursday, Sept. 24

1:00 Dean's List/ Honor Roll Reception

From the Registrar's Office: Important Dates Coming Up

October 15 and 16

Midsemester Break

No classes

but the University offices are open



Busy Person's Retreat Mondays during October

Did you make a
retreat in high school
and love the experience?

This will be a little different since you'll still attend
classes (Busy Person), but you'll have
the opportunity to meet with a
Sister of St. Joseph once a week and talk about your
prayer experiences, learn a few other ways to pray, and
learn more about how God is working in your life.

The group on the retreat will meet on
Monday evenings at 6:30 for common prayer.



On the Honor Roll or Dean's List?

There will be a
reception in your honor on

Thursday, September 24, at 1:00
In the Faculty Quad
(the grassy area between bldg. 1 and bldg. 2).

Plan to come for your certificate
And a little refreshment for
your academic excellence.

Halloween Box Decorating Information Sessions

Come learn about creating and preparing spooky, Halloween
boxes for our Annual Haunted Halloween Campus. You must
attend one of the two information sessions hosted this week,
in order to participate in this wonderful opportunity to create
and decorate our boxes and just have fun! We will be hosting
information sessions inside Building 7 on:

Tuesday, September 22nd: 11:30 pm
Wednesday, September 23rd: 11:30 am



CPS Tip of the Week

7 signs you could benefit from making an appointment with Counseling and Psychological Services:

- 1) You are feeling uncontrollably sad, angry or otherwise "not yourself."
- 2) You are eating or sleeping more or less than usual, or withdrawing from family and friends
- 3) You find yourself abusing drugs, alcohol, food or sex to cope with stress.
- 4) You've lost someone or something important to you.
- 5) Something traumatic has happened.
- 6) You've stopped doing things that you ordinarily enjoy.
- 7) You feel confused, overwhelmed, or "stuck"

Most people benefit from short-term, goal-oriented therapy to address a specific issue or interpersonal conflict, get out of a rut or make a major life decision. Make an appointment with CPS and talk to a nonbiased professional without fear of judgment or repercussions.



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



WELLNESS...
THE MOUNT WAY!

THE STRUGGLE FOR WOMEN'S EQUALITY IN AN ERA OF A POPULAR POPE

Pope Francis has captivated the world with his humility, passion for the poor, and desire to be among the people. In his exhortations against capitalism and his support of environmental justice, he has taken up the mantle of the prophet. But his traditional understandings of the role of women cry out for reform through the prophetic voice of the laity. In this presentation, Jamie Manson will examine the roots of Pope Francis' notion of traditional gender roles for men and women. She will also explore the ways in which the struggle for women's equality in the church is so essential to alleviating global poverty and suffering.

OCTOBER
8

**SPEAKER:
JAMIE MANSON**

Jamie is a nationally sought-after speaker, retreat leader, and media commentator on issues related to women and LGBT Catholics, young adult Catholics, and the future of the church. She is columnist and editor at the National Catholic Reporter.



**Doheny Campus
Mount Saint Mary's University,
Los Angeles
The Rose Hills Auditorium
7:30 pm**

Suggested Donation: Students: \$5.00, Non Students: \$10.00

Sponsored by Call to Action Southern California

13TH ANNUAL

Pat Reif Memorial Lecture

"Proposing a Framework for a Sexual Ethic"



by Dr. Margaret A. Farley, RSM

Dr. Margaret Farley, RSM, is the Gilbert L. Stark Professor Emerita of Christian Ethics at Yale University Divinity School. She is the author or co-editor of seven books, including *Personal Commitments: Beginning, Keeping, Changing; Compassionate Respect*; and most recently, *Just Love: A Framework for Christian Sexual Ethics*. She is the recipient of eleven honorary degrees and a variety of fellowships and awards, including the 1992 John Courtney Murray Award for Excellence in Theology.

7:00 - 9:00 pm, Tuesday, October 20, 2015

Mount St. Mary's University

Doheny Campus, Downtown, Los Angeles, CA

Rose Hills Auditorium

This event is Free & Open to the Public

Contact: jgarry@msmu.edu for more information

This annual lecture is in honor of **Dr. Patricia A. Reif, IHM**, scholar, educator, social justice activist, and the founder of the M.A. in Feminist Spirituality program at Immaculate Heart College Center. We thank the sponsoring organizations: Immaculate Heart Community & College Alumnae, CGU Department of Religion, CST, and MSMU Department of Religious Studies for their ongoing support of this lectureship series.

This Week with Campus Ministry



COOKIES

Monday, September 21st, 2:00 p.m.
Campus Ministry Office, Building 7
Kick off week 5 with fresh, free, warm cookies!

BIBLE STUDY

Tuesday, September 22nd,
1:00 p.m.
Mercy Chapel



Questions? Contact Campus Ministry!
campusministry@msmu.edu
x4125 (Chalon) x2672 (Doheny)



Community Engagement
Division of Student Affairs
A Service and Learning Community

Join us for the

2015 Community Engagement Fair Doheny Campus

Tuesday, September 29th, 12-2 PM on the North Lawn

Come see all the wonderful ways you can get involved and
make a difference in your community!

All Are Welcome

Organizations attending include:



Mount Saint Mary's University LOS ANGELES

APPLY!

DEADLINE: OCTOBER 9

APPLY TODAY!

**TO BE AN
ORIENTATION LEADER
TODAY!**

RESPONSIBILITIES OF AN ORIENTATION LEADER

- Serve as a leader and active participant at all scheduled sessions.
- Lead small group discussions involving 10+ incoming freshmen.
- Learn and teach MSMU traditions and student services information.
- Attend and participate in all training sessions.
- Enroll in and successfully complete LWS 1C, Orientation Leader Training, during the spring semester.
- Serve as a role model for all students.



www.msmu.edu/DOHENY-OL

MAKE THE CUT!

Donate your hair to Pantene's Beautiful Lengths or the Locks of Love Organization! The hair you donate will be used to create quality wigs for women who have lost their hair due to cancer treatment or children who suffer from long-term hair loss.

PANTENE
BEAUTIFUL LENGTHS



**TUESDAY, OCTOBER 13, 2015
12:00PM TO 2:00PM
AT THE CHALON CAMPUS IN THE CIRCLE**

TO MAKE THE KINDEST CUT OF ALL:

- Sign up to reserve a time slot to have your hair cut! Follow the link:

<http://www.wejoinin.com/sheets/boaoj>

- Have your hairstylist cut the hair you wish to donate and bring it to the Student Affairs office (hair must be in a ponytail or braid).

Academic Advisement

Student Services Building
2nd Floor, Room 211

Office Hours

Monday
8:00am-6:30pm
Tuesday-Thursday
8:00am-5:00pm
Friday
7:30-4:00pm

Phone: 213.477.2577
advisement@msmu.edu

Visit our portal page under
Academics>Academic
Advisement for:

-Upcoming Events
-Access to our forms online
-Placement Score Info
-How To Videos

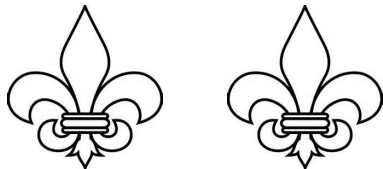
Advisement FAQs

Q: How do I get credit for courses I took over the summer?

A: Fill out a Transfer of Credit Clearance form (found in our office or on our portal) and turn it in to the Advisement department. Once it is approved, request for official transcripts to be mailed directly to MSMU Registrar's office in order to be awarded units.

Q: How do I know who my advisor is?

A: Login to WebAdvisor. Click "User Accounts", "My profile" to view your advisors.



Campus Security Safety Tips- Week Four: Emergency Preparedness

How prepared are you in the event of a major emergency on campus? There's no warning when an emergency will happen and it's important to be prepared. Depending on the emergency there may be a time when staying on campus is the safer option. Having items such as an emergency kit can make all the difference during an emergency. Emergency kits can be purchased in many stores and will include items such as water, flashlight, blanket, food, first aid kit, etc. But tailoring a kit to your specific needs is key. So if you have an emergency kit, make sure you include items that will make you comfortable during an emergency. For a complete list of recommended items for your emergency kit, please visit the Dept. of Campus Security Portal page and click on the ready.gov link.

*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



Think Civility

I will embrace the concept of civil community which does not tolerate violence, theft, bigotry, or harassment of others in any form.

Major and Minor Fair

Talk to Major & Minor Representatives • Pick up Program Change Forms • Learn about adding a Major or Minor

Chalon @ The Circle
Campus September 24th 12- 2:00pm

explore the possibilities...

Mount Saint Mary's University

Fall Word Search

M	N	I	H	S	Q	U	I	R	R	E	L
L	Y	I	P	R	E	B	O	T	C	O	J
Z	E	Y	K	X	Y	D	F	A	L	L	Y
R	A	E	G	P	X	L	I	T	J	Z	E
E	F	L	L	O	M	R	L	R	A	K	E
B	E	L	G	P	O	U	E	I	Y	R	Y
M	C	O	R	D	P	T	P	D	H	A	A
E	O	W	E	Q	U	A	E	E	I	C	H
T	L	R	W	O	R	C	E	R	A	C	S
P	L	A	O	V	N	M	U	T	U	A	W
E	A	V	L	E	A	V	E	S	X	B	C
S	B	C	F	S	O	R	A	N	G	E	F
A	T	J	N	G	C	P	N	B	R	Y	E
J	O	Q	U	Q	M	H	Q	X	Z	O	F
D	O	S	S	A	C	O	R	N	E	P	K
C	F	Q	F	N	W	O	R	B	X	R	H

FALL
AUTUMN
LEAVES
PUMPKIN
APPLE
ACORN
SUNFLOWER
HAYRIDE
CHILLY
RAKE
FOOTBALL
SQUIRREL
ORANGE
SCARECROW
SEPTEMBER
OCTOBER
CIDER
YELLOW
BROWN
RED

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 4

September 14, 2015

CALENDAR OF EVENTS

Tuesday, Sept. 15
6:30pm Lilo & Stitch



Wednesday, Sept. 16
12:30 Civility Kick Off
3:00 PreHealth Nursing Meeting

Thursday, Sept. 17 WEAR RED
10:00 Constitution Day Events
11:30 Mass of the Holy Spirit
All College Lunch
3:00 PreHealth Nursing Meeting

Saturday, Sept. 19
2015 Women's Leadership Conference

THE MOUNT CIVILITY KICK OFF!

JOIN US FOR FUN ACTIVITIES,
GIVEAWAYS, AND CIVILITY!

Wednesday, September 16, 2015

12:30PM—2:00PM

North Lawn



SPONSORED BY:

The Mount Civility Project
at MOUNT SAINT MARY'S UNIVERSITY
LOS ANGELES

MASS OF THE HOLY SPIRIT

Doheny

Thursday, Sept. 17
11:30 AM
South Lawn

DOHENY CLASSES WILL BE
CANCELED BETWEEN 11:30
AM AND 1:50 PM SO ALL CAN
ATTEND



HEY ATHENIANS, HULA ON OVER!



Join us for a screening of Lilo & Stitch

Featuring: contests, games, snow cones, polaroids
& MORE!

Bring your own towel/blanket to sit on!

Mark your calendars: Tues, Sep. 15th

6:30pm @ Doheny Pool Area



The **MASS OF THE HOLY SPIRIT** is an all-college event. Undergraduate Associate classes are cancelled from 11:20—2:00 so that students can participate. The college offers lunch afterwards.

CPS Tip of the Week

<u>MYTH</u>	<u>FACT</u>
Only crazy people go to therapy.	Everyone can benefit from therapy. People come to therapy for many different reasons.
I am a person of faith, so I don't need therapy.	Therapy can be a very spiritual experience and faith is often deepened in the process of learning about oneself.
I should only go to therapy if I am having a crisis.	The sooner you address a problem, the less disruption it will be to your life and the less likely it will become a crisis! Don't put it off.
Going to therapy means you are weak.	Seeking help is an act of strength.



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



WELLNESS...
THE MOUNT WAY!



Like us on Facebook at MSMU.CPS

1st Year Pre-Health Nursing

Orientation Sessions

Please join Academic Advisement for a First year pre-health/nursing orientation session. The session will cover:

- ☒ Pre-Health Nursing Requirements
- ☒ Nursing admissions overview
- ☒ Kaplan Entrance Exam
- ☒ Strategies for succeeding as a **First Year** pre-health/nursing student.
- ☒ And Much More!

Please note that this event is **MANDATORY** for all first year pre-health/nursing students. If you have any questions or concerns, please contact the Academic Advisement Office at the Doheny Campus at (213) 477-2577 or Advisement@msmu.edu.

Dates: 09/16/15 & 09/17/15

Time: from 3:00pm-5:00pm

Location: Donohue Center

*We will be sending more information soon. Keep an eye out on your MSMU Email!



Orientation Memories



On the **Honor Roll or Dean's List?**
A Reception in your honor on
Thursday, September 24, at 1:00
In the Faculty Quad.
Plan to come and
be recognized as scholars!

Preparing Women to Lead:

Mount Saint Mary's University Women's Leadership and the Public Leadership Education Network

Join PLEN in Washington, DC for 2015-2016 seminars

Upcoming PLEN Seminars

Learn professional development skills
and build your network.

Women, Business and Policy
October 1-3, 2015

Women in STEM Policy
January 4-8, 2016

Women, Law, and Legal Advocacy
October 29-31, 2015

*More seminars coming

Apply through OrgSync

[https://orgsync.com/54559/
forms/148413](https://orgsync.com/54559/forms/148413)

Be inspired as you meet with today's
foremost women leaders who will
share their experiences and
knowledge with you — the women
leaders of tomorrow.

For more information contact:

Women's Leadership and Student
Involvement office

Building 11, 2nd floor

Tel: (213) 477-2983

leadership@msmu.edu



Greetings from the Business Office!



Credit Balance/Refunds: Refunds will be processed after the add/drop deadline and after the loan disbursement dates. Enroll in eRefund today on CASHNet! You can also complete the Refund Authorization Form and roll your credit over to the next term.

We provide you a monthly statement on CASHNet – remember to give it a look when you get that reminder email! It's always good to know what's going on with your account.

If you have work study and are enrolled in a payment plan, you are now able to complete the "Agreement for Earnings Deferral" form, and use your paycheck to help pay your monthly installment. Please contact us for more information.

Parking permits are available: Register online, then come to our office with your vehicle registration and insurance card to pick up your permit.



Mount Saint Mary's University LOS ANGELES

APPLY!

DEADLINE: OCTOBER 9

APPLY TODAY!

TO BE AN
ORIENTATION LEADER
TODAY!

RESPONSIBILITIES OF AN ORIENTATION LEADER

- Serve as a leader and active participant at all scheduled sessions.
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- Enroll in and successfully complete LWS 1C, Orientation Leader Training, during the spring semester.
- Serve as a role model for all students.



www.msmu.edu/DOHENY-OL

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

WE THE PEOPLE

IN ORDER TO FORM A MORE PERFECT UNION

three Years after the first Meeting of the Congress of the United States, and in every subsequent Term of ten Years, in such Manner as they shall by Law direct. The Number of Representatives shall not exceed one for every thirty Thousand, but each State shall have at Least one Representative; and until such Enumeration shall be made, the State of New Hampshire shall be entitled to choose three, Massachusetts eight, Rhode-Island and Providence Plantations one, Connecticut five, New York six, New Jersey four, Pennsylvania seven, Delaware one, Maryland six, Virginia ten, North Carolina five, South Carolina five, and Georgia three. When Vacancies happen in the Representation from any State, the Executive Authority thereof shall issue Writs of Election to fill such Vacancies. The House of Representatives shall choose their Speaker and other Officers; and shall have the sole Power of Impeachment. The Senate of the United States shall be composed of two Senators from each State, chosen by the Legislature thereof, for six Years; and each Senator shall have one Vote. Immediately after they shall be assembled in Consequence of the first Election, they shall be divided as equally as may be into three Classes. The Seats of the Senators of the first Class shall be vacated at the Expiration of the second Year, of the second Class at the Expiration of the fourth Year, and of the third Class at the Expiration of the sixth Year, so that one third may be chosen every second Year; and if Vacancies happen by Resignation, or otherwise, during the Recess of the

CONSTITUTION DAY

09.17.15

Legislature of any State, the Executive Power may make temporary Appointments until the next Meeting of the Legislature, which shall then fill such Vacancies. No Person shall be a Senator who shall not have attained to the Age of thirty Years, and been nine Years a Citizen of the United States, and who shall not, when elected, be an Inhabitant of that State for which he shall be chosen. The Vice President of the United States shall be President of the Senate, but shall have no Vote, unless they be equally divided. The Senate shall choose their other Officers, and also a President pro tempore, in the Absence of the Vice President, whom he shall exercise the Office of President of the United States. The Senate shall have the sole Power to try all Impeachments. When sitting for that Purpose, they shall be on Oath or Affirmation. When the President of the United States is tried, the Chief Justice shall preside: And no Person shall be convicted without the Concurrence of two thirds of the Members present. Judgment in Cases of Impeachment shall not extend further than to removal from Office, and disqualification to hold and enjoy any Office of honor, Trust or Profit under the United States: but the Party convicted shall nevertheless be liable and subject to Indictment, Trial, Judgment and Punishment, according to Law. The Times, Places and Manner of holding Elections for Senators and Representatives, shall be prescribed in each State by the Legislature thereof; but the Congress may at any time by Law make or alter such Regulations, except as to the Times of choosing Representatives. The Congress shall assemble at least once in every Year, and such Meeting

Celebrate Constitution Day!

Engage in games and activities while expanding your knowledge on the
U.S. Constitution!

When: Sept. 17, 2015 Location: Ahmanson Commons Time: 10 AM to 1 PM

Brought to you by Women's Leadership & Student Involvement

Do you speak Spanglish?

GET SUPPORT AND CONNECT WITH
OTHER LATINAS
THURSDAYS @ DOHENY

JOIN SPANGLISH GRUPO PARA MUJERES LATINAS IF:

- YOU ARE LATINA OR OF MULTI-ETHNIC LATIN DESCENT
- YOU WANT TO CONNECT WITH OTHER LATINAS ON CAMPUS IN A FUN AND SAFE PLACE
- YOU CAN SPEAK ENGLISH, SPANISH, OR SPANGLISH COMO TU QUIERAS!!!!

Sign up by contacting:

Hannah Singer, Psy.D

213-477-2880

Kajal Sakhrani, M.A.

(213) 477-2978

Sponsored by Counseling & Psychological Services



Campus Security Safety Tips-

Week Five: Emergency Preparedness- Tip 2

Emergencies are unexpected and are without warning. They are also not all the same. Being prepared for all emergencies is important to your safety. How prepared you are can make all the difference when it's 2am and the ground starts to shake or a smoke alarm goes off. In those events you have seconds to know what you will do to keep yourself safe. Having a plan and items such as an emergency kit, are steps to ensure your safety. Learn each campus's evacuation location and procedures. Every classroom has Emergency Procedures posted. Read them, know them and be ready. You can also visit the Campus Security page on the Portal for emergency procedures.

*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



Academic Advisement

Student Services Building
2nd Floor, Room 211

Office Hours

Monday
8:00am-6:30pm
Tuesday-Thursday
8:00am-5:00pm
Friday
7:30-4:00pm

Phone: 213.477.2577
advisement@msmu.edu

Visit our portal page under
Academics>Academic
Advisement for:

-Upcoming Events
-Access to our forms online
-Placement Score Info
-"How To" Videos

Advisement FAQs

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Q: How do I know who my advisor is?

A: Login to WebAdvisor. Click "User Accounts", "My profile" to view your advisors.



Mount
Saint Mary's
University
LOS ANGELES

**make a difference.
be a leader.**

**2015 WOMEN'S
LEADERSHIP
CONFERENCE
SEPTEMBER 19**

Hear from rocket scientists
and nonprofit heroes.
Acclaimed chefs and media
leaders. MacArthur geniuses
and business gurus.

Our closing speaker will inspire you
with her story of strength, leadership,
and breaking glass ceilings!

MARCIE EDWARDS

GENERAL MANAGER, LOS ANGELES
DEPARTMENT OF WATER AND POWER



In her career at the Los Angeles DWP, Marcie Edwards has broken 11 glass ceilings starting as a clerk typist at the age of 19 and rising to General Manager 38 years later as the first woman to lead the nation's largest municipal utility.

Learn more about Marcie Edwards and hear how she has broken through countless barriers in a male-dominated industry to become the high achieving leader she is today.

Register now, visit www.msmu.edu/WLC.



Busy Person's Retreat Mondays during October

Did you make a
retreat in high school
and love the experience?

This will be a little different since
you'll still attend classes (Busy Person), but you'll have
the opportunity to meet with a
Sister of St. Joseph once a week and talk about your
prayer experiences, learn a few other ways to pray, and learn more
about how God is working in your life.

The group on the retreat will meet on
Monday evenings at 6:30 for common prayer.

Sign-ups soon. Questions? See Sr. Carol, bldg. 2.

Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount Saint Mary's University, Doheny Campus

Volume 45, Issue 3

September 8, 2015

CALENDAR OF EVENTS

Tuesday, Sept. 8
12:15 Mary's Birthday

Thursday, Sept. 10
1:00 Dean's Open House

Friday, Sept. 11 Pray for World Peace

Saturday, Sept. 12
8:30 Heal the Bay



A Commitment to Civility

I will commit myself to the pursuit of knowledge with personal integrity and academic honesty.



Pizza on the porches and in the park



Success Center in Bldg 2



Bldg 1

Psychology, Business Administration

Bldg 2 AA Dean's Office, religious studies, sciences, math, English, history, political science, art, sociology, philosophy



AA Dean's Office Open House(s)

Thursday, September 10

1:00—2:00

Be informed! Be smart! Be in-the-know!

Get Lunch!

HEAL THE BAY

SAVE the Date! Saturday, September 12, 2015, 9 AM to 11 AM

Help clean up MSMU's adopted section of Santa Monica Beach!

**TRANSPORTATION PROVIDED FROM
CHALON AND DOHENY**

Shuttles will depart:

Chalon at 8:40AM -meet in the Circle

**Doheny at 8:30AM -meet at Shuttle
Stop**

**ALL PARTICIPANTS NEED TO RSVP
through GIVEGAB at [https://](https://www.givegab.com/universities/mount-st-mary-s-college/opportunities/heal-the-bay-sept-12-2015-9-am-11-am)**

**[www.givegab.com/universities/
mount-st-mary-s-college/
opportunities/heal-the-bay-sept-12-
2015-9-am-11-am](https://www.givegab.com/universities/mount-st-mary-s-college/opportunities/heal-the-bay-sept-12-2015-9-am-11-am)**

**Have questions? Interested in volunteering? Contact the Community Engagement
Office at (213)477-2662 or kterrill@msmu.edu**

CPS Tip of the Week

What should you know about Counseling and Psychological Services???

- Students come to CPS when they feel stuck. Counselors will listen carefully to you, provide an objective viewpoint and help you problem-solve
- Students can come for any reason: adjustment concerns, stress, depression, anxiety, family issues, relationship break-ups, etc. We have plenty of Kleenex
- Services include individual, couples and group counseling
- Eligible students receive up to 12 sessions per academic year
- FREE and Confidential
- Appointments can be made by calling or coming in to the office

Hours: 8:30am-5:00pm Mon.-Thurs. and 8:00am-4:30pm Friday



Counseling and Psychological Services
Chalon Office 310.954.4114, Humanities, 1st Floor
Doheny Office 213.477.2668, McIntyre, 1st Floor



CAMPUS MINISTRY

MARY, MOTHER OF GOD. IT'S HER BIRTHDAY

Tuesday, September 8th, 12:15PM
Building 4 Quad (near Rose Hills)
Wish Mary a Happy Birthday & enjoy an afternoon treat!



MASS OF THE HOLY SPIRIT

SAVE THE DATE!
Thursday, September 17, 2015

Questions? Contact Campus Ministry!
campusministry@msmu.edu
x4125 (Chalon) x2672 (Doheny)



On the Honor Roll or Dean's List?

A Reception in your honor on
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In the Faculty Quad
Plan to come and
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WILL YOU MAKE THE CUT?

Make the kindest cut of all!

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The hair you donate will be used to create quality wigs for women who have lost their hair due to cancer treatment or children who suffer from long-term medical hair loss.

PANTENE
BEAUTIFUL LENGTHS



TUESDAY, OCTOBER 13, 2015
12:00PM TO 3:00PM
AT THE CHALON CAMPUS IN THE CIRCLE

HOW TO DONATE YOUR HAIR:

- Sign up to reserve a time slot to cut your hair! Follow this link <http://www.wejoinin.com/sheets/boaoj>
- Have your hairstylist cut the hair you wish to donate and bring it to the Student Affairs office (hair must be in a ponytail or braid)

WHAT ARE THE REQUIREMENTS TO DONATE HAIR?

FOR BEAUTIFUL LENGTHS:

- 8 inches minimum
- Vegetable dyes and semi-permanent are acceptable
- No permanent dye
- No more 5% gray

FOR LOCKS OF LOVE:

- 10 inches minimum
- Colored or permed acceptable
- Gray acceptable
- No bleach

Greetings from the Business Office!



Credit Balance/Refunds: Refunds will be processed after the add/drop deadline and after the loan disbursement dates.
Enroll in eRefund today on CASHNet!

You can also complete the Refund Authorization Form and roll your credit over to the next term.

If you have work study and are enrolled in a payment plan, you are now able to complete the "Agreement for Earnings Deferral" form, and use your paycheck to help pay your monthly installment. Please contact us for more information.

Parking permits are available: Register online, then come to our office with your vehicle registration and insurance card to pick up your permit.



Like us on Facebook to get reminders about upcoming deadlines and events:
www.facebook.com/MSMUBusinessOffice

Preparing Women to Lead:

Mount Saint Mary's University Women's Leadership and
the Public Leadership Education Network

Join PLEN in Washington, DC for 2015-2016 seminars

Upcoming PLEN Seminars

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October 1-3, 2015

Women in STEM Policy
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*More seminars coming

Learn professional development skills
and build your network.

Be inspired as you meet with today's
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share their experiences and
knowledge with you — the women
leaders of tomorrow.

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[https://orgsync.com/54559/
forms/148413](https://orgsync.com/54559/forms/148413)

For more information contact:

Women's Leadership and Student
Involvement office

Building 11, 2nd floor
Tel: (213) 477-2983
leadership@mmsmu.edu



LEAD Program Office
Building 11, 2nd Floor
P. 815.477.2984
leadership@mmsmu.edu

ARE YOU READY TO TAKE THE LEAD?

Women's Leadership and Student
Involvement Office Presents

The LEAD Program

- *Attend Leadership Workshops
- *Make Connections
- *On-Campus Involvement
- *Receive Individual Leadership Coaching
- *Understand your Leadership Style

APPLICATIONS ARE DUE SEPTEMBER 11
<https://orgsync.com/54089/forms/157609>



Busy Person's Retreat Mondays during October

Did you make a retreat in high school
and love the experience?

This will be a little different since you'll still attend classes (Busy Person)
but you'll have the opportunity to meet with a Sister of St. Joseph once a
week and talk about your prayer experiences, learn a few other ways to
pray, and learn more about how God is working in your life.

The group on the retreat will meet on Monday
evenings at 6:30 or 7 for common prayer.

Sign-ups soon. Questions? See Sr. Carol, bldg. 2.

MASS OF THE HOLY SPIRIT

Doheny

Thursday, Sept. 17
11:30 AM
South Lawn

DOHENY CLASSES WILL BE
CANCELED BETWEEN 11:30
AM AND 1:50 PM SO ALL CAN
ATTEND

JOIN THE ENTIRE MOUNT
COMMUNITY AND WEAR
RED!



Be close to us God as we
remember and commemorate the
lives lost on this day in 2001.
You know that I believe in you
and love you. But sometimes life
is so painful, your ways
impossible to understand, and
your world so overwhelmed with
pain. Sometimes I feel tempted
to despair. Sometimes I give way
to hatred. In times of pain, give
me comfort. In times of despair,
give me hope. In times of hatred,
give me love. In times of doubt
give me trust. And even when I
feel far from you, be close to me,
Loving God. Amen.

Do you speak Spanglish?

GET SUPPORT AND CONNECT WITH
OTHER LATINAS
THURSDAYS @ DOHENY

JOIN SPANGLISH GRUPO PARA MUJERES LATINAS IF:

- YOU ARE LATINA OR OF MULTI-ETHNIC LATIN DESCENT
- YOU WANT TO CONNECT WITH OTHER LATINAS ON CAMPUS IN A FUN AND SAFE PLACE
- YOU CAN SPEAK ENGLISH, SPANISH, OR SPANGLISH COMO TU QUIERAS!!!!

Sign up by contacting:

Hannah Singer, Psy.D

213-477-2880

Kajal Sakhrani, M.A.

(213) 477-2978

Sponsored by Counseling & Psychological Services



Campus Security Safety Tips- Week Three: Protecting Yourself

Be aware of your surroundings. Know where you are, where you are going and what is going on around you. Walk with confidence. Tell someone where you are going and when you expect to return. At night, travel in well-lit areas. Walk close to the curb, facing oncoming traffic. Do not go to the ATM at night. If possible travel with another person or in a group. Trust your intuition, if something feels wrong, something is probably wrong. Remember your safety is always first. See something say something. Report all incidents to Campus Security. Have Campus Security numbers programmed on your phone: Chalon Campus 310.954.4123, Doheny Campus 213.477.2502. Visit the Campus Security page on the portal to get safety tips, emergency apps to download on your phone and sign up for EAlert.

*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



THE MOUNT CIVILITY KICK OFF!

JOIN US FOR FUN ACTIVITIES,
GIVEAWAYS, AND CIVILITY!

Wednesday, September 16, 2015

12:30PM-2:00PM

North Lawn



SPONSORED BY:

The Mount Civility Project
at MOUNT SAINT MARY'S UNIVERSITY
LOS ANGELES

HEY ATHENIANS, HULA ON OVER!



Join us for a screening of Lilo & Stitch
Featuring: contests, games, snow cones, polaroids
& MORE!

Bring your own towel/blanket to sit on!
Mark your calendars: Tues, Sep. 15th
6:30pm @ Doheny Pool Area



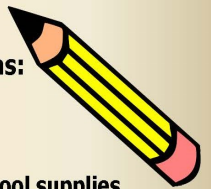
BAG OF SUCCESS SCHOOL SUPPLY DRIVE

Support the Community Student Ambassador Program collect school supplies for our Bag of Success Award. The Award is given to students from K-12th grade, providing them the necessary basic supplies to be successful in their education.



DONATE unused supplies such as:

Pens/Pencils	Notebooks
Crayons/markers	Rulers
Binders	Erasers
Paper	Any other school supplies



Donation boxes located in the Student Affairs Offices
Chalon: H200 & Doheny: Building 7

Available:

Monday, August 31, 2015– Friday,
September 11, 2015

If you have any questions, please contact the Student Ambassador Program at (213) 577-2572.



Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount St. Mary's College, Doheny Campus

Volume 45, Issue 2

August 31, 2015

CALENDAR OF EVENTS

Monday, August 31

Last day to add/drop class

Last day to apply to graduate in
May or Summer



Monday, Sept. 7

Labor Day

No Classes

University Offices are Closed.

Tuesday, Sept. 8

Classes Resume

Athenian Promise

I will support a culture of diversity by
respecting the rights of those who
differ from me.

From the Registrar's Office:



Last Day to Add and Drop a Class

is **Monday, August 31, 2015.**

Classes **MAY NOT BE ADDED** after this date!

However, a student may **WITHDRAW** from a class but
will receive a grade of "W" and must pay a **\$14.00** fee at
the Business office. The last day to withdraw from a
class is **Friday, October 30, 2015.**

PLAN TO GRADUATE IN MAY??

You have to **APPLY TO GRADUATE.**

The deadline to apply for
Spring 2016 graduation is
Monday, August 31, 2015.



Graduation applications are available in the Registrar's
Office.

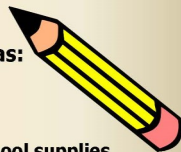
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Donation boxes located in the Student Affairs Offices
Chalon: H200 & Doheny: Building 7

Available:
Monday, August 31, 2015– Friday,
September 11, 2015



If you have any questions, please contact the Student Ambassador
Program at (213) 577-2572.



Pizza on the porches and in the park



Success Center in Bldg 2



Bldg 1 Psychology, Business Administration

Bldg 2 AA Dean's Office, religious
studies, sciences, math, English, history,
political science, art, sociology,
philosophy



AA Dean's Office Open House(s)

Thursday, September 10

1:00—2:00

Be informed! Be smart! Be in-the-know!

Get Lunch!



Congratulations Honor Roll for Spring 2015

3.0—3.499

Sara Aceves	Eliza De Leon	Emely Guzman	Ashley Munoz	Hayley Sanchez
Desiree Agtaguem	Isabella De Santiago	Jazmin Hernandez	Nancy Nava	Lizbeth Sanchez
Maritza Aguiniga	Raquel Del Toro	Jacqueline Hernandez	Lizbeth Paniagua	Angie Sanchez
Stephanie Alcantara	Teresa Delarosa	Gabriela Herrarte	Alejandra Paz	Verlin Sandoval
Emily Almazan	Gabrielle Dixon	Amanda Herrera-	Patricia Pedro	Jessica Santos
Alondra Alvarado	Jennifer Dorado	Rothegery	Vanessa Ponce	Sierra Schemel
Yesenia Alvarez	Danielle Duran	Cathy Huo	Georgette Quinonez	Cynthia Serrano
Yadimahara Alvarez	Marissa Esparza	Emiya James-Herndon	Adriana Ramirez	Julie Serrano
Nina Aquino	Emily Espinoza	Vanessa Jimenez	Jacquelyn Ramos	Edith Solis
Julia Arias	Stephanie Estrada	Angela Lemus	Carla Rauda	Kimberly Sotelo
Heaven Arroyo	Leslie Farias	Victoria Levi	Amanda Rendon	Jessica Soto
Miranda Avina	Samantha Figueroa	Amber Lopez	Gladys Reyes	Crystal Suarez
Nancy Balerio	Natalia Fischbach	Savannah Lopez	Morena Rivas	Neftali Tamayo
Shelby Baradi	Alejandra Flores	Magdalena Lopez	Priscila Rivas	Elaine Tarazon
Daniela Barrientos	Samantha Franco	Regina Lopez-Guzman	Gilliane Rivera	Mary Grace Teodosio
Daija Butler	Melanie Frankera	Stephanie Lowrance	Esmeralda Rivera	Genesis Tinoco
Doreen Camacho	Isabella Gacuya	Shelly Macias	Jessica Rodriguez	Vanessa Valenzuela
Christine Cancino	Yarely Garcia	Jasmin Martinez	Cynthia Rodriguez	Desiree Villa
Diane Caraveo	Adriana Garcia	Jacqueline Martinez	Angelica Rodriguez	Lexus Whitfield
Karla Castaneda	Wendy Garibay	Evelia Martinez	Cindy Rossal	Miaoxin Xiong
Gipsy Castaneda	Priscilla Giron	Laura Mejia	Raquel Salcedo	Hannah Zamora
Gipsy Castellanos	Tiffany Giron	Neira Mendez	Jessica Sample	
Itzel Cenicerros	Brianna Gonzalez	Noely Mendez	Marisol Sanchez	
Gladys Cerros	Vanessa Gonzalez	Jocelyne Miguel		
Andraya Cervantes	Keiry Guardado	Yesenia Montano		
Astrid Chaidez	Jessica Guerrero	Sabrina Montes		
Autumn Clifton	Genevieve Guido Castro	Carel Morales		
Herlinda Cordova	Alexandria Gutierrez	Cynthia Moreira		
Samantha Cruz	Alyssa Gutierrez	Jacqueline Moreno		
Carisa Cruz	Jasmine Gutierrez	Rebekah Morgan		

Save the Date:

Honor Roll/Dean's List Reception
Thursday, September 24, at 1:00

Plan to come and be recognized as scholars!

CPS Tip of the Week



Wondering how to get back into the swing of college life after a memorable summer? Read on for helpful tips!

1. Keep it consistent.
 - Establish routines for sleep
 - Join study groups that meet regularly
 - Designate chores on certain days
2. Eat healthy.
 - Eat breakfast for energy and stamina during the day
 - Avoid fast food (makes you lethargic)
 - Avoid soda and caffeine (makes you jittery and distractible)
3. Keep track of your assignments in a planner.
 - Write down projects to stay organized
 - Avoid procrastination
 - Embrace the new semester as an opportunity to get off to a strong start
4. Schedule exercise into your day.
 - Exercise regularly to feel more energetic and less stressed out
 - Block out an hour each day for a visit to the MSMU fitness center
 - Try a new form of activity outdoors, like a walk or run on a nearby trail
5. Make time for friends and self-care.
 - Spend time with others to decompress after a long week in the classroom
 - Set up regular meeting times to look forward to as a break
 - Practice self-care several times a week by doing activities you enjoy

SAVE THE DATE

10.13.2015

MAKE THE CUT

**WANT TO MAKE A DIFFERENCE IN
SOMEONE'S LIFE?**

DONATE YOUR HAIR!

REQUIREMENTS

BEAUTIFUL LENGTHS:

- ✓ 8 inches minimum
- ✓ Vegetable dyes and semi-permanent acceptable
- ✓ No permanent dye

LOCKS OF LOVE:

- ✓ No more 5% gray
- ✓ 10 inches minimum
- ✓ Colored or permed acceptable
- ✓ Gray acceptable

SPONSORED BY STUDENT AFFAIRS

Preparing Women to Lead:

**Mount Saint Mary's University Women's Leadership and
the Public Leadership Education Network**

Join PLEN in Washington, DC for 2015-2016 seminars

Upcoming PLEN Seminars

Women, Business and Policy
October 1-3, 2015

Women in STEM Policy
January 4-8, 2016

Women, Law, and Legal Advocacy
October 29-31, 2015

***More seminars coming**

*Be inspired as you meet with today's
foremost women leaders who will
share their experiences and
knowledge with you — the women
leaders of tomorrow.*

Apply through OrgSync

**[https://orgsync.com/54559/
forms/148413](https://orgsync.com/54559/forms/148413)**

**Learn professional development skills
and build your network.**

For more information contact:

**Women's Leadership and Student
Involvement office**

**Building 11, 2nd floor
Tel: (213) 477-2983
leadership@mmsmu.edu**



**ARE YOU READY TO TAKE
THE LEAD?**

**Women's Leadership and Student
Involvement Office Presents**

The LEAD Program

- *Attend Leadership Workshops
- *Make Connections
- *On-Campus Involvement
- *Receive Individual Leadership Coaching
- *Understand your Leadership Style

APPLICATIONS ARE DUE SEPTEMBER 11

<https://orgsync.com/54089/forms/157609>

**Women's Leadership
and Student Involvement Office**

**Building 11, 2nd Floor
P: 213.477.2664**

leadership@mmsmu.edu



**Busy Person's Retreat
Mondays during October
Look for more information soon.**

MASS OF THE HOLY SPIRIT

Doheny

**Thursday, Sept. 17
11:30 AM
South Lawn**

**DOHENY CLASSES WILL BE
CANCELED BETWEEN 11:30
AM AND 1:50 PM SO ALL CAN
ATTEND**

Chalon

**Tuesday, Sept. 22
11:30 AM
Campus Center**

**CHALON CLASSES WILL BE
CANCELED BETWEEN 11:30
AM AND 1:50 PM SO ALL CAN
ATTEND**

**JOIN THE ENTIRE MOUNT
COMMUNITY AND WEAR
RED!**

Work Study Opportunities

The Child Development Center (Bldg. 17) is in need of responsible MSMU work study students who are interested in working with young children. If you have work study and you enjoy interacting with young children, or you're an Early Childhood Education major and would like to do some volunteer hours to gain professional experience in your field of study, then the Child Development Center is your place.

For more information or to set up a time to for an interview, email Wendy Galán, Director at wgalan@msmu.edu.

Campus Security Safety Tips- Week Two: Crime Prevention

The Dept. of Campus Security would like to take this time to remind the Mount Community to be aware of your surroundings and take the necessary precautions to avoid loss of belongings. Laptops, purses, iPads, cell phones, textbooks, and other devices are listed as items most often reported missing. Never leave valuables visible in your vehicle or residence. When leaving your residence hall, make sure you close and lock the door. Do not prop open any doors. Always report suspicious activity to Campus Security. You can also visit [Campus Security](#) on the portal for Mountwatch Crime Reporting Anonymous tips. See Something, Say Something. Have a safe semester!

*Safety Tips are brought to you by the Dept. of Campus Security.
Stay Informed, Stay Alive*



Pictures from last April Laurel Awards 2015



Doheny Happenings

Upcoming Events for the Traditional A.A. Student
Mount St. Mary's College, Doheny Campus

Volume 45, Issue 1

August 24, 2015



A Message from the AA Dean

I Act, Therefore I Am

Welcome to a brand new semester! As the Dean of Student Affairs, Dr. Lingua, told incoming students, college is a wonderful time to leave your past behind and recreate yourself. I believe each fall is a new opportunity to do this. Whether you are returning to campus or starting with us for the first time, this is a new semester and an opportunity to begin over, to recreate yourself. Let go of your past mistakes, of who other people think you are, of the boxes people have put you in. You can be anyone you want to be, do anything you want to do. Who do you want to be? Who do you want to become?

One of the central findings of my field, social psychology, is that ***the way we behave determines what we believe and feel***. Think about that for a moment, because it's probably the opposite of what you believe. You probably believe that belief and feeling comes first, and behavior comes second. For example: I like chocolate, therefore, I eat chocolate. Sometimes it happens that way, but very often it's the other way around: ***I act confidently, therefore, I feel confident***. So ask yourself who you want to be. Select one aspect of that person and start behaving that way. If you want to be happier, smile more. If you want to be more confident, hold your head up higher (when I first worked in San Francisco, I trained myself to stop looking at my feet as I walked – it took a while!). It takes practice! Spend this semester practicing. By the end of the semester you'll be there!

Have a renewing semester!
Your new Dean of Associate Programs,
Pam Gist (aka Dean Frizzle*)



A Message from the Assistant Dean

Welcome to all new and returning students.

As Assistant Dean, I look forward to interacting with you this year. Let me assure you as the Assistant Dean, I will be available to motivate and encourage you on your path to academic success. You are embarking on a time in your life where you will grow intellectually by leaps and bounds. In order to be successful, you must study, manage your time effectively and ask questions because the best is yet to come.

I look forward to meeting with you; please feel free to contact me at any time. My office is located in Building 2, first floor. Remember, I am here to assist you in succeeding at Mount Saint Mary's University.

Good luck and have a great academic year,
Jeanette Stone

Welcome from the Dean's Office

Freshmen:

O-Group Reunion
Thursday, August 27
1:00—2:00pm
Bldg 7 Lawns



Mount Saint Mary's University
Community Student Ambassador
Program



If I can do it, so can YOU!

Attention: Sophomores and Juniors

Applications are Now Available to be a
Student Ambassador

Community Student Ambassadors work

with high school students and community partners to answer questions about preparation for college, college life, and financial aid. High School Ambassadors act as role models for students.

We ask that you

- provide your own transportation.
- maintain a cumulative GPA of 2.7 or higher.
- work a consistent 12-15 hours a week.
- attend all training sessions & activities.
- work effectively with groups and individuals representing a diversity of needs, socioeconomic back grounds, and educational levels.

Applications available at www.msmu.edu/studentambassadors and are due Friday, September 18.

For further information or questions,
please contact program manager

Jasmine Scales at jasmscal@msmu.edu or

Marisol Delgado maridelg2224@msmu.edu

Registrar's Office



**ATTENTION SPRING 2016
PROSPECTIVE GRADUATES**
The deadline to apply for
Spring 2016 graduation is
Monday, August 31, 2015.

Graduation applications are available in the
Registrar's Office. Please keep in mind
that you must apply or you will not be
considered a Spring 2016 prospective graduate!

Graduation applications for Fall 2015 prospec-
tive graduates are long overdue. If you have not
already done so, please
submit a graduation
application ASAP!

15/FA Fall 2015

The last day to **ADD/DROP**
is **Monday, August 31.**

Classes **MAY NOT BE ADDED** after this date!



THURSDAY, AUGUST 27
STUDENT INVOLVEMENT FAIR

COME OUT, SIGN UP AND GET INVOLVED!

11:30—2:00
AHMANSON COMMONS

Greetings from the Business Office!

*We hope you enjoyed your summer, and are ready to have an awesome 2015-2016 school year!
A few reminders for you...*

Make sure that your account is clear with the Business Office! If you have a balance for the semester, pay in full or sign up for a payment plan on CASHNet.



Parking permits are available! Register online, then come to our office with your vehicle registration and insurance card to pick up your permit.

Make sure to keep your calendar open for October 13th or October 20th – the Business Office and Office of Student Financing will be presenting our annual Financial Literacy Workshops. These workshops are a great way to learn a lot of important information about financial issues that matter to you as a student. More info to come!

Like us on Facebook to get reminders about upcoming deadlines and events: www.facebook.com/MSMUBusinessOffice



Congratulations Dean's List for Spring 2015

3.5—4.0

Felicia Aparicio
Julia Arredondo
Brianna Bagdasaryan
Sheila Bartolo
Alanna Bayle
Melanie Bernal
Celina Bongar
Judith Bravo
Vanessa Briano
Brianna Cadena
Genelle Campos
Rina Ciminieri
Lauryn Connor
Denise Cordero
Magali Cruz
Elleana Dela Cruz
Karina Deras
Brandie Diaz
Aisosa Edobor
Jennifer Escamilla
Angelica Frias
Chloe Frise
Elba Fuentes
Cristina Gallego

Gina Gallegos
Lizbeth Galvez
Jessica Garcia
Karina Garcia
Stefanie Gavino
Karen Gomez
Viviana Gonzalez
Rosio Gorgonio
Sarah Granados
Rhozel Gregorio
Andrea Grgic
Alexandra Guardado
Wendy Guerrero
Cienna Hernandez
Alejandra Hernandez
Adelaida Herrera-Espinoza
Brandie Holguin
Sharah Ilagan
Mariquita Juarez
Leah Lara
Tania Liberman
Abigail Lina
Alexis Lizarraga
Melissa Lopez

Diana Lopez
Monique Madrid
Viviana Martinez
Katie Martinez
Mirna Martinez
Maricruz Martinez
Marylin Martinez
Izabelle Martinez
Evelyn Martinez-Espinoza
Elisa Medina
Jeanette Mendez
Sophie Miehle
Laura Muñoz
Karishna Olivas
Aimee Olvera
Rachelle Ortiz
Jennifer Palafox
Elizabeth Perez
Erica Poe
Nicole Puga
Adriana Ramirez
Ashley Ramirez
Ivonne Rendon
Noemi Robles

Elizabeth Rodriguez
Joanna Santos
Giselle Sipaque
Andrea Valenzuela
Emely Vargas
Josselyn Ventura
Kimberly Villafuerte
Violeta Viveros
Erika Zazueta

Save the Date:

Honor Roll/Dean's List Reception
Thursday, September 24, at 1:00

Plan to come and be recognized as
scholars!

Academic Advisement

Advisement FAQs

Student Services Building
2nd Floor, Room 211

Office Hours

Monday-Friday
7:30am-4:30pm
Friday
7:30-4:00pm

Phone: 213.477.2577
advisement@msmc.la.edu

*Visit our portal page under
Academics>*

Academic Advisement for:

*-Upcoming Events
-Access to our forms online
-Placement Score Info
-"How To" Videos*

Academic Advisement will be available for drop-ins all day during the first week of school, 8/24-8/28 to answer any questions. Please feel free to stop by!

Q: How do I get credit for courses I took over the summer?

A: Fill out a Transfer of Credit Clearance form (found in our office or on our portal) and turn it in to the Advisement department. Once it is approved, request official transcripts to be mailed directly to MSMU Registrar's office in order to be awarded units.

Q: How do I know who my advisor is?

A: Login to WebAdvisor. Click "User Accounts", "My profile" to view your advisor's name.

ATTENTION: 2nd Year PRE/HEALTH NURSING STUDENTS

Are you on track for Pre-Health/Nursing?

Please join Academic Advisement for a second year pre-health/nursing check in.

The session will cover:

- ✓ Kaplan
- ✓ Nursing admissions overview
- ✓ Important nursing eligibility requirements
- ✓ Helpful strategies for succeeding as a **second year** pre-health/nursing student.

Please note that this event is **MANDATORY** for all second year pre-health/nursing students. If you have any questions or concerns, please contact the Academic Advisement Office (213) 477-2577 or Advisement@msmu.edu

Date: Tuesday, August 25th

Time: 12:30pm-2:00pm

Location: Donohue Center

ISAE
Bldg. 7 - Ext. 2663



Attention ISAE Freshmen- You need to complete your ISAE Program Orientations!!!

If you were accepted into ISAE Program, be sure to make your ISAE Orientation appointment by calling the Chalon ISAE Office at 310-954-4144 or stopping by the Doheny

ISAE Office in Bldg. 7. All Orientations must be completed by September 4th.

Interested in applying to the ISAE Program?

Looking for freshmen and sophomores (who are not Pre-Health majors) to apply. Please stop by the ISAE Office or email Lisa Villa, lvilla@msmu.edu, for an application. Also, feel free to stop by the Student Involvement Fair as well.

Free to whoever would like it:

Free brand-new **Brother typewriter**. Still in the box. Never been used. Pristine condition.



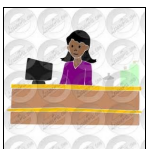
See Sr. Carol bldg. 2 upstairs
213-477-2510

Work Study Positions Available

The Child Development Center (Bldg. 17) is in need of responsible MSMU work study students who are interested in working with young children. If you have work study and you enjoy interacting with young children, or you're an Early Childhood Education major and would like to do some volunteer hours to gain professional experience in your field of study, then the Child Development Center is your place.



For more information or to set up a time to for an interview, email Wendy Galán, Director, at wgalan@msmu.edu.



From **Office of the AA Dean**
Office Assistant

See Sr. Carol in bldg. 2. Info: 213-477-2510

If you are in need of a work-study job, the **ISAE Office**, Bldg. 7, is hiring!!! Anyone interest in applying, should email Lisa Villa, ISAE Counselor at lvilla@msmu.edu.



This Week
with Campus Ministry



COOKIES!

Monday, Aug. 24

At noon in House (7). They go fast—don't miss them!

ROOM/HOUSE BLESSINGS

WEDNESDAY, August 26th,
7:30pm

Start your year with a quick blessing with holy water and prayer by our student campus ministers!



Questions: Contact Campus Ministry
Campusministry@msmu.edu
(213) 477-2672 Office: House 7



A Special Project of the
Mount Saint Mary's
University

Community Student
Ambassador Program

Project GRAD Los Angeles has been in partnership with the Community Student Ambassador Program for over 13 years and is driven by a mission to help more first-generation college students from low-income backgrounds graduate from college. PGLA is embedded in a network of northeast San Fernando Valley middle and high schools and work directly with students, parents, and school staff

Application Due Date: Monday, September 18, 2015

Applications available at:

<http://www.msmu.edu/studentambassadors>

Please submit your application and have your recommendation form sent to the Community Student Ambassador Program *office by the deadline. After review of your application, you will be contacted for an interview. If you do not qualify to be an Ambassador for PGLA, you will have the option to be selected as a traditional Ambassador.

If you have any questions, please contact our Community Student Ambassador Managers, *Jasmine Scales* at jasmscal@msmu.edu or *Marisol Delgado* at maridelg2224@msmu.edu

Thank you again and best wishes!

***Doheny Campus, Bldg. 7, (213) 477-2572 ·**

Chalon Campus, Brady Commons (310) 954-4106